

**Clinical Experience in Athletic Training**  
**KINS 3920**

Instructor: Cathy Brown 706-542-9257  
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Office hours: by appointment

Class Location/Time: Ramsey 110 AT Lab Fridays 9:05-9:55

Course description: Athletic medical knowledge and clinical skills related to the practice of athletic training. The focus of the clinical experience will be on taping, bracing, and lower extremity evaluation.

Course Objectives:

1. Palpate anatomical structures, assess neurological response, measure active and passive range of motion, and perform clinical evaluations of the lower extremity.
2. Determine the proper course of therapeutic treatment based on the findings of a physical exam.
3. Demonstrate proficiency in the use of an otoscope to examine the ear, nose, and throat.
4. Demonstrate proficiency in the use of urine dip-sticks.
5. Be able to intervene and make applicable referral to appropriate medical or allied medical professions for injuries and illnesses.
6. Demonstrate the ability to disseminate injury prevention and health care information to a variety of audiences.

Grading

10 Quizzes (10 points each)	100 points
Case Study	20 points
Clinical Proficiencies	60 points
Clinical Evaluation 1	30 points
Clinical Evaluation 2	30 points
<u>3 General Medical experiences (10 pts each)</u>	<u>30 points</u>
	270 points

Final grade

A = 94-100%	B+ = 87-89%	C+ = 77-79%	D = 65-69%
A- = 90-93%	B = 84-86%	C = 74-76%	F = below 65%
	B- = 80-83%	C- = 70-73%	

Attendance is required. All absences must be approved beforehand by the instructor. Excused absences include traveling with a team, illness with health care provider visit, or family emergency. **Two unexcused absences will be allowed during the semester.** For every unexcused absence over two, the final grade will be decreased by 1/3 of a letter grade. For example, if a student has 4 unexcused absences and has a grade of A-, the final grade will be B. Worksheets and other assignments may be made up only in the cases of excused absences or with instructor approval, otherwise a grade of zero will result for that quiz.

All of your **Clinical Proficiencies** must be completed **by the last day of classes MONDAY APRIL 28, 2008.** 6 points (10%) will be subtracted for every business day the proficiencies are late.

All 3 of your **General Medical Experiences** must also be completed **by the last day of classes MONDAY APRIL 28, 2008.** 1 point will be subtracted from each for every business day the Gen Med experiences are late.

**Clinical Evaluation #1 will be due February 29, 2008 by 5 pm.**

**Clinical Evaluation #2 will be due on the last day of classes Monday April 28, 2008 by 5 pm.**

5 points will be subtracted for every business day the evaluations are late.

In order to complete the program requirements, you must complete all clinical proficiencies, general medical experiences, and clinical evaluations prior to the last grading period. You must earn a minimum grade of "C" to progress. Failure to earn a grade of at least a "C" will require you to retake this course and possibly delay your graduation. If any of the competencies, general medical experiences, or evaluations are NOT completed by the end of the semester, you will be required to complete them the following semester in order to progress in the program. Failure to complete them could possibly delay your graduation.

### **Clinical Hours Requirement**

Clinical education is an important aspect of learning for athletic training students to practice, refine, and perfect skills learned in the academic environment. The athletic training student should perform a maximum of 25 hours per week of athletic training clinical activities, with 1 day off per week. However, due to variations in weekly schedules, competitions, and special events, the student may attain up to an additional 10 hours per week. The monthly total of clinical hours will not exceed 100 hours.

Proposed Class Schedule

Date	Topic	Assignment/Evaluation
Jan 11	Syllabus, confidentiality, and 1 <sup>st</sup> responder policies	
Jan 18	Gen-Med: blood glucose, urinalysis, peak-flow meter	
Jan 25	Gen-Med: heart, lung, bowel sounds	Quiz 1: Glucose, urinalysis, peak flow meter
Feb 1	Cancer	Quiz 2: Auscultation
Feb 8	Lower Extremity Anatomy	<b>Student SEATA</b>
Feb 15	Foot & Ankle manual muscle testing and goniometry	
Feb 22	Foot evaluation and special tests	Quiz 3: Foot & Ankle Anatomy
Feb 29	Ankle evaluation and special tests	Quiz 4: Foot Special Tests <b>CLINICAL EVAL #1 DUE</b>
Mar 7	Knee manual muscle testing and goniometry	Quiz 5: Ankle Special Tests
Mar 14	<b>SPRING BREAK -- NO CLASS</b>	
Mar 21	Knee evaluation and special tests	Quiz 6: Knee Anatomy
Mar 28	Hip manual muscle testing and goniometry	Quiz 7: Knee Special Tests
Apr 4	Hip evaluation and special tests Assign Case Studies	Quiz 8: Hip Anatomy
Apr 11	Low Back Anatomy and Evaluation	Quiz 9: Hip Special Tests
Apr 18	Case Studies	Quiz 10: LB Anat & Special Tests Case Studies DUE
Apr 25	Case studies	
Monday April 28		<b>CLINICAL EVAL #2, CLINICAL PROFICIENCIES, GEN MED EXPERIENCES DUE</b>