

PEDB 1040 Beginning Basketball: Fall 2007

Instructor: James Zagrodnik

Office: Ramsey 346

Office Hours: Monday and Wednesday 11:15 – 12:15 (or by appointment)

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Course Objectives:

1. Students will be able to demonstrate beginner level basketball skills.
2. Students will be able to use correct basketball terminology, rules, and strategy.
3. Students will demonstrate their knowledge of basketball skills, terminology, rules, and strategy during discussions **and** on an exam.

Class Safety:

Stretch and warm-up properly to avoid injury. Be aware of your surroundings (do not swing your racquet with someone standing too close). Remove all trash from the gym (Coke bottles, paper, etc).

Attendance:

Attendance is mandatory and missed classes will hurt your grade!!! Four unexcused absences will be allowed during the semester. Additional absences due to sickness, death in the family, etc., **MUST** be verified and will be given an opportunity to be made up. (Unverified illness will result in an absence.) Missing more than four unexcused classes will result in an **UNSATISFACTORY**.

Equipment Required:

None.

Text:

Hoeger, W.W. and Hoeger, S.A. (2005) *Fitness and Wellness*. 6th Ed.
Handouts covering important topics will be provided.

Clothing:

Comfortable clothing for movement is strongly recommended. Students wearing open toed shoes, sandals, boots, or any other shoe which may mark up the floor will not be permitted to attend class and will count as an absence.

Grading:

Attendance/Participation	60 points
Performance Test	10 points
Knowledge Test	20 points
WebCT Based Fitness Knowledge	40 points

Students must accumulate at least 110 points to earn a Satisfactory grade

Attendance/Participation: 2 points per class will be awarded to those who attend class, demonstrate safety, good attitudes, and effort.

Performance test will be administered after all the skills have been covered.
Instructor will look for the characteristics of and performance of:

Dribble	(2 points)
Jump Shot	(2 points)
Rebound	(2 points)
Defense	(2 points)
Passing	(2 points)

The exam will be given near the midterm and will cover topics and skills learned in class. The exam will be M/C and short answer. Make up exams will only be given due to a verified excuse.

WebCT Based Fitness Knowledge: Each student MUST obtain a copy of Fitness and Wellness. Each student will complete a total of 8 assignments based on readings from this book. ALL assignments and readings are posted on WebCT. Upon completion of the assignments you must bring them to class and place them in the assignment folder.

ASSIGNMENTS 1 – 4 ARE DUE SEPTEMBER 20
ASSIGNMENTS 5 – 8 ARE DUE NOVEMBER 1

University Honor Code and Academic Honesty Policy:

All academic work must meet the standards contained in “A Culture of Honesty.”
Each student is responsible to inform themselves about those standards before performing any academic work.

The course syllabus is a general plan for the course; deviations announced to the class by the instructor may be necessary.

Course Outline/Guide:

Rules
Dribble
Passing
Defense
Shooting