

from all the tests and evaluations as follows:

Test 1	100 Points
Test 2	100 Points
Test 3	100 Points
Final-Comprehensive	300 Points
<u>Lab Grade</u>	<u>200 Points</u>
TOTAL	800 Points

Final Grades

A= 720 points or better

B= 640-719 points

C= 560-639 points

D= 480-559 points

F=<480 points

Course Attendance and Dress Policy

I expect each student to be present and on time to class and laboratory sessions. **A missed test in this class will not be made up.**

Academic Honesty

The University of Georgia and the Athletic Training Education program seeks to promote and ensure academic honesty and personal integrity among students and members of the University community. Academic honesty means performing all academic work without cheating, lying, tampering, stealing or receiving assistance from any other person or using any source of information that is not common knowledge. You should read and become familiar with **A Culture of Honesty** publication that defines the policies, procedures and sanctions for academic honesty. Your instructor(s) will strictly enforce these procedures.

Class Outline

Week Number	Tuesday	Thursday
1	Course Overview	Introduction to Athletic Training
2	Bloodborn Pathogens	Environmental Concerns
3	Psychology of Injury	Conditioning (Part 1)
4	Test 1	Conditioning Part 2 and Anatomical Terminology
5	Injury Recognition	Emergency Procedures – Primary Survey
6	Emergency Procedures – Secondary Survey	Tissue Response to Injury
7	Sports trauma	Emergency equipment
8	Test 2	Modalities – Hot/Cold
9	Rehabilitation	Facial and Throat Injuries
10	Foot	Ankle
11	Ankle	Lower Leg
12	Test 3	Shoulder
13	Shoulder	Knee
14	Knee	Knee
15	Spine/Abdominal Cavity	Thigh, Hip Groin and Pelvis

EXRS 2100 Lab

Prevention and Care of Athletic Injuries

Lab Instructor: Lenny Navitskis, Med, ATC, NREMT-I
Email: Lenny@sports.uga.edu
Lab Time: Wednesdays 8:00 – 9:55 a.m.
Office Phone/Location: (706) 542-7900
Butts-Mehre Athletic Training Room

Course Description:

Application of a variety of protective devices as well as taping, wrapping and padding procedures consistent with the principles for the care and prevention of athletic injuries.

Lab Supplies:

Required packet of taping materials available at the UGA bookstore.

Attendance:

Required and expected. You will be held responsible for all skills presented in class.

There will be no make-ups for skill and/or written tests missed.

Dress/Attire:

This is a laboratory class that requires convenient access to the body area with which we are working. Therefore, you are expected to be dressed appropriately for each lab. Please be considerate of this policy.

Grade:

Competency skills to be tested: (variable points)

Ankle compression wrap	Hip spica (hip flexor, groin)
Knee compression wrap	Louisiana ankle wrap
Shoulder spica	Arch taping
Achilles taping	Ankle taping (closed/open basket weave)
Turf toe	Wrist taping (hyperflexion/hyperextension)
Elbow hyperextension	
Thumb taping	

Based on Points earned:

Skills	140 points
Final Written Exam	60 points