

PEDB 1350 Beginners Tennis

INSTRUCTOR: Anna Rose Anderson

FALL 2007

OFFICE: RAMSEY 350

TIME: M, W 1:25-2:05

E-MAIL: andersar@uga.edu

OFFICE HOURS: Monday, Wednesday 11-12 noon-- by appointment

Course Objective:

This class is intended to introduce students to the essential knowledge skills that enable them to...

1. demonstrate beginning level of tennis skills.
2. understand and utilize correct tennis terminology and rules.
3. learn how a tennis tournament is run, by participation in a tournament during class.
4. demonstrate their understanding and knowledge of tennis through quizzes and a final test.
5. find some physical activity that is enjoyed in order to participate for a lifetime.

Class Safety:

Students should warm-up and stretch properly to avoid muscle injury. Always have a good grip on the racket when someone else is near.

Equipment required:

Please wear comfortable clothing that allows you to move freely (shorts and T-shirts are recommended).

Textbook: Hoeger, W.W. and S.A. Hoeger. (2007). Fitness and Wellness. UGA edition. Thomson/Waldsworth, Belmont, CA.

Grading:

Grades will be assigned as a function of student performance on attendance, class effort/attitude, WebCT, and a final test.

Attendance- 40 points defined as bodily presence, appropriate dress, and promptness (tardiness [more than 5 minutes late] three times results in one absence). You may miss up to three class periods. On each absence, the student's final grade will be docked by 10 points. Attendance is crucial for full benefits of the class to be enjoyed.

Written test – 20 points

WebCT- 40 points; Refer to the course content page on the WebCT program for a description of the assignments. Regular attendance/participation in class activities and completion of online assignments are important factors in your grade. Notebooks will be due on October 10 (assignments 1-4) and November 14 (assignments 5-8).

In order to receive a satisfactory grade you must have at least 70 points.

Class policies and procedures:

1. Students desiring to withdraw from this class must do so in accordance to the University of Georgia policy.
2. Students **MUST** carefully read the “Clearance for Safe Exercise Participation” form provided by the instructor. The instructor will determine whether medical conditions require a waiver or physician clearance.
3. “All academic work must meet the standards contained in ‘A Culture of Honesty’. Each student is responsible to inform themselves about these standards before performing any academic work”.
4. The course syllabus is a general plan for the course; deviations announced to the class by the instructor may be necessary.
5. Inclement weather: you will be sent a webCT message by 12:30am to let you know if class is canceled because of rain, snow, or cold weather. If it begins to rain after 12:30am, send the instructor a webct message and you will be notified as soon as possible. **YOU ARE RESPONSIBLE FOR CHECKING WEBCT ON A REGULAR BASIS.**

EACH STUDENT MUST PROVIDE HIS OR HER OWN RACKET AND TWO CAN OF BALLS BY August 22, 2007.