

The University of Georgia
EXRS 2100
Introduction to Athletic Training
Laboratory Syllabus

- Instructor: Tamerah Hunt, MS, ATC
Ramsey 110B
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- Required Text: Arnheim D., Prentice W. Principles of Athletic Training. 11th Edition. McGraw- Hill, 2002.
- Lab Supplies: Required packet of taping materials available at UGA Bookstore.
- Description: The purpose of the laboratory component is to give direct experience and hands-on application of different protective devices, environmental conditions, strength and conditioning, wound care, and tapings. Lecture topics will be expanded and applied to specific applications used in athletic training today.
- Attendance: Required. Each student is expected to be present and ON TIME to each laboratory sessions. You are responsible for all skills presented in class.
- **Unexcused absences will result in lowered class attendance/ participation grades.**
 - **Unexcused missed tests and competencies will not be made up unless permission is obtained from the instructor.**
- Dress/ Attire: You are expected to wear appropriate clothing for the body part being presented; failure to dress appropriately will result in a decrease in class attendance/participation grade. Please be considerate of this policy.

Grading Procedures: **Based on total points earned.**

| | |
|---------------------------|-------------------------|
| Competencies | 75 points |
| Final written exam | 75 points |
| Oral Practical | 40 points |
| Attendance/ Participation | 10 points |
| | Total 200 points |

Grading Scale

- A > 180 points
B = 159-179
C = 139-158
D = 119-138

Competency Check-Offs: At different points throughout the semester, you will be evaluated on your ability to explain and apply specific tapings and protective equipment. Specific details will be discussed later.

Oral Practical: A final, oral practical exam will be given at the end of the semester. The exam will involve explanation and application of a several pieces of equipment and/or tapings discussed throughout the semester. Format for the oral practical will be discussed as we progress through the semester.

Final Exam: A cumulative written final exam will be administered covering all topics discussed in class.

Schedule

** This schedule is subject to change **

| Date | Topic |
|----------------|---|
| 1/10/05 | Introduction and Wrapping |
| 1/17/05 | No Class |
| 1/24/05 | Ankle and Arch |
| 1/31/05 | Wrapping Competency Testing |
| 2/7/05 | Achilles, Knee, Elbow and Wrist |
| 2/14/05 | Thumb, Toe and Finger |
| 2/21/05 | Taping Competency Testing |
| 2/28/05 | Taping Competency Testing |
| 3/7/05 | Gait and Shoe fitting |
| 3/14/05 | Spring Break |
| 3/21/05 | Ankle Competency Testing |
| 3/28/05 | Crutch fitting and Protective Equipment |
| 4/4/05 | Body Composition |
| 4/11/05 | Equipment Fitting Competency Testing |
| 4/18/05 | Environmental Conditions |
| 4/25/05 | Strength and Conditioning |
| 5/2/05 | Final OP |
| TBA | Final Exam |

Honor code

University Honor Code and Academic Honesty Policy

Students in this course are expected to conform to the UGA Student Honor code:

“I will be academically honest in all of my academic work and will not tolerate academic dishonesty of others”
Academic honesty means performing all academic work without plagiarism, cheating, lying, tampering, stealing, receiving unauthorized or illegitimate assistance from any other person, or using any source of information that is not common knowledge. Examples of academic dishonesty are copying answers from another student during an exam, giving a false excuse for failing to show up for an exam, obtaining advance copies by unauthorized means, and damaging a computer disk to prevent evaluation of the work on that disk. Students who assist other students in academically dishonest acts are in violation of the policy. Consequences of academic dishonesty may include receiving a lower grade, community service, a notation on the student’s transcript, or suspension or expulsion from the University. Students have the responsibility for knowing the University’s policies and procedures on academic dishonesty, which are described in the publication, A Culture of Honesty. Copies of this publication can be obtained from the Office of the Vice President for Instruction or may be viewed at the following web site:

<http://www.uga.edu/ovpi/>.

I have read and understand the above statement.

Signed: _____

Date: _____