

COURSE SYLLABUS
BEGINNING GOLF 1120
Fall 2007, TR 12:20-1:10PM

Instructor: Daniel Larson Ramsey Center 346 E-Mail: bshark@uga.edu
Office hours: 11:15-1:15 AM, M/W or by appointment.

Course Description: A course designed to introduce basic golf skills and promote physical activity and fitness knowledge.

Course Objectives:

1. To develop basic golf skills including chipping, driving, and putting
2. To introduce basic golf rules and etiquette.
3. To develop an understanding for the importance of exercise to overall health.

Text: Hoeger, W.W. and S.A. Hoeger. (2005). Fitness and Wellness. 6th Edition. Thomson/Waldsworth, Belmont, CA.

Additional Resource: http://www.golf-golfing.com/golf_rules.html

Class Policies and Procedures:

1. *The course syllabus is a general plan for the course; deviations announced to the class by the instructor may be necessary*
2. Students should read the "Clearance for Safe Exercise Participation" form. Students with existing medical conditions should discuss those conditions with the instructor. Students with medical conditions for which they do not have medical clearance will need to see a physician prior to starting the class.
3. A one time payment of \$90 is required for the use of range balls during class.

Clothing: Athletic attire (workout wear: T-shirts, shorts, sweats, or warm-ups are acceptable; women may not wear sports bras as outerwear, no cut-off T-shirts and students may not wear jeans), Tennis, cross-training, or golf shoes and socks required. Boots, sandals, or shoes with heels are not permitted. If a student is not dressed appropriately, the student will be asked to leave and will take an absence.

Weather: Class will be held in regardless of weather conditions. In the case of inclement weather, indoor classroom instruction/exercises will be held. Please do not call or email me to inquire about this. Phone or email messages will not excuse you from attending.

Course Outline:

Grip, stance, posture, ball position
Chipping, putting and pitching
Iron play
Wood play
Rules of golf

Attendance: Regular attendance and class participation are required and are important factors in your final grade. Ten points are deducted for each absence. More than four absences will result in a grade of unsatisfactory. Absences due to illness must be verified by a Physician, the Student Health Service, or by talking with the instructor and getting approval in advance.

Course Evaluation: The following criteria will be used to evaluate and grade the student's performance in this class. A combined score of 60 is required to receive a grade of satisfactory. Attendance/Participation is worth 40 points; the Fitness Knowledge Component is worth 40 points; self practice sheets worth 20 points. There are 100 possible points.

All academic work must meet the standards contained in "A Culture of Honesty." Each student is responsible to inform themselves about those standards before performing any academic work.