

**Therapeutic Recreation Facilitation Techniques: RLST 4030 L
4030 Lab, Fridays 12:20-2:15**

Dr. Yvette Q. Getch, Ph.D., CRC
Associate Professor
Dept. of Counseling and Human Development
Services
408M Aderhold
(706) 542-1685
ygetch@uga.edu

Lisbeth Berbary
334 Ramsey Center
By appointment
lberbary@uga.edu

Office Hours: 12:30-2:30 Thursdays (Other times may be arranged by appointment)

Course Syllabus: *The course syllabus is a general plan for the course; deviations announced to the class by the instructor may be necessary.*

Purpose: RLST 4030 provides students with information on facilitation techniques used in Therapeutic Recreation.

Required Text: None

Lab Fee: \$15.00 This fee is used to buy materials for the facilitation techniques that students will be participating in and learning. Hortiherapy, Expressive Arts, Adaptive equipment labs etc. all require materials to conduct the activity.

Course Description:

RLST 4030L. Laboratory in Facilitation Techniques. 1 hour. 2 hours of lab per week.
Implementation of facilitation techniques used in therapeutic recreation.

Prerequisites:

Undergraduate prerequisite or corequisite: RLST 4020; RLST 4030

Course Objectives:

1. Students will be able to identify and describe common therapeutic facilitation techniques.
2. Students will be able to discuss the benefits, risks, and possible negative consequences of various therapeutic facilitation techniques.
3. Students will begin to understand how to select specific therapeutic techniques based on the individuals' goals and needs.
4. Student will become familiar with different facilitation techniques and how they are used in different settings with different populations.
5. Students will become familiar with resources in the community.

Accommodation Needs:

The University of Georgia Department of Counseling and Human Development Services is committed to providing access to all persons with disabilities and will provide accommodation if notified. If you have a documented disability or any other special needs and wish to discuss academic accommodations, please contact me as soon as possible. Necessary academic accommodations will be made for you based on the recommendations received from Disability Services. You must be registered with Disability Services to receive academic accommodations.

****Allergies**:** We will interact with animals on several occasions, if you have allergies that may prevent you from safely interacting with these animals, please contact me during the first week of class.

Academic Honesty and Integrity:

The University of Georgia's Honor code states: "I will be academically honest in all of my academic work and will not tolerate academic dishonesty of others." All academic work must meet the standards contained in "A Culture of Honesty." Each student is responsible to inform themselves about those standards before performing any academic work.

1. All students are responsible for maintaining the highest standards of honesty and integrity in every phase of their academic careers. The penalties for academic dishonesty are severe and ignorance is not an acceptable defense.
2. Academic honesty means performing all academic work without plagiarism, cheating, lying, tampering, stealing, receiving unauthorized or illegitimate assistance from any other person, or using any source of information that is not common knowledge.

Suspicious of dishonesty will be reported to the Office of the Vice President for Instruction for resolution according to the UGA academic honesty policy, *A Culture of Honesty*. Students are responsible for reading and abiding by the honesty policy, which is found at: <http://www.uga.edu/ovpi>.

In addition to the University policy, students in the Department of Counseling and Human Development Services found in violation of the University's academic honesty policies or codes of professional ethics are subject to review and possible permanent expulsion from the programs offered in the Department.

Please note that signing an attendance roll for another student is cheating and will be treated as such. Also, plagiarism includes not providing references correctly on presentations, poster presentations, websites, etc. It also includes presenting an intervention without citing the source of the intervention.

Course Requirements:

Students are expected to **attend class and be prepared** to discuss the assigned readings. Additional readings may be assigned during the semester and students are expected to read these as well. Articles will be made available for photocopying and procedures for doing this will be explained in class. Students are encouraged to share information and articles they have found that relate to the course. Additionally, students are required to attend the 4030Lab. This lab requires students to travel to different sites to observe therapeutic facilitation techniques.

Participation:

100 points of your grade is determined through class participation and contribution. Active participation is essential to your learning and contributes to the learning of others. A class roll will be sent around every class period for students to sign. It is **your responsibility to sign the roll sheet** before you leave class. **Signing someone else's name on the roll sheet is cheating and will be treated as such!** Students are expected to notify the instructor about absences and it is the student's responsibility to obtain the information missed. This includes collecting graded assignments. An excused absence will not adversely impact your participation grade. An excused absence may include illness or death of an immediate family member or other absence deemed excusable by the professor. Participation will be evaluated in the following way:

- Unexcused absences: 10 points will be deducted from your participation grade for each unexcused absence. All students are allowed one absence for personal reasons.
 - Excellent – Proactive participation through leading, originating, informing, as well as asking questions that are thought provoking and indicate that you have **read** the material and reflected upon the readings and discussions. Participation does not mean dominating the discussion, making comments merely to make comments, or taking up class time with personal issues or tangential items. [10 points per lab]
 - Satisfactory – Reactive participation with supportive, follow-up contributions that are relevant and of value, but rely on the leadership and study of others. Active participation in group activities. [8-9 points per lab]
 - Minimally acceptable – Passive participation including being present, awake, alert, attentive, but not actively involved. I call it the "seat warmer". While you may be learning, you are not contributing to other's learning nor are you assisting in producing discussions that engage others in learning. [6-7 points per lab]

Unsatisfactory – Uninvolved including being **absent, late**, leaving early, present but not attentive, sleeping, asking questions that clearly indicate you have not kept up with the readings or class discussions, and making irrelevant contributions that inhibit the progress of the discussion. [5 points or less per lab]

Evaluation of the Course and Course Instructor: Students are given an opportunity to in a mid-point and an end-of-semester evaluation. These evaluations are used for course improvements on a continuing basis throughout the semester. Students are strongly encouraged to complete these evaluations. The mid-point evaluation is used to make improvements to the course during the semester.

Grading Criteria

Participation	100
Reflective Journal 1	50
Reflective Journal 2	50

A= 180-200 points B= 160-179 points C=140-159 points D= 120-139 points F = 119 or less points

If you attend all the labs and participate fully, you will receive an additional 10 points for participation. Failure to attend labs will negatively impact your grade. You are allowed one excused absence without penalty.

Tentative Outline Lab meets on Fridays 12:20-2:15 (Topic dates may change based on availability of guest speakers)

August 19 Overview/Syllabus

August 26 Transferring

September 2 Class time reserved for future meeting

September 9 Anger Management

September 16 Reminiscence

September 23 Shepherd Center

September 30 Class time reserved for future meeting

October 7 Camp Twin Lakes: Dan Matthews

October 14 Hortitherapy ?

October 21 Aquatic Therapy? Reflective Journal 1 Due

October 28 FALL BREAK

November 4 Expressive Arts

November 11 Adaptive Switches

November 18 Bibliotherapy/Therapeutic Use of Animals

November 25 Student Holiday

December 2 Reflective Journal 2 due Outdoor Sports/Recreation

