

# Beginning Tennis PEDB 1350 Syllabus

**Instructor:** Nathan Kirkpatrick

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**Office Hours:** 2:00 pm-3:00 pm Tuesday and Thursday- Ramsey 354

**Class Days:** Mondays and Wednesdays

**Class Hours:** 11:15 am-12:05 pm

**Location:** Intramural Courts 119

**Course Description:** This class is designed for the beginning tennis player. Students will be taught the basic tennis strokes and some strategy that will enable them to be able to play tennis on a recreational level. Physical activity is a large part of this course, and students will be expected to participate in moderate to vigorous activity when they are in class.

## **Course Objectives:**

1. To develop basic tennis skills including the forehand, backhand, serve and volley.
2. To develop an understanding of tennis as a way to exercise and improve your overall health in life.
3. To have fun learning about the game of tennis as a recreational sport and a healthy activity.

## **Class Policies and Procedures:**

The course syllabus is a general plan for the course; deviations announced to the class by the instructor may be necessary.

**Attendance:** Regular attendance and class participation are required and are vital factors into your final grade. More than four absences will result in a grade of unsatisfactory. Absences due to illness must be verified by a Physician, the Student Health Service, or by talking with the instructor and getting approval in advance

**Course Evaluation:** The following criteria will be used to evaluate and grade performance in this class. There are 100 possible points. A combined score of 70 is required to receive a grade of satisfactory.

**Attendance/Participation (50 Points):** Every person is expected to attend class and participate in every activity.

**Fitness Knowledge/ Skill Tests (40 Points):** Online fitness knowledge component will be factored into grade. In addition, all skills learned during class will be tested throughout the semester. Satisfactory demonstration of these skills will earn full credit towards your final grade.

**Basic Knowledge Test (10 Points):** A basic knowledge test will be given at the end of the semester covering the basic tennis rules that we discuss over the course of the semester

**Requirements/Required Course Material:** Students must wear athletic clothing to participate in the class (shirt and shorts or sweat pants). Tennis shoes or athletic shoes only (no sandals). Students must bring their own tennis racket to every class, and two cans of new tennis balls at the beginning of the semester. Students must always bring a bottle of water with them to each class.

**Textbook:** Hoeger, W.W. and S.A. Hoeger. (2005). Fitness and Wellness. 6th Edition. Thomson/Waldsworth, Belmont, CA.

**Academic Policy:**

All academic work must meet the standards contained in “A Culture of Honesty” (<http://www.uga.edu/ovpi/honesty/acadhon.htm>) Students are responsible for informing themselves about those standards before performing any academic work.

**Rainy Days:** If there is, or is supposed to be inclement weather, then BEFORE class, you need to check WEB CT to see if there is a note about not being able to have class due to the weather. I will give you at least TWO hours notice. If there is no note, then I will be at class, and expect you to be there too.

## Fall Semester 2007

**Based on 50 minute classes (M-W-F), 75 minute classes (Tu-Th),  
15 weeks of classes, 75 days of classes.**

Classes begin	Aug. 16, Th
Drop/Add for undergraduate-level courses (1000-5999)	Aug. 16-21, Th-Tu
Drop/Add for graduate-level courses (6000-9999)	Aug. 16-23, Th-Th
Holiday (Labor Day)	Sept. 3, M
Midterm	Oct. 9, Tu
Midpoint Withdrawal Deadline	Oct. 12, F
Fall Break	Oct. 25-26, Th-F
Holiday (Thanksgiving)	Nov. 21-23, W-F
Classes Resume	Nov. 26, M
Friday Class Schedule in Effect*	Dec.4, Tu
Classes End	Dec. 6, Th
Reading Day	Dec. 7, F
Final Exams	Dec. 10-14, M-F

