

“Guesstimate” of Student Personal Expenses
for Study Abroad in Ireland
Revised July, 2011

The following estimate of student personal expenses is based on a currency exchange rate of one Euro to \$1.45 U.S. dollar, and the cost of services/meals/items in July 2011. A weekly estimate and program estimate (6 weeks) are provided as sample costs of common purchases and services in Cork city. As a general guideline, add one-third to one-half to the cost of an item you purchase in the States. Note: the exchange rate between the U.S. dollar and the Euro (as well as other foreign currency) will fluctuate; the estimated costs here could be more than, or less than, that which is experienced in the upcoming summer; however, this will provide a guideline for budgeting.

See below for sample costs of common items purchased in Cork, Ireland: (estimates are in Euros)

Diet Coke	12 for € 6	(**to determine cost in dollars: multiply Euro cost by current exchange rate, e.g. 1.48: € 6 x 1.45 = \$8.70)
Orange juice (qt.)	€2.00	(\$2.90)
Bagels/scones (4)	€2.50	(\$3.63)
Lettuce	€1.00	(\$1.45)
Milk (litre)	€1.90	(\$2.75)
Penne pasta (box)	€1.50	(\$2.18)
Bread (store brand)	range 90¢ to €2.50	(\$1.30 -3.63)
Tomatoes	6 for €1.75	(\$2.53)
Mini carrots (small bag)	€1.50	(\$2.18)
Peanut Butter	€3.00	(\$4.35)
Bananas	4 for €1.00	(\$1.45)
Tangerines	10 for €2.00	(\$2.90)
Apples	4 for €2.00	(\$2.90)
Yogurt (store brand)	6 for €1.50	(\$2.18)
“Koka” noodles (like our Ramen noodles)	80¢ per package	(\$1.16)
.288 kg or .65 lb. of cheddar cheese (store brand)	€1.95	
“minced meat” (ground beef)	€5 /1b	(\$7.25)

Estimate of Meals Out (“pub food” or casual restaurants)

Lunch	€7-8 (\$10-11) (sandwich €5-6.00; soup @ €4-5; soft drink @ €1.80; salad: €6-€7)
Dinner	€18.00 (\$26.10) (hot main entrée, salad, soft drink or coffee)

Cost of Common Items When Going Out

Soup	€ 5-6.00
Salad or sandwich	€ 5-7.00
Hamburger w/ fries & salad	€12-15.00
Wine or beer	€ 4.50 (\$6.52)
Soft drinks	€ 1.80/glass (\$2.61)
Cigarettes	€ 7+ per pack
Coffee/Tea	€ 1.50 - € 2 (for pot of tea--yields 2 cups)
Candy bar	€ 1 to 80¢

Other Items:

Shampoo (L'Oreal or Pantene) €4 - €5 for 400 ml or 13 U.S. oz. (\$5.50 - \$7.25)

Lotion (Nivea) €3.00 for 250 ml

Shave cream: €4.50 for name brand canister

Toothpaste (Crest) €2.00 for medium-sized tube

Detergent €6 (Persel capsules: 20 washes)

Off-brand box of tissues: €1.60; Kleenex brand: €3.80

Toilet paper €3.60 (medium grade, store brand, 4 roll) (**apartment provides 2 rolls/week per person)

Transportation:

Bus-- ***student discount fares available—requires show of University ID, Can also get **Student Travel Card: for much more travel discount throughout Ireland:**

email: info@buseireann.ie

a. City bus: €1.80 (\$2.61) per trip or, buy a bus pass at Bus Eireann station:
-weekly: student: €15 (within city); regular €17

-monthly: student: €46 (within city) ; regular €53

b. Bus travel outside of Cork city (excursions) :

see: www.buseireann.ie

~Cork – Kinsale, Killarney and other cities:

**Bus departs half past the hour starting 8:30 a.m. until 8:30 p.m.

e.g. Cork City to Cobh: €6 or \$8.70

**Train to Cobh- €7

~Cork – Dublin: Bus Eireann: €13 student / €16 regular one way (single);

€15 student / €22 regular round trip (return)

Air travel—check **websites** for travel within Ireland and to other countries:

Ryan Air: www.ryanair.com

Aer Aran: www.aerarann.com

Europa Travel: www.flyeurope.com