

Zdrastvuyte (Welcome) to the UGA Study Abroad Program in Russia
June 14-July 17, 2006

Camp Counselors Russia: Learn by Leading and Living
www.uga.edu/russiacamps

RLST 4270/6270: Field Studies in Recreation and Tourism (9 credits)

Explore the rich tradition and history of Russia and the former Soviet Union through readings, a test and a paper to prepare yourself for a cultural immersion experience. Then, participate in a 4-week study abroad program that examines the Russian camp tradition and youth development practices through field experiences, discussion, and student projects.

Please note: This syllabus is a general plan only; deviations will be necessary.
(updated: June 7, 2006)

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Overall Program Description

With the fall of communism, the Pioneer Youth Camp structure in the former Soviet Union was displaced. There was rapid conversion of state run summer camps to private and corporate ownership. The summer camps have continued to operate, but at varying levels of quality, and with a challenge to find a new purpose and program focus. Russian summer camp directors have requested international partners (especially from the United States where summer camps have a long-standing tradition of operating with multiple ownership models and program foci).

A service opportunity exists for UGA to partner with an international agency, Camp Counselor USA (CCUSA), to focus support to summer camps in Russia and to provide a unique immersion learn and serve opportunity for UGA students. Camp Counselors USA (CCUSA) has a seventeen-year history of bringing international staff members to summer recreational youth camps in the United States for cultural exchange. In 1991, CCUSA began the program, Camp Counselors Russia (CCRussia), to extend the exchange by supporting opportunities for participants to share and experience the Russian recreational youth camp experience. The proposed study abroad program with the UGA would recognize the educational value of such an exchange and enhance the learning process with formal assignments designed to stimulate deeper service-learning and reflection. The CCRussia program has a formal application process and a Russian recreational youth camp placement system. Students from across the United States would be encouraged to add the formal education component to their CCRussia experience.

CCRussia has placed Americans in Russian recreational youth camps for 12 years, but are seeking a higher education partner to deepen the quality of technical assistance for Russian summer camps, and the learning experience for the participants. The program is designed to allow participants to work as camp counselors in a Russian summer recreational youth camp for 4 weeks. Participants do not have to need Russian language fluency, but participants must desire to learn more about the language and culture and assist teaching English as a second language.

The partnership with CCUSA will allow the study abroad participants to access groups rates for airfare, a guided tour of Moscow, and support from the education ministry of Russia.

Dr. Gwynn Powell has worked with the coordinators of CCUSA since 1989 as a summer camp professional hosting international counselors in US camps, and collaborated with the CCRussia program coordinator through projects with the American Camp Association (ACA) and the International Camp Fellowship (ICF). The recent merger of the Recreation and Leisure Studies program with the Counseling and Human Development Services department provides an innovative context to explore opportunities to provide unique opportunities for students in both programs.

Credit

Credit is offered for nine semester hours for undergraduate or graduate credit:

RLST 4270/6270: Field Studies in Recreation and Tourism (9 credits)

Course Description and Goals

Students in this program will have the opportunity to increase cultural understanding and international exchange, to gain practical experience in understanding youth development practices, to stimulate thoughtful reflection and service-learning in conjunction with practical experience, and to provide technical assistance to Russian summer camps.

Course Objectives

By the end of the program students will have the opportunity:

1. To increase cultural understanding and international exchange through participants learning about:
 - a. Russia and its culture,
 - b. Leisure and recreation components of Russian culture,
 - c. Pioneer Youth camp history and tradition,
 - d. Helping Russians to learn more about US culture, and
 - e. Reducing cultural barriers),

2. To gain practical experience in understanding youth development practices through:
 - a. identifying cultural differences and similarities,
 - b. applying the leisure education model, and
 - c. making a positive impact on the lives of Russian children),

3. To participate in thoughtful reflection and learning in conjunction with practical experience through:
 - a. challenging field placements
 - b. readings to provide stimulation of thought an practice
 - c. assignments to foster integration of conceptual learning and experience

Syllabus Information Pertaining to All Courses

Required Reading for all Courses

Pre-departure:

Reading packet to include:

Chapters about Russian politics from

State-Building in Russia: The Yeltsin Legacy and the Challenge of the Future

Soviet Politics: Continuity and Contradiction

Youth Development Primer

Community Programs to Promote Youth Development

Culture Shock articles

In-country:

Weekly readings (Psychology and Culture)

Attendance

Active participation in all scheduled program-related activities is required, including group meetings, discussions, field excursions, as well as lectures and any other scheduled activities. Unless an absence is approved by one of the instructors or the program directors, students will lose 2.5% of their final grade for each day or part-day they fail to participate.

Conduct and Behavior: We will be representing UGA and the USA as we travel. In addition, we will be much more interdependent than in a normal classroom setting. You are expected to be polite, interested and respectful during all of our interactions. You are expected to be prompt, substance-free (drugs) and be responsible with alcohol if you choose to drink when on time-off, and not engage in public displays of affection and to be respectful in regard to private displays of affection. In addition an understanding that if asked to leave due to failure to comply with all course conditions and policies, the student will not be given a refund for misconduct and must arrange for transportation home at his/her own expense.

Prerequisites

Students in good academic standing at the University of Georgia will be eligible to take the course. Students in good standing from other institutions may participate, as long as they have been accepted and are registered by the University of Georgia as a transient student. The instructor and CCUSA must approve all participants.

Academic honesty

The University policy on academic honesty can be found at www.uga.edu/vpaa/polproc/ahpol/main.html All academic work must meet the standards contained in "A Culture of Honesty." *Each student is responsible to inform themselves about those standards* before performing any academic work. Academic dishonesty is not just copying the work of others, but also includes such behaviors as tolerating the academic dishonesty of others or giving false reasons for failure to take a test.

Special Accommodations

Any student with a disability who needs an accommodation or other assistance in this course should make an appointment to speak with the instructor ASAP and at least before or at the UGA

campus orientation meeting. Some activities include moderate exercise, such as hiking and kayaking.

Travel

Accommodation will be a combination of hostel/ backpacker and multi-share (separate male and female facilities). Ground transportation will be a combination of luxury coach trains, public transportation and camp vehicles. Room and Board will be included while in residence at camp. All remaining meals are the responsibility of the individual student.

Course Assignments

1. One pre-trip exam and one final reflective exam. Students unable to take the pre-trip exam on the specified date will be given a make-up exam within one week of the course commencement.
2. Directed journal entries.
3. Final Reflective exam

Course Grading

15%	Pre-trip exam
10%	Participation in NY and Moscow orientation
10%	Participation in meetings in Russia
20%	Directed journal and portfolio
25%	On-site Observation by UGA Faculty
10%	Feedback from host agency supervisor
10%	Final Exam
100%	Total

Final grades for all 9 hours will be assessed as follows:

A	89.5 - 100 percent
B	79.5 - 89.4 percent
C	69.5 - 79.4 percent
D	59.5 - 69.4 percent
F	below 59.4 percent

Directed Journal & Portfolio: Each student will prepare a portfolio, based on their choice of media, materials, and topics, demonstrating clearly their ability to integrate the perspectives of the disciplines of Russian culture, youth development, and global exposure. The portfolio is a detailed, complete, accounting of related materials that demonstrate the work and comprehension of the student in relation to the goals of the course, and is a showcase for the student's mastery of the material. The portfolio can contain any combination of media, including written, photographic, and other illustrations that collectively demonstrate the required depth and breadth of sophisticated understanding of concepts and examples. A good core piece might be a journal of your observations and experiences. Students are not specifically graded on artistic expression and talent, but rather on their creative ability to use media to demonstrate their comprehension and application. Clarity of expression, in whatever media, is important. Grades will be based on

how well your portfolio demonstrates an understanding of *linkages between* concepts exposed in the readings and discussions and integrates real world examples to explicate these linkages.

Graduate credit: Students taking the course for graduate credit will for the course requires that the quality of the presentations, written exam material, and project assignments will be of a higher quality than at the undergraduate level. Accordingly, written material and project assignments will receive more rigorous grading than at the undergraduate level. In addition, graduate students will be required to participate in a mentor role with 2-3 undergraduates.

Registration and Tuition

Registration for all Students

Phase 1A pre-registration for Summer semester is (TBA). The Russia program is POD so you will need to be cleared by your adviser before registering. All students (UGA and non-UGA) must register for 9 hours **before you depart the U.S.** and in the following courses: (contact person for registration of all courses is Brenda Arnold, 542-5064)

Course and call number

RLST 4270(call # XX-XXX) 9 credits

Graduate students must register for 9 semester hours **before you depart the U.S.** and in the following courses: (contact person for registration of all courses is Brenda Arnold, 542-5064)

Course and call number

RLST 6270(call # XX-XXX) 9 credits

Do **not** register for just any sections of these courses on Oasis: you must register in the **REGT** sections relevant to the Camp Counselors Russia program. Each of these sections requires POD, which we will arrange for you. We will let you know when you have been cleared and can go ahead and register.

Special Procedures for Non-UGA and out-of-state UGA Students

In addition, **Non-UGA or out-of-state UGA students** must submit (to the program director) a completed UGA application form (available on

http://www1.admissions.uga.edu/app_info/transfer/definitions.html) by February 15, 2006.

Follow these steps:

1. On the top of the form write “Camp Counselors Russia: Summer Study Abroad 2006”.
2. Apply as a “summer transient” student
3. All students (including out-of-state and/or non-UGA) pay in-state tuition for the study abroad program. However,
 - a) Students who are both out-of-state and non-UGA must include two additional (separate) checks with your application form: (i) one check for \$50 payable to UGA (this is for the UGA application fee) and (ii) one check for \$125 payable to UGA (this is the non-resident UGA fee).
 - b) Students who are in-state but non-UGA students must include one check with their application form payable for \$50 payable to UGA (this is for the UGA application fee).
 - c) Students who are out-of-state but currently UGA students must pay one check with their application form payable for \$125 to UGA (this is the non-resident UGA fee).
4. Non-UGA students must include a letter of good standing from your home institution.
5. Mail the materials directly to Gwynn Powell using the address on page one of this syllabus (and not to UGA Admissions).

Tuition

Tuition should be paid to Banking and Finance, just as if you were paying for on-campus classes, for **9 semester hours**. You can pay using one of the following payment methods: financial aid (including HOPE), credit card, or cash/ check. Both the financial aid and credit card payments can be completed on the computer in the OASIS registration system. Tuition is separate from the program fee, which is a payable to the program directors.

SCHEDULE OF PLANNED PROGRAM ACTIVITIES (subject to revision)**Athens, Georgia**

Saturday April 8 Orientation in Athens (Parents encouraged to attend) 3 hours lecture

Wednesday June 7 Pre-trip Lecture and Exam 4 hours lecture

You will need to meet the group in NY by noon on June 14, depart New York June 16 arriving Moscow on June 17, 2006.

New York, NY => Russia => USA

<i>Date</i>	<i>Time</i>	<i>Topic</i>	<i>Instructor</i>	<i>Contact Hours</i>	<i>Accommodation</i>
Wednesday, 14 June		Meet group in New York Check into accommodation. Orientation to CCUSA Youth Development Risk Management Behavior Management Free-evening in NY	CCUSA Powell CCUSA	4 L	Columbia University
Thursday, 15 June	8am	Youth Development, pt. 2 Risk Management, pt 2 Behavior Management, pt 2 Free afternoon in NY Depart for Moscow	Powell CCUSA	4 L	
Friday, 16 June		Arrive in Moscow Welcome and check into accommodation Russian culture tour, pt 1 Discussion	Kostin Kostin Powell	7 F 1 L	GASIS hostel
Saturday, 17 June	9am	Russian culture tour, pt 2 Discussion	Kostin Powell	7 F 1 L	GASIS hostel
Sunday, 18 June	2pm	Depart for Mari El Republic by train	CCUSA		Camp location
June 19- July 15		Arrive at camp, check into accommodation Live and learn at camp; Weekly class meetings	CCUSA Powell	210 F 8 L	
July 15		Return to Moscow			
July 17		De-brief, Cultural Tour, Final Exam Depart for USA (2 field hours = 1 contact hour)	Field	224:112 135 =	9 credits

Contact Details

Check In Date	Check Out Date	Name and Address	Contact Details*
14 June	15 June	Columbia University New York	Ph to be added
16 June	18 June	GASIS hostel, Kibalchich str,7 Moscow	Tel: + 7 095 283 8061
19 June	15 July	Camp Locations in the Mari El Republic	c/o Camp Cooperator Respublic Mari-El, Yoshkar-Ola, post office box 157, Ozero Shap, 424000 Russia c/o Camp Lesnaya Skazka (Forest Fairytale) Respublika Mari-El, Yoshkar-Ola, ul.Panfilova, d.33, 424006 Russia
16 July	17 July	GASIS hostel, Kibalchich str,7 Moscow	Tel: + 7 095 283 8061

* When dialing Russia phone and fax numbers from the U.S., the number should be preceded by '011-XX' and the first '0' omitted.

General contact information in Russia

Camp Counselors Russia (contact person is Valery Kostin)

Valery Kostin

PR. Mira 79-145

129110 Moscow

Russia

7-095-725-4797 (phone and fax)

yurip@ccusa.com

General contact information at The University of Georgia

Office of International Education

209 Barrow Hall

The University of Georgia

Athens, GA 30602-2407

Tel: 706-542-7903

Alternate Tel: 706-542-2200 (for emergencies) or 706-542-5813 (non-emergencies)

E-mail: oje@www.uga.edu

What to Bring List

The following is a list (though not exhaustive) of clothing and equipment that we recommend you bring. Temperatures will likely range from daytime highs in the 70Fs to nighttime lows in the 40Fs during our stay in Russia. Be prepared for sun, rain, and possible snow (in the higher elevations), beach and mountain terrains, and city and rural environments. We will be staying in hostels each night except for an occasional overnight camp (tents and cooking stoves will be provided for the camp). Laundry facilities will be available most (but not all) nights. Russia uses a different electrical system. Don't bring appliances...unless you check http://www.escapeartist.com/global/Plug_Adapters1.html). Remember that you will need to carry everything you bring, so try not to overpack!

1. One large backpack
2. One small daypack
3. Field gear
 - Flashlight
 - Sunglasses
 - Brimmed hat
 - Whistle
 - Water bottles (2)
 - Compass (optional)
 - Local flora and fauna books (available for purchase overseas)
 - Binoculars (optional)
 - First aid kit (a medical kit will also be available through the instructors)
 - Plastic or metal plate, cup, bowl, and silverware
4. Personal clothing (take interchangeable clothing that can be layered) including:
 - 1 pair of hiking shoes
 - 1 pair of good walking shoes or sneakers
 - 1 rain jacket
 - 1 synthetic/ wool hat and pair of gloves
 - 3 pairs of long pants (including 1 pair of synthetic pants recommended)
 - 3 shirts (including 1 synthetic/ wool recommended)
 - 1 pair of hiking shorts
 - 1 set of synthetic long underwear
 - 1 winter jacket
 - 3 t-shirts
 - 2 sweaters/ sweatshirts
 - Underwear and socks (including 2 pairs of wool/ synthetic socks recommended)
 - 1 pair of flip-flops/sandals for showering
6. Toiletries, including
 - Extra medications (it may be difficult to locate the same generic and/or brand name prescription drugs overseas as may be found in the USA)
 - One bath/ shower towel
 - One small towel
 - Insect repellent
 - Sunscreen
 - Extra pair of eyeglasses and contacts and contacts lens solution

7. Journal
 - Debit card (access machines are available in major cities in Russia, but check with your local bank)
 - Credit card (for medical expenses, etc)
 - We recommend \$250 for incidentals...your room and board are included while in camp
7. Passport (with minimum 6 months until expiration). Make copies of your passport and leave it with your family/ friend
 - Visa support will be provided by CCUSA
 - Drivers license
 - International student ID card (optional)
8. Other
 - Camera and film
 - Alarm clock
 - Motion sickness medicine
 - Any favorite (non-bulky) recreation equipment (optional)
 - Insurance card
 - Money belt
 - Airline ticket (make a copy)
 - Avoid electrical products (unless you have a converter)
 - International calling plan/ phone cards (can be purchased in Russia)

Insurances, Regulations, Visas, and Other Information

Medical insurance and health

As part of the program fee, each student will be covered with the supplemental UGA study abroad insurance (contact T.W. Lord & Associates at 1-800-633-2360 within the USA or 770-427-2461 from outside the USA). This insurance is supplemental to any regular personal medical insurance (see T.W. Lord brochure) and can be extended by contacting the insurance company directly. You may need to pay upfront for any services and file for a refund from your insurance. (Be sure to keep your insurance card with you at all times.) Please review the brochure and arrange for appropriate health insurance before leaving the U.S. It is also wise to get a medical and dental check-up prior to departing the U.S.

According to the UGA Travel Medical Clinic, there are specific vaccinations needed for Russia. CDC has an international traveler's hotline (404-332-4559) where you can get additional information (see also <http://www.cdc.gov>).

Mental health and counseling services are available for students studying abroad through the University of Georgia health center. Telephone contacts:

Mental health clinic (staffed by psychiatrists)

Regular office hours: 706-542-2273

After hours: 706-542-2200 (through campus police)

Counseling and testing (staffed by psychologists)

Regular office hours: 706-542-3183

After hours: 706-542-2200 (through campus police)

Safety

We will be staying in a combination of hostels, backpackers, university lodgings, and bed and breakfasts. Please avoid bringing any valuables (e.g., jewelry, large amounts of cash, etc); when necessary, consider storing in hotel/ hostel safe boxes. A money belt is often a good idea. Be aware of general safety concerns while traveling and ensure safe handling of money, purses, wallets, backpacks, etc at all times. Exercise the same precautions you would in any U.S. city or town.

You may find the following telephone numbers useful:

Crime Prevention Unit at UGA: 706-542-0411 or 542-0104

Public safety emergency number at UGA: 706-542-2200

Public safety non-emergency number at UGA: 706-542-5813

Legal Affairs at UGA: 706-542-0006

Office of Vice-President for Student Affairs at UGA: 706-542-3654

Judicial Programs at UGA: 706-542-1131

Review the State Department Consular information for crime, safety, political issues, and any travel warnings in Russia (<http://travel.state.gov/Russia.html>). High crime areas and the risks of overindulgence with alcohol, swimming hazards, night travel, etc. exist in places all over the world. However, remember that you are in a foreign country and the same rules and regulations existing in the USA may not also apply to Russia. Always carry some form of ID with you at all times (including contact information at home and in Russia). You can check out the Hot Spots Listserve for airport security at <http://www.airsecurity.com/hotform.htm>

The emergency telephone numbers while in Russia are 01 -Fire Department; 02 -Police Department; 03 - Ambulance . Contact details for physicians and hospitals in Russia are on file with the Office of International Education at UGA.

Personal safety for women

A personal safety guide for women is available through the UGA police department (542-2200) and female students are encouraged to review the guide. The UGA Police Department teaches a four-pronged theory to aid you in your fight against sexual assault:

- a) Alertness (be aware of the facts about rape and other sexual assaults)
- b) Prevention (making your surroundings more secure against an attack)
- c) Precaution (avoiding an attack by placing yourself in a less vulnerable circumstance)
- d) Preparation (how to defend yourself against an attack and what to do if you are attacked).

Useful telephone numbers include:

UGA Women's Clinic: 706-542-SAFE

Rape Crisis Hotline: 706-353-1912

Disability services

Any student(s) who require special accommodation(s) or other requirements in this course must see the instructor before or at the UGA campus orientation meeting and register with Learning Disability Services (Milledge Hall) and/or Disability Services (Clark Howell Hall) on UGA Campus.

Conduct regulations

1. During the study abroad program, no student is to leave the group without the consent of the faculty supervisor.
2. Punctual attendance at all field and on-campus meetings is required.
3. Students are responsible for following all UGA Conduct Regulations during the time abroad (<http://www.uga.edu/ojp/code>). The Conduct Regulations “prohibits possession for consumption of alcoholic beverages by those under the legal drinking age and prohibits making alcoholic beverages available to persons under the legal drinking age...[specifically] (1) Alcohol and other drug related misbehavior is at any time prohibited. (2) No student shall furnish or cause to be furnished any alcoholic beverage to any person under the legal drinking age. (3) No student shall furnish or cause to be furnished any alcoholic beverage to any person in a state of noticeable intoxication. (4) No student under the legal drinking age shall possess any alcoholic beverage at functions sponsored by the University or any registered University organization. (5) The unlawful possession or the use of drugs and/ or making such drugs available to other persons by students is prohibited” (p.23-24). Non-compliance with any of these and other UGA Conduct Regulations shall result in the dismissal of the student from the Study Abroad Program.
4. The UGA alcohol policy as it applies to UGA study abroad programs can be found at www.uga.edu/drugpol

Entry requirements to Russia

The following is a statement issued by the United States Department of State Bureau of Consulate Affairs for foreign entry requirements to Russia (2/11/02). “Passport and arrival card (to be completed upon arrival) required. Visa are required for tourist or business meeting or consultations stay up to 3 months, must have onward/return ticket, visa for next destination and proof of sufficient funds.”

Other

1. Please review the OIE pre-departure orientation website at <http://www.uga.edu/oie/orientation> for other information useful in the preparation and participation of the Study Abroad Program.
2. Keep a copy of all your medical, insurance, money (e.g., travelers checks), and Study Abroad Program documents (including this syllabus) at home in the USA (with a responsible individual) and bring one copy with you.
3. Review the confidential health form for overseas travel available at <http://www.uga.edu/oie/attachments/HealthRecord.doc> Students who identified pre-existing health conditions, health concerns, medications, disabilities, etc on their health form are strongly recommended to make an appointment to meet with the instructor before or at the UGA campus orientation meeting.
4. Information on study abroad scholarships is available in the OIE Study Abroad library in 203F Barrow Hall or from the OIE website at <http://www.uga.edu/oie/studyabroad.htm> Other student financial aid information is available from the Office of Student Financial Aid (542-3476).
5. Please provide your parents/ spouse/ guardians a copy of the following letter from OIE (http://www.uga.edu/oie/attachments/letter_to_parents.doc).

6. An ISIC (international student identity card) can be purchased through the Office of International Education by completing the form available at <http://www.uga.edu/oie/attachments/ISICapp.doc>. The ISIC card enables you to buy rail passes, hostel cards; provides discounts on airfares, museums, etc; and gives limited medical insurance.
7. International calls can be made by purchasing pre-paid phone cards in Russia. Alternatively, almost all U.S. long-distance telephone companies have an access code for calling home from an international destination. Check with your carrier.
8. E-mail will be available at universities, cyber-cafes, and libraries.
9. Some helpful ways to counteract jet lag include getting plenty of rest, eating healthy foods, drinking plenty of fluids, avoid caffeine and alcohol, getting moderate exercise (and sunlight), and wearing loose, comfortable clothing.
10. When traveling to any country outside of the U.S., be aware of and sensitive to the need for some level of cultural adjustment. This level of adjustment will vary depending on the country visited but will always include differences in religion, diversity, politics, and culture. Be aware of what it means to be an American while traveling abroad and how other cultures perceive Americans. The *Let's Go* and *Lonely Planet* series of books (and other travel guides) provide excellent resources for preparing travel to other countries. Also, expect some level of adjustment when you return back to the U.S. after traveling.
11. You may contact the study abroad director or the Office of International Education at UGA using goabroad@uga.edu for any other information you may require, including ways to manage your money while abroad, cultural adjustment, levels of readjustment when returning home, etc.
12. In the event of an emergency or if you get separated from your group while traveling on the Study Abroad Program immediately contact the Office of International Education at 706-542-7903 or use the Public safety emergency number at UGA: 706-542-2200.
13. During periods of free time (i.e., weekends, spring break, etc) be aware of the dangers and responsibilities of independent travel. The *Let's Go* and *Lonely Planet* series can help you prepare such travel which can be a fun and wonderful opportunity to experience the host nation.
14. Contact the UGA Study Abroad Office (706-542-7903) for information concerning any of the above or for additional information pertaining to risk assessment, personal safety for women, pre-departure preparation for safety, legal, and health concerns, study abroad insurance, disabilities services, tips on dealing with emotional distress, authorization for release of records, student behavior/judicial issues, other legal issues, and policies concerning alcohol and drugs.