

**Beginning Bowling**  
**PEDB 1080 Fall Semester 1007**  
**Showtime Bowl**

**Instructor: Dr. Terry Jackson**  
**Office: 371 Ramsey Center**  
**Office Hours: By appointment**

**Phone: 706-255-0306 (C)**  
**E-mail: [tyj8@uga.edu](mailto:tyj8@uga.edu)**

**Basic Physical Education Philosophy**

The philosophy of the basic physical education at the University of Georgia is to promote lifelong physical activity and fitness for the enhancement of health and well-being. Increases in regular physical activity and fitness are influenced by people's confidence in the ability to engage in regular exercise and positive beliefs concerning the benefits of physical activity and fitness. Motivation to increase physical activity and fitness can be enhanced by incorporating fitness knowledge about fitness and behavior modification principles into activity classes. The adoption of positive health behaviors by students has the potential to significantly improve the lifelong health benefits for all UGA graduates.

**Purpose:** This course is intended to provide students with the opportunity to learn and develop the necessary skills, concepts, and rules needed to participate in bowling. Most class periods will begin with a warm-up, followed by skill acquisition and game play. Game play will be provided most class periods. In class tournaments will be arranged for those wishing to compete.

**Course objectives:**

1. The student will demonstrate knowledge of the subject matter (definitions, rules of the game, different types of games) by scoring a minimum of 705 on a written exam. You will be given a week notice before an exam.
2. The student will demonstrate appropriate motor skills by successfully completing a skills test (stance, approach, release, scoring, etc.) with a minimum score of 70%. You will be given notice prior to skills test.
3. To help the student gain an appreciation for bowling as a lifetime activity.
4. To inspire students to bowl outside of class and *always have fun*.

**Attire:** Come to class dressed ready to play. Comfortable, non-restrictive appropriate attire should be worn. Socks must be worn at all times while bowling. Skirts and jeans are discouraged due to the restrictive nature of these types of apparel. Students who are not dressed appropriately for class will not participate and be counted absent.

**Fee:** Students will be charged a \$60 fee which covers the shoes and all games played during the semester. **This fee must be paid to Showtime Bowling before a student can bowl and participate.**

**Attendance/Participation:** Each student is allowed **three (3)** absences. **Two (2)** late arrivals will count as an absence. (Choose your absences and tardies wisely). Students are given an extra 5 minutes to get to class after the normal starting time before roll is taken. There are absolutely **NO MAKE-UPS!** This is a participation class, if you do not participate, it is an absence.

**Grades:** You will **earn** either a satisfactory grade (S) or an unsatisfactory grade (U) based on your attendance, participation, exam and skill test. Possible points 150. You must earn 125 points to receive a (S) in the class.

Attendance	30 points
Exam	40 points
Skill Test	40 points
Scoring	40 points

**Academic Honesty:** “All academic work must meet the standards contained in ‘A Culture of Honesty’ (<http://www.uga.edu/ovpi/honesty/acadhon.htm>). Each student is responsible for informing themselves about these standards before performing any academic work.”