

KINS 2010 Introduction to Kinesiology  
Fall 2009

I. Course Description

A survey of the foundations underlying the discipline of kinesiology. Units include elementary concepts, methodologies, applications, and career opportunities essential to the study of kinesiology. Students will be introduced to the skills and knowledge required to become a successful professional in kinesiology. Students are expected to complete this course prior to enrolling in kinesiology core courses.

II. Instructor Information

Dr. Ted Baumgartner, 115J Ramsey Center, ph.: 706-542-4424, e-mail: [tbaumgar@uga.edu](mailto:tbaumgar@uga.edu)  
office hours: almost any time not in class

III. Course Objectives - At the conclusion of this course the student should be able to:

1. Describe the discipline of Kinesiology
2. Discuss the programs in the Department of Kinesiology
3. Identify the specialization areas of each faculty member in the Department of Kinesiology
4. Describe the procedure and standards for admission to the programs in the Department of Kinesiology.
5. Discuss each of the possible career areas in kinesiology presented by a speaker in class in terms of major responsibilities, necessary training, and employment opportunities
6. Describe how to apply for admission to graduate school or for a job

IV. Textbooks and Course Materials

**Required:** Hoffman, S.J. (Ed.). (2009). *Introduction to kinesiology: Studying physical activity* (3<sup>rd</sup> ed.). Champaign, IL: Human Kinetics.

**Required:** Course packet at a copy service

V. Class Presentations

Class presentations basically will follow the chapters presented in the textbook. You should purchase the textbook, read it ahead of time, and be prepared to discuss topics in class. Presentations not based on textbook chapters and textbook chapter outlines are in the course packet. You are expected to come to class with the presentations and outline in your hand so that you can take notes. You should **NOT** rely **ONLY** on the course packet materials as sufficient preparation for examinations.

VI. Attendance Policy

Things do occur so the student must miss class and getting to class on time is difficult on this campus if the student must go any distance between classes. However, the student must make an effort to attend class regularly and be on time to class. Not attending class regularly will detract from the education and grade of the student as well as establish a poor image of the student with the professor. Absences can influence your grade.

VII. Examinations

There will be four formal examinations in the class. The examination dates are in the course outline. Examination 4 is optional and scheduled according to the university final examination schedule. Do NOT ask to take examination 4 at a time other than that at which it is scheduled.

Examinations will consist of 30 multiple choice items. Since this is an “introductory” course, some of the test items may be basic information. However, there still will be test items which require drawing conclusions. The examinations will be challenging.

You are expected to be present for each examination. DO NOT ask for an exception to take an examination at some other time.

### VIII. Extra Credit

1. Biographical Information form (in the course packet)
  - A. Due by the start of the 4<sup>th</sup> class of the semester
  - B. Credit: **1 point** to be added to the sum of the test scores of a student
2. Participant in or helped with a research study

The research Study must be accepted by the instructor before the student becomes involved in the research study. Involvement can be as a participant in the research study or helping the researcher conduct the study. A one page report is required as to what the student did in the research study and what the student learned from the research study.

A student must have the researcher send the class instructor an e-mail message that the student participated in the research study. Depending on involvement in the research study, **1 or 2** points to be added to the sum of the test scores of a student
3. Faculty/course evaluation at the end of the course.
  - A. Instructor will announce when the evaluation is available on-line
  - B. Credit: **1 point** to be added to the sum of the test scores of a student
4. Examination 4 is optional. It can be worth two extra credit points. The **extra credit** is (2 points) x (% of total points on exam 4).

### IX. Grading Standards

The grading standard for the class is A- = 85%, B- = 75%, C- = 65%, and D = 55%. So, on any 30 point test A- = 25.5, B- = 22.5, C- = 19.5, and D = 16.5. Final grades in class will be determined using the three examination points and the extra credit points. Your grade will be calculated in the following way:

1. Add up all of the points earned on the three exams
2. Add any extra credit points
3. Once the total number of points is calculated, the following grading standards will be utilized (A- = 85%, B- = 75%, C- = 65% D = 55%):

A = 79 - 90	A- = 76.5 - 78
B+ = 74 - 75	B = 70 - 73    B- = 67.5 - 69
C+ = 65 - 66	C = 61 - 64    C- = 58.5 - 60
D = 49.5 - 57	F = 0-48
I: Failure to complete all required assignments	

### X. Honesty Policy

Students in this course are expected to conform to the UGA Student Honor Code: “I will be academically honest in all of my academic work and will not tolerate academic dishonesty of others.” Academic honesty means performing all academic work without plagiarism, cheating, lying, tampering, stealing, receiving unauthorized or illegitimate assistance from any other person, or using any sources of information that is not common knowledge. Students who assist other students in academically dishonest acts are in violation of the policy. Consequences of academic dishonesty may vary from receiving a lower grade to expulsion from the University. Students have the responsibility for knowing the University’s policy and procedures on academic dishonesty, which are described in the publication, A Culture of Honesty. Copies of this publication can be obtained from the Office of the Vice President for Instruction or may be viewed at the following web site: <http://www.uga.edu/ovpi/> .

#### XI. Disclaimer

The course syllabus is a general plan for the course; deviations announced to the class by the instructor may be necessary

08/2009