

## **RECREATION & LEISURE STUDIES**

### **RLST 2800L: Laboratory in Recreation Leadership**

**1 Credit Hours**

**11:15-12:05 (LAB): Ramsey 116**

Terri L. Phoenix

Office Location: 336 Ramsey

Office Hours: 11:00am-12:30pm Monday & Wednesday and by scheduled appointment

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The course syllabus is a general plan for the course; deviations announced to the class by the instructor may be necessary.

#### **Course Description**

This course is designed to increase students' understanding and skills for the design and implementation of leisure service programs. The course will focus on planning, implementation, organization and leadership of programs within a realistic community; illustrating the applicability of theories and practices. The course will be taught in ways that encourage you to explore a variety of leadership techniques, think critically about your own leadership style and develop an awareness and sensitivity toward issues of inclusion, diversity and underserved populations.

#### **Course Rationale**

This course is a required course for all majors in recreation and leisure studies in our department (as well as departments across the country). The course is a fundamental building block to your work as a professionals in recreation and leisure services regardless of your interests, agency, or market.

#### **Textbook**

Jordan, D.J. (2001). Leadership in Leisure Services: Making a Difference (2nd Ed.). State College, PA: Venture Publishing.

Other assigned materials will be made available for duplication.

## **Course Objectives**

- Understand the role and content of leisure programs and services. (8.15)
- Organize and conduct leisure programs and services in a variety of settings and with a variety of populations. (8.16)
- Understand and use various leadership techniques and strategies to enhance leisure experiences for all populations, including those with special needs. (8.18)
- Understand the concept and use leisure resources to facilitate participant involvement (8.19)
- Understand the ability to facilitate the concept of leisure lifestyle for continued individual development and expression throughout the human life span. (8.17)
- Understand and be able to analyze programs, services and resources in relationship to participant requirements. (8.20)
- Formulate, plan for implementation, and evaluate the extent to which goals and objectives for leisure programs and services have been met (8.27)
- Understand the role of budgeting in program planning, and have the ability to construct a budget for a specific leisure program.
- Understand the principles and procedures used to evaluate leisure programs and services (8.26)
- Understand the basic principles of risk management planning, and demonstrate the ability to develop a risk management plan for a specific leisure program. (8.38)

## **Class Format and Instructors' Expectations**

This class will be taught using a combination of lectures, class discussions, media presentations, and experiential activities. Student participation is critical for the success of this class, therefore it is expected that you will come to class prepared (i.e., you read the assigned materials and are able to discuss and apply the material in an intellectual and critical manner). I expect you to attend every class unless you are excused by me (Terri Phoenix) prior to the class. If an emergency situation prevents you from speaking with me before missing a class, you (your friend or family member) should contact me within 48 hours. You are responsible for all class materials. If you miss a class be sure to ask a classmate for copies of handouts, notes, assignments, etc.

## **Evaluation**

All students will be required to participate in class discussions, attend all labs, complete in class and take home assignments, lead recreation activities, and create an activity resource file. All assignments must be turned in at the beginning of class on the date they are due. If you cannot turn in an assignment on time it will be penalized one letter grade lower for each day that the assignment is late unless other arrangements are made with me in advance.

All written assignments are to be typed or word processed using 12-point typeface, double-spaced with 1" margins and stapled. Standard APA reference formats should be utilized for referencing (consult APA style guide for questions or concerns). Be sure to follow assignment specific criteria sheets when given.

## Honor Code

All academic work must meet the standards contained in "A Culture of Honesty." Each student is responsible to inform themselves about those standards before performing any academic work. According to the University of Georgia, "Academic Honesty" means performing all academic work without plagiarism, cheating, lying, tampering, stealing, receiving unauthorized or illegitimate assistance from any other person, or using any source of information that is not common knowledge. "Academic Dishonesty" includes copying other student's answers during exams/quizzes, giving false excuses for failing to take an exam or turn in an assignment, plagiarism. If you know of or suspect academic dishonesty, please discuss this with the student involved &/or with me.

## Disabilities & Medical Conditions

If you have any medical conditions or disabilities (e.g., epilepsy, hearing impairment, dyslexia diabetes) of which I should be aware, please come talk with me during the first week of class. This will allow us to identify any accommodations you need and/or actions I should take in event of a medical emergency.

## 2800L Assignments (Total Points Possible = 100 points)

Activity Facilitation 30 points  
Activity Resource File 30 points  
Leadership Style Paper 40

## Grading Scale 2800L

Letter Grade	Points Earned	Percentage of Total Points
A	90-100	90-100
B	80-89.9	80-89.9
C	70-79.9	70-79.9
D	60-69.9	60-69.9
F	0-50	0-50

To receive an "A" on your exams/assignments you must do excellent work. Excellent means that your work makes a creative contribution as a well-written, insightful, coherent, and original piece of work. "B" means that your work is good and that you have exceeded the minimum requirements but there is still much room for improvement. You will receive a "C" or grade of adequate if you meet minimum criteria. "D" means that the work is flawed or did not meet all minimum requirements.

## Attendance Policy

Students are expected to attend 100% of labs and to be present and prepared for leadership facilitation opportunities for which they sign up. I will take class roll each lab period. The percentage of lab periods attended determines what grade you are eligible for. For example, if you attended 90-100% of lab periods and earn 90-100% of total possible points, you will have earned an A in the course. However, if you only attended 80-89.9% of lab periods, the highest letter grade you can earn for the course is a B regardless of the percentage of total points earned. I do this because peer participation and feedback is an essential part of the lab portion of this class.

## **Assignment Descriptions**

1. Activity Facilitation (30 points)  
Each student will sign up to lead a recreation activity during two prearranged community events. Each student will be allotted no more than 25 minutes, including set-up, the activity and take down or clean up of any materials. The facilitation of the activity should include: 1) providing the materials and equipment 2) providing clear and concise instructions and/or rules 3) supervision of the activity 4) debriefing/processing of the activity. In addition to facilitating the activity, the students will be responsible for providing a one-page description of the activity with all of the information someone would need to facilitate the activity. Specific details about this assignment will be given on a separate criteria sheet at the first meeting of the lab.
  
2. Activity Resource File (30 points)  
Each student will be responsible for collecting, compiling, and organizing an activity resource file that includes 60 activities. Resource files will follow the same format as that of the activity facilitation. Specific details about this assignment will be given on a separate criteria sheet at the first meeting of the lab.
  
3. Leadership Style Paper (40 points)  
Each student will write a 5 page paper that describes their current leadership style (refer to the leadership text). You will need to describe the leadership style and behaviors associated with it. You will also need to analyze your particular style for its strengths and limitations across differing situations, age groups, and relation to participants. Specific details about this assignment will be given on a separate criteria sheet at the first meeting of the lab.