

The University of Georgia
KINS 2100L
Introduction to Athletic Training
Laboratory Syllabus

Instructor: Dr. Bud Cooper, ATC, CSCS
Ramsey 101J
542-6463
cooperb@uga.edu
office hours available by request

Required Text: Arnheim D., Prentice W. Principles of Athletic Training. 13th Edition. McGraw- Hill, 2009.

Optional Text: Perrin, D. Athletic Taping and Bracing. 2nd Edition. Human Kinetics, 2005.

Course Objectives:

- The student will be able to select and fit appropriate standard protective equipment on an athlete for safe participation in sports and/or physical activity.
- The student will be able to select, apply, evaluate, and modify appropriate standard protective equipment and other custom devices for the athlete in order to prevent and/or minimize the risk of injury to the head, torso, spine and extremities for safe participation in sport and/or physical activity.
- The student will be able to demonstrate the ability to establish effective lines of communication to convey information about the athlete's situation and the importance of protective devices to prevent and/or minimize injury.
- The student will be able to demonstrate the ability to develop, implement, and communicate effective policies and procedures to allow safe and efficient physical activity in a variety of environmental conditions.

Attendance: Required. Each student is expected to be present and **ON TIME** to each laboratory sessions. You are responsible for all skills presented in class.

- **Unexcused absences will result in 1/3 of a letter grade reduction**
- **Unexcused missed tests and competencies will not be made up and will result in a grade of zero unless permission is obtained from the instructor**
- **In extreme circumstances, if a student must miss a lab, the student must contact the instructor a minimum of 24 hours BEFORE the absence for approval**

Dress/ Attire: You are expected to wear **appropriate clothing (ie. shorts/t-shirts)** for the **body part** being presented; failure to dress appropriately will result in an unexcused absence for the day.

Grading Procedures: Based on total points earned.

Competencies	100 points
Final written exam	75 points
Oral Practical	40 points
<u>Attendance/ Participation</u>	<u>10 points</u>
Total 225 points	

Grading Scale

A = 94-100%	B+ = 87-89%	C+ = 77-79%	D = 65-69%
A- = 90-93%	B = 84-86%	C = 74-76%	F = below 65%
B- = 80-83%	C- = 70-73%		

Competencies Testing: At different points throughout the semester, you will be evaluated on your ability to explain and apply specific topics from lab. Details will be provided prior to testing.

Oral Practical:

A final, oral practical exam will be given at the end of the semester. The exam will involve explanation and application of skills learned throughout the semester. Format for the oral practical will be discussed as we progress through the semester.

Final Exam:

A cumulative written final exam will be administered covering all topics discussed in class.

Note:

1. In accordance with the provisions of Americans with Disabilities Act (ADA) if you require any special assistance or adaptations to participate in this course, please contact your instructor immediately.
2. Syllabus is subject to change

Schedule

** This schedule is subject to change **

Date	Topic
Aug 19	Introduction and Wrapping
Aug 26	Ankle and Achilles
Sept 2	Wrapping Competency Testing
Sept 9	Arch & Toe
Sept 16	Thumb, Finger, Wrist & Elbow
Sept 23	Taping Competency Testing
Sept 30	Protective Equipment
Oct 7	Crutch Fitting, Splinting and Bracing
Oct 14	Athletic Equipment and Crutch Fitting Testing
Oct 21	Environmental Conditions
Oct 28	Gait and Shoe Fitting
Nov 4	Body Composition
Nov 11	Strength & Conditioning
Nov 18	Review Day
Nov 25	Thanksgiving – No Class
Dec 2	Final OP / Written Exam

University Honor Code and Academic Honesty Policy

Students in this course are expected to conform to the UGA Student Honor code:

“I will be academically honest in all of my academic work and will not tolerate academic dishonesty of others” Academic honesty means performing all academic work without plagiarism, cheating, lying, tampering, stealing, receiving unauthorized or illegitimate assistance from any other person, or using any source of information that is not common knowledge. Examples of academic dishonesty are copying answers from another student during an exam, giving a false excuse for failing to show up for an exam, obtaining advance copies by unauthorized means, and damaging a computer disk to prevent evaluation of the work on that disk. Students who assist other students in academically dishonest acts are in violation of the policy. Consequences of academic dishonesty may include receiving a lower grade, community service, a notation on the student’s transcript, or suspension or expulsion from the University. Students have the responsibility for knowing the University’s policies and procedures on academic dishonesty, which are described in the publication, A Culture of Honesty. Copies of this publication can be obtained from the Office of the Vice President for Instruction or may be viewed at the following web site: <http://www.uga.edu/ovpi/>.

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I have read and understand the above statement.

Signed: _____

Date: _____