

PEDB 1100-Beginning Backpacking/Hiking

Instructor: Crista Myers
Office: 335 Ramsey Center
Office Hours: Monday 12:00-2:00pm
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Class Objectives

- Students will learn the basic concepts of hiking and backpacking.
- Students will understand and know how to operate equipment used in backpacking.
- Students will develop an understanding of their impact while backpacking and how to minimize that impact.
- Students will be able to incorporate their knowledge of backpacking essentials and skills through the trip experience.
- Students, along with group members will become an “expert” in one are of hiking.

Attendance

Due to the nature of the class, attendance is mandatory. All unexcused absences will be a deduction in your grade. An absence may be excused if the instructor is notified prior to the class or by the time of the next class. All reasons for an absence must be presented in writing. The instructor will make the final decision if an absence is excused or unexcused. Depending on the situation, an excused absence may be made up after discussion with the instructor. Leaving the class before the instructor has officially dismissed will also be considered an absence. Attendance on the trip is mandatory and no exceptions will be made.

Attire

Students should come to class prepared and ready to hike. If clothing prevents you from participating, you will be marked absent. You will be trekking through the woods. Sneakers, boots, and sports sandals are appropriate foot wear. High heels, dress or casual shoes, flip-flops, or other non-sport sandals are not acceptable. Dress to the expected weather conditions. Students may find that quick-dry, non-cotton clothing is the best to use.

Weather

This class will meet rain, snow, shine, hail, sleet, thunderstorms, hurricanes, etc. Only an official UGA closing warrants an excused absence from this class. Be prepared to hike in any kind of weather.

Language

Poor sportsmanship and the use of inappropriate language will not be tolerated. If this occurs, the student will be asked to leave, will be counted absent, and will need to meet with the instructor.

Course Content

~Gear	~Food
~Map Reading	~Compass Work
~LNT Techniques	~Shelters
~Water Issues	~Group Dynamics
~Trails	~Etiquette

This course syllabus is a general plan for the course; deviations announced to the class by the instructor may be necessary.

Course Materials

Each student must have (or rent) a frame backpack, sleeping bag, whistle, water bottle, and compass. There is no textbook required for this class. However, the student is responsible for all costs associated with the overnight trip.

Grading

Trip/Attendance	45%
Presentation	25%
Participation/Skills Test	15%
Written Exam	10%
Misc. Assignments	5%

“S”-Satisfactory-A student must have a 60% in order to have a “satisfactory” grade. The student must also meet all attendance requirements, participate in class, and participate in an overnight backpacking trip on the scheduled date with the rest of the class.

“U”-Unsatisfactory-A student receives an “U” when the attendance requirements have not been met, the student has not participated in the class trip, or the students total points are less than 60%

“I”-Incomplete-A student, due to death in the family or serious illness, cannot attend the overnight trip. Students will have one semester to make up the trip. After that semester, the student will receive a “U”.

Grades are not given, they are earned. As throughout the University of Georgia, all academic work must meet the standards contained in “A Culture of Honesty.” Students are responsible for informing themselves about those standards before performing any academic work.

Location

The meeting of the class will vary between the assigned classroom and the Picnic Pavilion on the south side of Lake Herrick in the Oconee Forest Park. This is across College Station Rd. from the Ramsey Center and Medical Clinic.

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Directions to Picnic Pavilion:

- From the Ramsey Center Parking lot, take the Ramsey loop around until it feeds into College Station Rd.
- Cross College Station Rd.
- Pass intramural fields
- Take a left at tennis courts
- Follow the road to the Dead End
- Park here (free parking)
- On foot, walk down the boardwalk at the trailhead
- Cross the lake
- Take a left at the intersection
- Picnic Pavilion is 100 Yards on right, just inside the treeline.