

The University of Georgia
PEDB 1070 – Ropes Course
Fall 2008

Instructor:

Susan Powell, CTRS
Ramsey Center 339
Powell07@uga.edu

Class Information:

Wednesdays 1:25 – 3:05 p
Ramsey Center 116
Call Number: 61-626

Office Hours:

W: 10 am – 12 pm or by appointment

Course Objectives:

1. To provide opportunities for students to participate in initiative, low, and high ropes challenges.
2. To improve communication and cooperation skills through problem solving initiatives.
3. Learn technical skills related to high ropes courses, including harnesses, belaying, and knot tying.
4. Encourage students to develop safe rope course practices while still having fun.
5. To complete Fitness Knowledge Component*

* only if student is taking this course for PE graduation requirement. If you have completed requirement, please bring appropriate documentation from OASIS.

Course Requirements:

1. Each student must pay \$35 challenge course fee to the Ramsey Cashier Window by Friday August 29th, 2008.
2. Mandatory outdoor challenge course Sunday October 19th, 2008 from 9 am – 5 pm
3. Required text:

Hoeger, W.W., & Hoeger, S.A. (2005). *Fitness and Wellness*. UGA Edition.

Attendance:

We will have eleven required class meetings. After these meetings, you may meet with the instructor during regular office hours, as necessary. Attendance will be taken during all class meetings, including those on the outdoor challenge course. It is important to attend all class meetings. Missing more than two classes or missing the outdoor course day will result in an unsatisfactory grade.

Proper Attire:

Students should come to class prepared and ready to learn through hands-on experience. If clothing prevents you from participating, you will be marked absent. Come to class with comfortable clothing and sneakers (must be closed-toed). High heels, dress or casual shoes, flip flops, or sandals are not acceptable. Shorts (of modest length) or pants are required. Skirts are not acceptable. Please leave jewelry, wallets, and other (pocket) items in your backpack or car.

Medical History:

If you have ANY condition that may affect your participation in this class, or if you are over the age of 35, please notify the instructor prior to any class participation. You will be required to fill out a medical history form the first week of class.

Language:

Poor sportsmanship and the use of inappropriate language will not be tolerated. If this occurs, the student will be asked to leave, will be counted absent, and will need to meet with the instructor.

Grading:

Attendance:	40%
Fitness Knowledge Component:	40%
Quizzes	40%
@ Assignments	30%
Worksheets	30%
Group Activities	10%
Final Paper:	10%
Total:	100%

“S” – Satisfactory – A student must have a 70% in order to have a satisfactory grade. The student must also meet all attendance requirements, participate in class, and participate in outdoor challenge course on the scheduled date with the rest of the class.

“U”- Unsatisfactory- A student receives a “U” when the attendance requirements have not been met, the student has not participated in the outdoor course, or the students total points are less than 70%.

“I”- Incomplete- A student, due to death in the family or serious illness, cannot attend the outdoor course. Students will have one semester to make up the trip. After that semester, the student will receive a “U”. Grades are not given, they are earned.

Cell Phones:

In consideration of others, please turn cell phones on silent during class. The use of cell phones, including text messaging, during class is not acceptable.

Course Schedule:

Date	Activity
Wed, August 20 th	Introduction to class – group assignments
Wed, August 27 th	Warm-ups, safety, and full value contract (read Full Value Contract on WebCT before coming to class)
Wed, September 3 rd	Games & Initiatives (read two processing articles on WebCT)
Wed, September 10 th	Games & Initiatives – group 1
Wed, September 17 th	Games & Initiatives – group 2 – 1 st half of notebooks due
Wed, September 24 th	Harnesses and Belaying
Wed, October 1 st	Indoor Course (1:30 – 3:30 pm)*
Wed, October 8 th	Indoor Course (1:30 – 3:30 pm)*
Wed, October 15 th	No class
Sun, October 19 th	Outdoor Course (9:00 am – 5:00 pm)
Wed, October 22 nd	Games & Initiatives – group 3 – 2 nd half of notebooks due
Wed, October 29 th	Games & Initiatives – group 4
Wed, November 5 th	No class
Wed, November 12 th	Last day of class – debrief, evals due online, papers due

*You only have to attend one of these sessions. We will discuss our plan for those two days in class.

The course syllabus is a general plan for the course; deviations announced to the class by the instructor may be necessary.

Academic Honesty Policy:

All academic work must meet the standards contained in “A Culture of Honesty”. Students are responsible for informing themselves about those standards before performing any academic work. See- www.uga.edu/ovpi/honesty/acadhon.htm