

PEDB 1120 Beginning Golf: Fall 2008

Instructor: James Zagrodnik

Office: Ramsey 346

Office Hours: Monday and Wednesday 11:15 – 12:15 (or by appointment)

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Course Objectives:

1. Students will be able to demonstrate beginner level golf skills.
2. Students will be able to use correct golf terminology, rules, and strategy.
3. Students will demonstrate their knowledge of golf skills, terminology, rules, and strategy during discussions **and** on an exam.

Class Safety:

Stretch and warm-up properly to avoid injury. Be aware of your surroundings (do not swing your racquet with someone standing too close). Remove all trash from the golf areas (Coke bottles, paper, etc).

Attendance:

Attendance is mandatory and missed classes will hurt your grade!!! Four unexcused absences will be allowed during the semester. Additional absences due to sickness, death in the family, etc., **MUST** be verified and will be given an opportunity to be made up. (Unverified illness will result in an absence.) Missing more than four unexcused classes will result in an **UNSATISFACTORY**.

****Rain Policy**:**

Class will be held unless notified by e-mail. If you do not get an e-mail or are unsure come to the clubhouse classroom, even if it is raining. If we are unable to play we will still have discussions.

Equipment Required:

None. Golf clubs will be provided for you, but you are welcome to bring your own.

Text:

Hoeger, W.W. and Hoeger, S.A. (2005) Fitness and Wellness. 6th Ed.
Handouts covering important topics will be provided.

Clothing:

Comfortable clothing for movement is strongly recommended. Students wearing open toed shoes, sandals, boots, or any other such shoes will not be permitted to attend class and will count as an absence.

Grading:

Attendance/Participation	60 points
Performance Test	20 points
Knowledge Test	10 points
WebCT Based Fitness Knowledge	40 points

Students must accumulate at least 110 points to earn a Satisfactory grade

Attendance/Participation: 2 points per class will be awarded to those who attend class, demonstrate safety, good attitudes, and effort.

Performance test will be administered after all the skills have been covered.

Instructor will look for the characteristics of and performance of:

Driver	(2 points)
Mid-Iron	(2 points)
Short-Iron	(2 points)
Putting	(2 points)
Chipping	(2 points)

The exam will be given near the midterm and will cover topics and skills learned in class. The exam will be M/C and short answer. Make up exams will only be given due to a verified excuse.

WebCT Based Fitness Knowledge: Each student **MUST** obtain a copy of Fitness and Wellness. Each student will complete a total of 8 assignments based on readings from this book. ALL assignments and readings are posted on WebCT. Upon completion of the assignments you must bring them to class and place in them assignment folder.

Assignment Due Dates (Quizzes and Book work)

1 = 8/26	4 = 8/28	7 = 9/4
2 = 8/26	5 = 9/2	8 = 9/4
3 = 8/28	6 = 9/2	

University Honor Code and Academic Honesty Policy:

All academic work must meet the standards contained in “A Culture of Honesty.” Each student is responsible to inform themselves about those standards before performing any academic work.

The course syllabus is a general plan for the course; deviations announced to the class by the instructor may be necessary.

Course Outline/Guide:

- Rules and Grip
- Backswing
- Downswing
- Follow through