

Course: PEDB 1230 Beginning Racquetball
Instructor: Nathan Jenkins
Office: 109H Ramsey Student Center
Email: natjenks@uga.edu

Course Objectives

To develop basic racquetball skills and a sufficient understanding of the rules so as to enjoy the game; to improve overall cardiovascular conditioning and fitness; to help you establish a routine of physical activity that is concurrently demanding and enjoyable.

Attendance and Grading Policy

Regular attendance and class participation are required for a passing grade of "S" (satisfactory). The effort you make towards regular attendance and participation will have a direct correlation to the grade you receive. Therefore, understand that the attendance policy outlined in this syllabus will be **STRICTLY** enforced.

Three absences are allowed without penalty; on the fourth absence, the student will be given a grade of "W" (withdrawal, before the midpoint of the semester), or "U" (unsatisfactory). The **ONLY** exceptions to this are limited to the following situations: 1) personal injury or illness that requires prolonged absence, 2) death in the family that requires lengthy travel or 3) religious holiday. Appropriate documentation is required in all three cases. Notice that short-term illnesses, traveling for job interviews, studying for other exams, etc. are not included in this list. Do not come to me with a physician's note for acute sickness. I do not even want to see them. This is why three absences are allotted to students in the first place: use them wisely.

Brief Course Outline

Equipment & Safety	Singles & Doubles play
Rules	Defensive Shots
Service	Offensive Shots
Forehand shots	Backwall Play
Backhand shots	Strategy for racquetball

This is only a general plan for the course; deviations announced to the class by the instructor may be necessary

Appropriate Attire

Appropriate dress includes athletic clothing – no jeans, dress shoes, etc. Proper clothing is required for participation, which is in turn required for a passing grade. Black soled shoes that mark courts are not permitted. If you are not dressed out properly, you lose one of your three absences will be lost. Appropriate attire also includes eye protection, which is **ABSOLUTELY REQUIRED!!**

Honesty Policy

The University Honor Code and Academic Honesty Policy will be upheld in this class. All academic work must meet the standards contained in "A Culture of Honesty." Students are responsible for informing themselves about those standards before performing any academic work.