

Clinical Experience in Athletic Training

Fall 2009

KINS 3910**Friday 9:05-9:55 Ramsey 114****Instructor**

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Office hours by appointment

Ramsey 101F

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Athletic medical knowledge and clinical skills related to the practice of athletic training. The focus of the clinical experience will be on taping and bracing and lower extremity evaluation.

Course requirements

Assignment to athletic training clinical instructor to develop clinical skills and proficiencies.

Completion of Clinical Competencies including clinical proficiencies and general medical experiences

Clinical Evaluations and Evaluation of ACI

In-class quizzes and in-class and take-home assignments

SOAP notes

Course Materials

Manual Muscle Testing. Author:Kendall. Edition:5th

Course Objectives

1. Quickly and properly tape and/or brace various joints
2. Name, identify and palpate anatomical structures, assess neurological response, measure active and passive range of motion and perform clinical evaluation of the lower extremity.
3. Be able to intervene and make applicable referral to appropriate medical or allied health care professional for injuries and illness.
4. Demonstrate the ability to disseminate injury prevention health care information to a variety of audiences.

Grading

Emergency action plan assignment	10 points
Exertional heat illness assignment	10 points
Equipment quiz	10 points
Fitness assignment	10 points
Lower extremity anatomy quiz	10 points
Anthropometry and goniometry quiz	10 points
Rehabilitation assignment	10 points
Foot and ankle quiz	10 points
Knee quiz	10 points
Lower extremity injury scenario	10 points
Hip and thigh quiz	10 points
SOAP note 1	10 points
SOAP note 2	20 points
Clinical Proficiencies	60 points
General Med Experiences (3 at 10 each)	30 points
Clinical Evaluation 1	10 points
Clinical Evaluation 2	20 points
Clinical Evaluation 3	20 points
TOTAL	280 points

Grading scale

A = 94-100%	B+ = 87-89%	C+ = 77-79%	D = 65-69%
A- = 90-93%	B = 84-86%	C = 74-76%	F = below 65%
	B- = 80-83%	C- = 70-73%	

You must earn a minimum grade of C to progress to the next clinical course. Failure to earn at least a C will require you to retake this course and possibly delay your graduation.

Academic honesty

The University of Georgia and the Athletic Training Education program seeks to promote and ensure academic honesty and personal integrity among students and members of the University community. Academic honesty means performing all academic work without cheating, lying, tampering, stealing or receiving assistance from any other person or using any other source of information that is not common knowledge. You should read and become familiar with *A Culture of Honesty* publication that defines the policies, procedures, and sanctions for academic honesty. These procedures will be strictly enforced.

All academic work must meet the standards contained in *A Culture of Honesty*. Students are responsible for informing themselves about those standards before performing any academic work. The link to more detailed information about academic honesty can be found at <http://www.uga.edu/honesty/>

Clinical competencies

Your clinical proficiencies will be due throughout the semester.

The following clinical proficiencies will be due October 2, 2009: Acute injury/illness management, environmental conditions, and protective equipment.

An additional 2 clinical proficiencies of your choice will be due November 13, 2009.

The remaining 2 clinical proficiencies will be due by December 11, 2009.

You must coordinate with your ACI to complete these proficiencies. Proficiencies turned in after the appropriate due dates will lose points. If these competencies are not completed, you will receive a grade of F and you must retake the same clinical level again; you will be put on probation and it will **delay your graduation for at least 1 semester**. In order to progress in the program, you must complete all clinical proficiencies prior to the last evaluation period. A grade of incomplete will only be given if extenuating circumstances exist, and was approved by your clinical instructor and program director. The missing work must be completed prior to the end of the following semester.

All of your general medical experiences must be completed by November 20, 2009. You will need to coordinate with your CI/ACI to set up those experiences. Late gen med experiences will not be accepted without prior authorization. Points will be deducted for lateness.

Clinical Evaluation #1 will be due September 18, 2009 by 5 pm.

Clinical Evaluation #2 will be due November 6, 2009 by 5 pm.

Clinical Evaluation #3 will be due December 11, 2009 by 5 pm.

Attendance, quizzes and practical exams

Attendance is required. All absences must be approved beforehand by the instructor. Excused absences include traveling with a team, illness with health care provider visit, or family emergency. **If you are going to be absent for an excused reason, you must email the instructor prior to the absence.**

Two unexcused absences will be allowed during the semester. For every unexcused absence over two, the final grade will be decreased by 1/3 of a letter grade. For example, if a student has 4 unexcused absences and has a grade of A-, the final grade will be B. Quizzes and practical exams will be given at the beginning of class; assignments are due at the beginning of class. Worksheets, quizzes and other assignments may be made up only in the cases of excused absences or with instructor approval, otherwise a grade of zero will result for that quiz. **Worksheets and assignments missed during excused absences must be turned in within 1 week of the absence, otherwise points will not be earned.**

Classroom Policies

Please turn off all cell phones and other electronic devices. You will be asked to leave if your device disrupts class.

Clinical Hours Requirement

Clinical education is an important aspect of learning for athletic training students to practice, refine, and perfect skills learned in the academic environment. The athletic training student should perform approximately 25 hours per week of athletic training clinical activities. However, due to variations in weekly schedules, competitions, and special events, the student may attain up to an additional 10 hours per week. The monthly total of clinical hours should usually not exceed 100 hours.

Note

Students with disabilities who may require accommodations should contact the Disability Resource Center at (706)542-8719. Reasonable accommodations will be determined on a case-by-case basis according to each student's individual documentation. Please note: if you have arrangements with the Resource Center that require modified test or assignment conditions, you must make the instructor aware of this fact in the first week of classes.

Proposed Class Schedule

The course schedule is a general plan for each class period. Deviations from the following may be necessary and will be announced by the instructor.

Date	Topic	Evaluations & Assignments Due
Aug 21	Syllabus, Blood borne pathogens, EAPs (lightning) Lower extremity taping	
	CPR/Acute Care/Suppl O2/Vitals and assessment	
Aug 28	Lower/Upper extremity taping	EAP assignment DUE
Sept 4	Environmental readings, local weather data Heat illness, urine charts/spec gravity charts, weight charts	
	Orthotics, dynamic and static splints	
Sept 11	Casting and splinting	Butts-Mehre? EHI worksheet DUE
Sept 18	Equipment fitting	Clinical evaluation 1 DUE
Sept 25	Lower extremity anatomy	Equipment quiz
	Fitness Program	Fitness Assignment DUE
Oct 2	Lower extremity anatomy	Clinical Proficiencies DUE: Protective equipment, environmental, manage acute injuries
Oct 9	Human anthropometrics and goniometry Body comp assessment, BMI	Lower extremity anatomy quiz
Oct 16	Components of injury evaluation SOAP Template	Anthropometry and goniometry quiz Assign SOAP note projects (2 notes)
	HR, MD recruiting, insurance, billing	
Oct 23	Fundamentals of rehabilitation	Assign rehabilitation project
	NATA and essential AT documents	
Oct 30	NO CLASS - Fall Break	
Nov 6	Foot and ankle anatomy and palpation	Rehabilitation assignment DUE Clinical evaluation 2 DUE Assign injury scenarios
Nov 13	Lower leg and knee anatomy and palpation	Foot and ankle quiz, SOAP note 1 DUE Clinical proficiencies: additional 2 DUE
	SWOT, architecture, budgeting	
Nov 20	Hip and thigh anatomy and palpation	Knee quiz Lower extremity injury scenario DUE General Medical Experiences DUE
Nov 27	NO CLASS – Thanksgiving	
Dec 4	Injury scenarios	Hip and thigh quiz
Dec 8	FRIDAY SCHEDULE Injury Scenarios	SOAP note 2 DUE
	Energy expenditure, caloric intake, BMR	
Dec 11		Clinical Evaluation 3 DUE Clinical Competencies DUE 5pm