

Exercise Physiology 4630/6630 Fall 2007

The course syllabus is a general plan for the course; deviations announced to the class by the instructor may be necessary.

Description	This class will cover the acute physiological responses and chronic adaptations exercise will be studied in. This includes neuromuscular, metabolic, cardiovascular, hormonal, and respiratory systems as they pertain to acute and chronic exercise. The major goal of the class is to develop a basic understanding of exercise physiology that will: 1) allow the student to utilize exercise physiology in their daily lives and future profession, 2) prepare the student to take additional courses in exercise science		
Prerequisites	Open to major in the department of exercise physiology or by permission of instructor.		
Co-requisite	Course must be taken with KINS4630L		
Instructor	Kevin McCully, Ph.D.		
Office hours	Monday, Wednesday 1:30 – 2:30pm, or by appointment		
Meetings	Class	Monday, Wednesday, Friday	11:15am – 12:05pm
	Room	205 Ramsey	
Textbook	Exercise Physiology: theory and application to fitness and performance, by Powers and Howley, McGraw Hill, 2007. 6 th Edition. Available at the university bookstore.		
Evaluation	Weekly quizzes	65%	Wednesdays
	Journal report	05%	before Thanksgiving or LDoC
	Final Exam	30%	scheduled time

Grading policy

To comply with new pilot grading system, 100-93 A, 92-90 A-, 89-87 B+, 86-83 B, 82-80 B-, 79-77 C+, 76-73 C, 72-70 C-, etc.

If a student wishes to have an exam re-graded, she/he must submit in writing the nature of the problem, and the exam, no later than one week after the exam has been returned. The entire exam will be rechecked.

Attendance Attendance of lectures is optional but encouraged. Most of the information on the exams will come from the textbook and the lecture slides. But some required information may only be presented in class. Attendance of all scheduled lecture exams is required. Students are required to notify course instructor **prior** to an exam in order to obtain permission to reschedule an exam. Otherwise, the grade on that exam will be a zero unless an official

UGA excuse is given (i.e., letter from UGA administration approving absence).

WebCT This course will make use of WebCT. Class information will be posted, as well as the slides used in lecture. Class information for the laboratory sections will also be posted on WebCT.

Honors and Masters Credit

Honors credit and Masters degree credit will require extra work. Typically, this will include a weekly journal club when students will take turns finding and presenting recent research papers on topics related to course material. Each student will turn in a short report on each paper.

(1) Course Objectives or Expected Learning Outcomes,

The goals of the class are to develop a basic understanding of exercise physiology. A detailed list of course objectives can be found on WebCT. This list should be viewed as guide and not as an exact list of factual information to be learned. Students will be responsible for material presented in the textbook and lectures.

(2) Topical Outline

See the lecture schedule posted on WebCT. This will NOT follow the order of the chapters in the textbook so look for associated chapters on posted lectures.

(3) University Honor Code and Academic Honesty Policy.

All academic work must meet the standards contained in “A Culture of Honesty.” Each student is responsible to inform themselves about those standards before performing any academic work.

Copies of the honor code can be obtained from the Office of the Vice President for Instruction or may be viewed at the following web site:
<http://www.uga.edu/ovpi/>