

# LIR NEWSLETTER

LEARNING IN RETIREMENT, INC., AT THE UNIVERSITY OF GEORGIA

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**Learning in Retirement, Inc.**  
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**Telephone: 706/549-7350**  
Please leave a message, and someone  
will return your call.

**NEW LIR Website Address:**  
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**LIR Email Address:**  
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## WINTER/SPRING SEMESTER REGISTRATION 2006 Monday, January 9, 9:30-11:30

LIR winter/spring registration will be held at the Holiday Inn Express at the corner of Broad and Newton Streets on Monday, January 9, 2006, between 9:30 and 11:30. Please remember to park in the lot that faces Broad and enter through the hotel's front entrance.

Committee members have worked energetically this fall to come up with a full and diverse menu of courses and activities for members to choose from. You may preregister at any time upon receipt of this issue, using the forms included. In fact, we strongly recommend preregistration to ensure getting into classes and events that have class size or space limitations.

Regardless, even if you've already registered by mail, come and enjoy the fellowship and refreshments. Bring along and introduce a friend to LIR. Explore joining an interest group by talking with group representatives. This is also the time to pick up your class confirmations, parking passes, and tickets for the lunch and learn events. (These will be mailed if they are not picked up at registration.) Plan to come.

## THE PRESIDENT'S LETTER

The November board of directors meeting was a good one. So good, in fact, that we decided that we did not need to meet in December. One exciting bit of news was that LIR has 30 new members since our last board meeting.

Reports from the fall classes have been very good—consistently positive. And winter/spring looks even better: we will have more offerings (27 plus), with a concentration of classes in February and March and fewer classes meeting in May. We will have five lunch and learn sessions in the semester.

Jim Jacobson and I prepared a PowerPoint presentation on LIR for my use in a November 17 presentation. Several board members reviewed the presentation and gave useful suggestions for improvement. The audience, the Athens Area Military Officers Association, responded well to the talk. Several of those present said they intended to join LIR in January, and one offered to give us a class presentation. The “new and improved” PowerPoint version is ready to be used for future presentations.

An article in the recent issue of *Money Magazine* produced some interesting results. The article described Athens as one of five desirable retirement communities in the U.S. and identified LIR as an example of why Athens was a good place for retirees. When callers (there were 20 calls, with one from California) asked for more information about Athens, we asked the Athens Chamber of Commerce if they would send out some brochures. Their response was that each such package would cost \$8. Not deterred by such a surprise, Roland Brooks got help from the Athens Convention and Visitor's Bureau, which agreed to send appropriate materials out. Both the *Athens Banner Herald* and the *UGA Red & Black* wrote articles about the piece in *Money Magazine*.

Don't forget registration for our new semester on January 9 at the Holiday Inn Express. See you there.

Happy New Year!  
Al Ike

## WINTER/SPRING 2006 COURSES BY DAY OF WEEK

### Monday

Reading the Old Testament – Jan. 23, 30 / Feb. 6, 13, 20, 27 / Mar. 6; 2:00-4:00; Room 135 (all Jan. & Feb.), Room 64 (Mar. 6)  
 Scientific Interests in the South – Feb. 13, 20, 27; 2:00-4:00; Room 139  
 Mini American Art History – Mar. 6, 13, 20; 2:00-3:30; Georgia Museum of Art  
 Southeast and Georgia Geology – Apr. 10, 17, 24; 9:30-11:00; Room 139

### Tuesday

French Film – Jan. 24 / Feb. 28; 1:00-2:30; Room 114 (Jan.), Room 135 (Feb.)  
 Ice, Fire, and Oceans – Jan. 24, 31 / Feb. 7, 14; 10:00-11:30; Room 64 (Jan. 24), Room 135 (last three)  
 Strength Training – Tuesday and Thursday; Jan. 24 through Apr. 25 (*except Mar. 14, 16*); 12:15-1:45; Ramsey Center  
 The Actor and the Director in Theatre and Film – Jan. 31 / Feb. 7, 14, 21; 9:30-11:00; Room 139  
 The Human Brain – Mar. 7, 14; 10:30-12:00; Room 135  
 A Look at Japanese Culture – Apr. 4, 11, 18; 2:00-3:30; Room 135  
 The Speaker in the Poem – Apr. 18, 25 / May 2, 9; 10:00-11:30; Room 139  
 Culture and Crafts of Oaxaca – May 2, 9; 1:00-2:30; Room 135

### Wednesday

Discovering and Increasing Your Creativity Potential – Jan. 25 / Feb. 1, 8; 2:30-4:00; Room 64 (Jan.), Room 135 (all Feb.)  
 Memories Unlost – Jan. 25 / Feb. 1, 8; 12:45-2:15; Room 114 (Jan.), Room 135 (all Feb.)  
 International Criminal Tribunals – Feb. 1, 8, 15, 22; 10:00-11:30; Room 135  
 Violence and Compassion: Opposing Traits in Human Behavior – Feb. 1, 8, 15, 22; 9:30-11:30; Room 139  
 The Liszt Collection – Feb. 15; 1:00-3:00; Georgia Museum of Art  
 Great Decisions – 1, 8, 15, 22, 29 / April 5, 12, 19; 9:00-10:30; Room 135  
 AARP Driver Safety – Mar. 8, 15; Time 9:00-1:00; Room 139  
 The Battle of Kettle Creek – Apr. 26; 9:30-11:30; Room 135  
 Long-Term Care Insurance – May 3; 10:00-11:00; Room 139

### Thursday

Strength Training – *See Tuesday*  
 The Hebrew Bible in Art – Feb. 2, 9, 16, 23; 10:00-11:30; Room 139  
 Economics: Fascinating or Frightening? – Feb. 9, 16, 23; 9:30-11:30; Room 135  
 Symbolism in the Rural Landscape Cemetery – Mar. 2, 9, 16; 10:00-11:30; Room 139  
 Horticulture on the Homefront – Mar. 30 / Apr. 6; 10:00-12:00; Room 136 (Mar.), Room 135 (Apr.)  
 Scandinavian Smorgasbord – Apr. 27, 2:00-5:00; and Friday, Apr 28, 2:00-7:00; Instructor's home  
 Music and the Art of the Baroque – May 4, 11; 11:00-1:00; Room 139

### Friday

Fridays at the Movies with Hitchcock – Jan. 27 / Feb. 3, 10, 17, 24 / Mar. 3; 1:00-3:00; Room 135  
 The Medicare Prescription Drug Maze – Jan. 27; 9:30-11:00; Room 135  
 The Next Step in Healthy Living – Feb 3, 10; 10:30-12:00; Room 139  
 Advanced Microsoft Word – Mar. 24, 31 / Apr. 7, 14; 9:30-11:00; Room 143  
 Introduction to Microsoft Publisher – Apr. 21, 28 / May 5, 12; 9:30-11:00; Room 143

## LUNCH AND LEARN LECTURE SERIES

These LIR events are held at the Athens Community Council on Aging, 135 Hoyt Street, just north of downtown Athens in the former depot building. The lectures always fall on Mondays, they begin at 11:00, and are followed by lunch: January 23, February 6, March 6, April 3, and May 1.

### Monday, January 23

**Geologic Factors in Recent Disasters – Dr. Mark Rich**  
 Dr. Rich will discuss geologic aspects of the earthquake and tsunami of December 26, 2004, the flooding related to recent Hurricane Katrina, and the 1980 eruption of Mount St. Helens.

Before coming to the University of Georgia in 1963, Dr. Mark Rich earned a B.A. in geology from the University of California-Los Angeles, an M.A. from the University of Southern California, and a Ph.D. from the University of Illinois, Urbana-Champaign. He is currently professor emeritus of geology and a fellow of the Geological Society of America.

### Monday, February 6

**Our Future Leadership: A Positive Outlook – Dr. Mark Huber**

With a brief introduction of the servant-leadership concept in management, Dr. Huber will support his optimistic view of our country's future leadership with "live" case studies. He and several students from the Terry College of Business L.E.A.D. Program will discuss the innovative program and explain their studies and work in leadership development.

Dr. Huber joined the University of Georgia faculty in 1999 after a career in the Air Force that included a tour at the Pentagon and command of a combat communications squadron. He is a retired Lt. Col., with a Ph.D. in Management Information Systems from UGA. He is director of the Institute for Leadership Advancement at Terry College and was recently inducted into the University's Teaching Academy, which recognizes commitment to and excellence in teaching and learning.

### Monday, March 6

**Inside the University: UGA Task Force on General Education and Student Learning – Dr. Jere Morehead**  
 Dr. Morehead will share with us the signal work of the University in strengthening its academic rigor and results. These center on the Task Force, which is an ongoing group that he and Dr. Del Dunn co-chair. His assessment of the progress, challenges, expectations, and benefits from this administration/faculty/student effort over the past year will undoubtedly foster a lively discussion.

As University of Georgia Vice Provost, Dr. Morehead has multiple responsibilities, which include supervising the Honors Program, the Foundation Fellows Program, the Office of Faculty Affairs, and the Center for Undergraduate Research Opportunities. He serves as liaison between the Provost's Office and Undergraduate Admissions and Student Affairs and is also the Faculty Athletics Representative. At the University since 1986, he was previously assistant U.S. attorney at the Department of Justice.

*Lunch and Learn continued***Monday, April 3****Alfred G. Mayor and His Contributions to Marine Biology  
Dr. Lester Stephens**

A noted pioneer in the study of jellyfishes, Alfred G. Mayor (1868-1922) completed a monumental three-volume work on the subject in 1910. Also a gifted artist, he produced exquisite drawings of a number of the 500 species he described in this classic study. In 1903, Mayor persuaded the Carnegie Institution in Washington to establish a marine biology lab in the Dry Tortugas. Eventually, Mayor expanded the range of his research to the South Pacific, studying the ecology of coral reefs. This talk will sketch the life of this adventurous man and discuss his role in the history of marine biology.

Dr. Lester Stephens came to the University of Georgia in 1963 after earning his Ph.D. at the University of Miami. He served as head of the History Department from 1981-1991 and is professor emeritus of history. Dr. Stephens is the author of five books, 37 reviews of books, and numerous journal articles and has written extensively of the American South. He has been honored with nine Excellence in Teaching Awards and the Georgia Medal for Creativity in Research.

**Monday, May 1****The University of Georgia: 1785 to the Present****Dr. Nash Boney**

Using slides, Dr. Boney will cover the history of UGA from 1785 to the present. He will discuss highlights such as the Civil War, the admission of women in 1918, racial integration in 1961, and the events of recent decades. Questions and comments will be welcomed from the audience.

A native of Virginia, Dr. Nash Boney received his B.S. from Hampden-Sydney College in 1952. He served in the U.S. Army Counter-Intelligence Corps from 1954-1965 before earning his Ph.D. from the University of Virginia. He taught at the University of Georgia for 28 years, specializing in U.S., Southern, and Civil War history. Dr. Boney has written a dozen books. In recent years, he has concentrated on the history of the University. His latest book is *The University of Georgia Trivia Book*. Dr. Boney received the Hugh McCall Award for Scholarship, Teaching and Promotion of History in 2003.

**Be sure to wear your LIR nametag to each event!**

**WINTER/SPRING 2006 COURSES**

*All room numbers are for Rivers Crossing unless otherwise noted. The Georgia Museum of Art, Carlton Street, and the Ramsey Center are both part of UGA's east campus. Note that some courses will change rooms during the session.*

**The Actor and the Director in Theatre and Film – August Staub****Tuesday: Jan. 31 / Feb. 7, 14, 21; 9:30-11:00; Room 139**

This course will examine the arts of acting and directing in theatre, film, and television. Class members will look at the aesthetics of the two art forms in terms of auditory, visual, and kinetic contributions. This is not a course in learning acting and directing crafts, but instead one of analysis.

Dr. Staub is professor emeritus of drama at UGA. He holds a B.A., M.A., and Ph.D. in theater from LSU. In addition to his years of teaching, he was producing artistic director of the Jekyll Island Musical Comedy Festival, director of the Highlands Playhouse, executive producer of the Georgia Repertory Theater; and director for the Marietta Theater in the Square.

**Advanced Microsoft Word – Fred Prasuhn****Friday: Mar. 24, 31 / Apr. 7, 14; 9:30-11:00; Room 143**

This course will teach advanced techniques for using Microsoft Word to create and save documents; organize computer files; create, send, and save emails; and manage calendars.

Mr. Prasuhn is a computer instructor at Athens Technical College where he teaches computer applications and word processing.

**AARP Driver Safety – George E. Granade****Wednesday: Mar. 8, 15; Time 9:00-1:00; Room 139**

This is an eight-hour refresher course for motorists age 50 and older who have years of driving experience. Students will be reminded of driving skills and techniques that they knew but may have forgotten. Through discussion and audio-visual aids, new approaches and concepts to driving will be covered. Completion of this class may make participants eligible for auto insurance discount. Participants must attend both classes. Note: In addition to the LIR fee, this course requires a fee of \$10.00 payable to AARP.

Mr. Granade worked for 33 years with State Farm Insurance Company, supervising the handling of both bodily injury and property damage claims. Since his retirement, he volunteers at the Athens Welcome Center, the Classic Center, and teaching AARP Driver Safety classes.

**The Battle of Kettle Creek: Tories versus Patriots – Marion Rice****Wednesday: Apr. 26; 9:30-11:30; Room 135**

This one-day class will examine the role of Georgia in the American Revolution. This is a presentation of a revolutionary battle that took place in Wilkes County on February 14, 1779. The class will view a video prepared by Dr. Walter Andrae, a military historian at Fort Gordon. The battle is the fight between colonists who were Loyalists and the Patriots, those who favored separation. A field trip to the battle site can be arranged if class is interested.

Dr. Rice is a professor emeritus and served as chairman of the UGA Social Studies Department. He was co-director of the Anthropology Curriculum Project in the '60s and did extensive travel in Mexico and India in the '70s. He has been an active teacher in the LIR program.

**Culture and Crafts of Oaxaca – Tery Perenich****Tuesday, May 2, 9; 1:00-2:30; Room 135**

Oaxaca is a unique region of Mexico, rich in centuries-old traditions that are expressed through its culture and crafts. Indigenous, pre-Columbian, and colonial influences are prominent in Oaxaca's customs, religious ceremonies, architecture along with its history, traditions, and people.

Dr. Perenich is professor emeritus in textile science. While at UGA, she started an Oaxaca Study Abroad Program in the Department of Textiles, Merchandising and Interiors. She has traveled extensively in Mexico and has been to Oaxaca several times.

**Discovering and Increasing Your Creativity Potential – Lenette Burrell****Wednesday: Jan. 25 / Feb. 1, 8; 2:30-4:00: Room 64 (Jan.), Room 135 (all Feb.)**

Following an introduction related to the background on creativity concepts, various tests will show the class how to measure it. Through playful activities and group interactions, the creativity of each member can be increased. Participants will be encouraged to share examples of creative ideas and also select and develop a creativity project. The last class will be devoted to creative problem solving. Handouts will be furnished.

Dr. Burrell, R.N., M.S.N., Ed.D, earned her degrees from Georgia College, Medical College of Georgia, and UGA. She taught at the Medical College of Georgia School of Nursing satellite campus in Athens and currently serves as a senior research scientist at the UGA Institute of Gerontology.

**Economics: Fascinating or Frightening? – Ron Cerwonka****Thursday: Feb. 9, 16, 23; 9:30-11:30; Room 135**

This course will examine the role of each of the three major economic groups in our society. History indicates the adverse effects of recession and inflation. Are these conditions unavoidable? Class members will consider the effectiveness of monetary and fiscal policy as weapons to deal with these conditions. Brief exposition of America's role and current obligations in the world economy will be coupled with discussion of the impact of current economic developments that will adversely impact the lives of upcoming generations.

Dr. Cerwonka earned his B.A. and M.B.A from Boston College and his Ph.D. in economics from the University of Missouri. He taught at Saint Bonaventure and Providence College and now teaches at Piedmont College.

**French Film – Richard Neupert****Tuesday: Jan. 24 / Feb. 28; 1:00-2:30; Room 114 (Jan.), Room 135 (Feb.)**

Incorporating the French Film Festival, the instructor will give two lectures, one before and one after the five film showings. He will introduce contemporary French cinema, its history, and character and influence, using the Festival's movies as examples. Note: LIR course participants are invited to Dr. Neupert's freshman seminar class for discussion on Mondays, Jan. 30-Feb. 27, Room 53 of UGA's Fine Arts Building.

Dr. Neupert is the Josiah Meigs Distinguished Teaching Professor in Film Studies. His recent books include *A History of the French New Wave Cinema* and a translation of Michael Marie's *French New Wave: An Artistic School*. He and his family spend working vacations in Paris.

**Friday at the Movies with Hitchcock – Claire Gaus****Friday: Jan. 27 / Feb. 3, 10, 17, 24 / Mar. 3: 1:00-3:00; Room 135**

This six-week course will begin with the comparison of the two films of *The Man Who Knew Too Much* (1935, 1953). The next four weeks the class will examine two films purported to be Hitchcock's favorites and two others. Study will focus on recurring themes and tidbits of information about the making of the films and gossip about the people who made them. Attendance at the first two sessions is not required to attend the last four sessions.

Ms. Gaus is a retired secondary school teacher whose interest in the study of Hitchcock began 20 years ago with a film study course she created for her gifted students. Now,

through an Outreach program she created for her community public library, she continues to pursue this interest as she takes this film study to LIR and other groups.

**Great Decisions – Ron Cerwonka, John Rudy, Ed Speir.****Wednesday: Mar. 1, 8, 15, 22, 29 / April 5, 12, 19; 9:00-10:30; Room 135**

This discussion-format class will use the Foreign Policy Association briefing book *Great Decisions* (2006 edition) as the primary source. Topics will include UN Reform; Energy Resources; Brazil, China, and India – Partners or Competitors; Pandemics and Security; and the United States and Iran. Note: The cost of the book is \$15.00 and will be included in the course fee. Book available from the instructors.

Dr. Cerwonka earned his B.A. and M.B.A from Boston

College and his Ph.D. in economics from the University of Missouri. He currently teaches at Piedmont College. Dr. Rudy received his Ph.D. from the Fletcher School of International Diplomacy, Tufts University, and pursued a career in international banking. Dr. Speir earned his Ph.D. from the Graduate School of International Studies at the University of Denver and is president emeritus of Georgia College and State University.

**The Hebrew Bible in Art – Samuel Carlton****Thursday: Feb. 2, 9, 16, 23; 10:00-11:30; Room 139**

This course will use slides to examine selected text, in painting and sculpture, of the Hebrew Bible (the Old Testament).

Dr. Carlton, retired director of studies of the School of Visual Arts in Savannah, received his Ph.D. in classics from the University of Texas (Austin). He received the award for excellence in teaching from the American Philological Association.

**Horticulture on the Homefront – David Berle****Thursday: Mar. 30 / Apr. 6; 10:00-12:00; Room 136 (Mar.), Room 135 (Apr.)**

This class will offer two sessions for home gardeners. The first one, From Rain Barrels to Ponds, will cover the principles of water collection, conservation, and the basics of permanent water garden installation. The second session, Pruning A to Z, will cover the principles of tree and shrub pruning – what kind of equipment to use, when to prune, why to prune, etc.

Mr. Berle is a professor in the Horticulture Department at UGA. He holds a B.S. in agriculture, an M.S. in horticulture, and a master of landscape architecture. His past experience includes working as a county agent, ornamental nursery grower, an owner of two landscaping companies, head horticulturist for the UGA Botanical Garden, and horticulturist for the University's Grounds Department.

**The Human Brain – Faith K. (Kip) Brown****Tuesday: Mar. 7, 14; 10:30-12:00; Room 135**

What does a human brain look like on the outside and inside? What are the functions of its internal structures? Who are some of the people who learned what we now know about our brains? How did they make their discoveries? How can we keep our brains well? These are some of the questions the course addresses.

Ms. Brown received her B.S. from the University of Rhode Island, her M.S. in human physiology from the Medical College of Georgia, and her Ed.S. from UGA. Before retiring, she taught biology, human physiology, and computer use at

Cedar Shoals High School. Her research on cardiovascular physiology and teaching techniques has been published.

**Ice, Fire, and Oceans/Glaciers, Volcanoes, and Shorelines – Mark Rich**

**Tuesday; Jan. 24, 31 / Feb. 7, 14; 10:00-11:30; Room 64 (Jan. 24), Room 135 (last three)**

Some of the most spectacular natural phenomena on earth are glaciers, volcanoes, and shorelines. This course will cover these features, focusing on their description, origins, development, and impact on humans.

Dr. Rich earned his B.A. in geology from UCLA, his M.A. from USC, and his Ph.D. from the University of Illinois, Urbana-Champaign. He came to UGA in 1963 and today is professor emeritus of geology and a fellow of the Geological Society of America.

**International Criminal Tribunals – Maurits van der Veen  
Wednesday: Feb. 1, 8, 15, 22; 10:00-11:30; Room 135**

This course will examine the evolution of international criminal tribunals over time and discuss the promises and pitfalls associated with the International Criminal Court (ICC). We will discuss what types of crimes typically fall within the purview of these courts and how one can assess their achievements will be discussed. Over the course of four sessions, class members will look successively at the Nuremberg trials against Nazi war criminals, the International Criminal Tribunals for Yugoslavia and Rwanda, other current *ad hoc* tribunals (e.g., in Sierra Leone), and the ICC itself.

Dr. van der Veen is assistant professor of international affairs at UGA's School for Public and International Affairs. He received his Ph.D. from Harvard University and previously taught at the University of Pennsylvania. He is a native of the Netherlands.

**Introduction to Microsoft Publisher – Fred Prasuhn  
Friday: Apr. 21, 28 / May 5, 12; 9:30-11:00; Room 143**

This course will cover Microsoft *Publisher* through four sessions: 1. Introduction to *Publisher* and its functions. 2. Creating publications utilizing templates. 3. Creating a newsletter. 4. Constructing greeting cards and flyers.

Mr. Prasuhn is a computer instructor at Athens Technical College where he teaches computer applications and word processing.

**The Liszt Collection – John Maltese  
Wednesday: Feb. 15; 1:00-3:00; Georgia Museum of Art**

The class will view the collection at the Georgia Museum of Art with guidance and narration by Dr. Maltese.

Dr. Maltese is an associate professor of political science in UGA's School of Public and International Affairs (SPIA). He is a 2004 winner of the Meigs Excellence in Teaching Award. He directs a study abroad program at Oxford University in England called SPIA at Oxford and was named Study Abroad Director of the Year by UGA's Office of International Education in 2003. He is also very active in the arts.

**Long-Term Care Insurance – Danny Daniels  
Wednesday: May 3; 10:00-11:00; Room 139**

Long-term care refers to a wide range of health care, social, and residential services for people who, because of illness or infirmity, need assistance in their daily activities. This course, mainly a question and answer session, will address what one can expect from Medicare and Medicaid and what insurance

does and does not cover.

Mr. Daniels has more than 20 years of experience in the insurance business, specializing in long-term care insurance.

**A Look at Japanese Culture – Allie Hardwick, Joseph Harris, and Glen Kaufman**

**Tuesday: Apr. 4, 11, 18; 2:00-3:30; Room 135**

This course includes both professional and informal studies of modern and historic Japan. The role of religion and government regarding change, especially in the last 60 years, will first be surveyed. The course will then move on to an introduction of the principles of interior design; i.e., living space, its features, and Japanese art.

Ms. Hardwick, upon completing graduate work in art of the church at Drew University, was assistant director of the Field School in Washington, D.C. There she implemented courses in the history of art for grades 7-12. She has lectured to professional and other groups on various topics in art history.

Dr. Harris, a botanist with a research specialty in aging, was educated at Emory, UGA, and Duke (Ph.D.). He taught in the University of Wisconsin system and worked cooperatively on research projects at the universities of Texas, Tennessee, and North Carolina, which included work on age reversal and DNA change. Armed Services and professional connections first introduced Dr. Harris to Japan; he has maintained his interest in the country and its culture through subsequent trips.

Mr. Kaufman has served on the UGA faculty of the Department of Art since 1967. He has a B.S. from the University of Wisconsin-Madison and an M.F.A. from the Michigan Cranbrook Academy of Art. A Fulbright grant for study at the State School of Arts and Crafts in Copenhagen led to many research projects, including some focused on Asian works. From 1983-1998 he spent half his time in Kyoto art studios and has developed the UGA Study Abroad Program for students in Kyoto.

**The Medicare Prescription Drug Maze – Elder Rights Team  
Friday: Jan. 27; 9:30-11:00; Room 135**

This group will discuss the drug plan, how to get extra help with monthly premiums, understanding retiree insurance changes, and protecting against identity theft scams.

**Memories Unlost – Zeb Burrell, Jr.  
Wednesday: Jan. 25 / Feb. 1, 8; 12:45-2:15; Room 114 (Jan.), Room 135 (all Feb.)**

The instructor will share some of his 70 recorded recollections from his childhood and youth, noting the pleasure derived in recalling and writing these vignettes. He will also point out that recalling one episode frequently triggers memories of others. Participants will be encouraged to recall and immediately share recollections (not necessarily limited to childhood). They will also be asked to record, either written or taped, vignettes from their early experiences and encouraged to share these with the class.

Dr. Burrell, A.B., M.D., has degrees from Emory University, the Medical College of Georgia, and the University of Pennsylvania Graduate School of Medicine. He is a fellow of American College of Physicians and has held positions at the Medical College of Georgia, Central State Hospital, and Athens Regional Medical Center. He established a private practice in internal medicine in Milledgeville and Elberton and currently serves as a senior research scientist at the UGA Institute of Gerontology.

**Mini American Art History – Paul Manoguerra****Monday: Mar. 6, 13, 20; 2:00-3:30; Georgia Museum of Art**

This course will take advantage of a special display at the Georgia Museum of Art – *Prominent Artists from the Permanent Collection*. Beginning with the original gift of paintings to the museum by its founder, Alfred Heber Holbrook, the Georgia Museum of Art has housed objects created by many of the most renowned artists of European and American culture. For this special display during the tenth anniversary celebration for the new museum building and the Performing and Visual Arts Complex, the museum provides visitors an opportunity to see works of art created by a stellar list of famous artists.

Both sessions will be held in the Lamar Dodd Gallery at the museum. The first session will focus on Albert Bierstadt's *Lower Falls of the Yellowstone* (c. 1881) and nineteenth-century American landscape painting. The second will explore the year 1913 using George Bellows's *Fog Breakers*. The third session will center upon Andy Warhol's *Chicken Noodle Soup*, a screenprint from his Campbell's Soup I portfolio, 1968, and 1960's popular culture.

Dr. Manoguerra has served as the curator of American art at the Georgia Museum of Art since 2002. He received his Ph.D. in American studies, with a focus on American art, from Michigan State University. His scholarship has appeared in several publications, including the *American Art Review*, the *New Georgia Encyclopedia*, and *Nineteenth-Century Art Worldwide*.

**Music and the Art of the Baroque – Allie Hardwick and Stephen Valdez****Thursday: May 4, 11; 11:00-1:00; Room 139**

The forces of both religion and government supported a change in artistic expression from the order and restraint of the Renaissance to expansion of scale and dramatic detail in the early 1600s. This course will focus on the musical works of Monteverdi, Corelli, Vivaldi, Bach, and Handel, and the artistic expression of Caravaggio, Rubens, and El Greco.

Ms. Hardwick completed her graduate work in art at Drew University. She was assistant director of the Field School in Washington, D.C., where she implemented courses in art history for grades 7-12. She lectures to groups on various topics in art history.

Dr. Valdez is currently the chair of the Department of Musicology/Ethnomusicology at UGA. He specializes in American popular music styles, particularly rock, jazz, and the blues. His other areas of study and interest include the Baroque period and the music of the Spanish Renaissance.

**The Next Step in Healthy Living – Kandy Duke****Friday: Feb 3, 10; 10:30-12:00; Room 139**

During the first session, participants will have the opportunity to take a health history, lifestyle assessment, exercise history, and exercise confidence survey to see where each should begin. The class will discuss important things to work on in living a healthier life. During the second session, participants will use partners in the class to assess flexibility and structural stability. Class will practice easy Yoga and Pilates moves that will give an idea of how these practices can contribute to a healthy lifestyle.

Dr. Duke is a Pilates, Yoga, and Hydrobics instructor at various clubs and studios in Athens. She works as a personal trainer and finds fulfillment working with those with health issues, beginners, seniors, and individuals wanting to enhance

their well-being. She has a Ph.D. in horticulture and is a master gardener. She is a mentor with the Clarke County Mentoring Program and serves on the Georgia State Master Gardener's Association Board.

**Reading the Old Testament with Understanding and Awe – Tina Carlson****Monday: Jan. 23, 30 / Feb. 6, 13, 20, 27/ Mar. 6; 2:00-4:00; Room 135 (all Jan. & Feb.), Room 64 (Mar. 6)**

The Hebrew Scriptures (Old Testament) are the story of a people coming to terms with what it means to be people of God. Thus this class can illuminate our personal stories of faith development. This course will be taught from the perspective of and with the presumption of Christian faith, but is open to anyone interested. It will include Biblical history, sources, literary forms, and ancient contemporary cultures/politics, in addition to discussions of the patriarchs, Moses, the Judges, and the Kings.

Ms. Carlson has taught adult Christian Education for 14 years. She has been active in the church her entire life, has been a Sunday School teacher, a director of Christian Education, written a Sunday School curriculum, given children's sermons, and done occasional gigs of clown ministry. She is a member of St. Gregory the Great Episcopal Church in Athens.

**Scandinavian Smorgasbord – U. Kristina Stephens****Thursday, Apr. 27, 2:00-5:00; and Friday, Apr 28, 2:00-7:00; Instructor's home**

This two-session course will introduce students to a traditional Scandinavian cooking experience and sit-down dinner. Thursday afternoon will include the preparation of certain Scandinavian dishes and Friday will involve the final preparation and then the dinner. The course will take place at the instructor's house. Maximum number of participants for this class is 10. Cost of the course is \$40 (for food supplies.) (Confirmation notice will include the instructor's address/directions.)

**Scientific Interests in the South: Problems and Progress to the 1930s – Lester Stephens****Monday: Feb. 13, 20, 27; 2:00-4:00; Room 139**

This course surveys the development of scientific interests in the American South from the colonial period to the Post-WWI era. Focusing on the nineteenth and early twentieth centuries, it explores the interplay of science, particularly natural history, with religion and social conditions, and examines scientific constraints and achievements within the broader context of scientific inquiry elsewhere in the nation.

Dr. Stephens is professor emeritus of history at UGA, where he has served since 1963. For 10 of those years he was chairman of the Department of History. He is particularly interested in natural history and biology, and serves as an associate of the Georgia Museum of Natural History. He has received many awards for excellence in teaching.

**Southeast and Georgia Geology – Gilles Allard****Monday: Apr. 10, 17, 24; 9:30-11:00; Room 139**

The course will be a short plate tectonics review of the Southern Appalachians, with a review of minerals and rocks, (igneous, sedimentary, and metamorphic) and a history of the Southern Appalachians. Closer to home, the class will look at the construction of a cross section from the Cumberland Plateau to Tybee Island, with a discussion of the structures involved and variation in rock types and ages.

The final discussion will include mineral resources and their importance in our lives.

Dr. Allard is professor emeritus of geology at UGA. He was educated in French-speaking Quebec. He earned a B.S. from the University of Montreal, an M.S. from Queen's University in Ontario, and his Ph.D. from Johns Hopkins.

**The Speaker in the Poem – James Kissane**  
**Tuesday: Apr. 18, 25 / May 2, 9; 10:00-11:30; Room 139**

The object of this course will be to explore the often complex relationship between the poet and the imagined speaker(s) through the examination of selected poems. The class will discuss ways in which poems take advantage of the various possibilities for self-expression on the one hand and characterization on the other.

Dr. Kissane holds a Ph.D. in English from the Johns Hopkins University and is professor emeritus of literature at Grinnell College, where he taught for 38 years. His teaching has focused on English Romantic and Victorian literature and his publications include books, articles, and reviews about such poets as Wordsworth, Keats, Tennyson, G. M. Hopkins, and T. S. Eliot.

**Strength Training at Ramsey – Elaine Cress**  
**Tuesday and Thursday: Jan. 24 through Apr. 25 (except Mar. 14, 16); 12:15-1:45; Ramsey Center**

This course will teach the basic principles and techniques of resistance training with the intent of jump-starting participants' regimen into a lifetime of resistance training. The instructor will end each session with stretching based on Yoga principles. Participants will receive an initial and final strength and power evaluation. A physician's clearance is required. Registrants will receive the form at the time of registration. Regular attendance is necessary, both for the participants and the college students working with them. Note: Participants will pay a parking fee of \$3.00 per session at the Ramsey parking deck instead of buying parking passes from LIR. There will be no fee payable to LIR for this course, but you must register on the registration form.

Dr. Cress is an associate professor in the UGA Department of Kinesiology and a member of the faculty of the School of Gerontology. She has academic training in exercise physiology, gerontology, and over 20 years of experience conducting exercise programs with older adults.

**Symbolism in the Rural Landscape Cemetery – Charlotte Thomas Marshall**

**Thursday: Mar. 2, 9, 16; 10:00-11:30; Room 139**  
 The first session will trace the development of the rural landscape cemetery, which evolved during the early 1800s, permitting the middle class to have permanent lots and personalized markers. A slide presentation during the first two sessions will illustrate styles of mortuary art and the extensive kinds of symbols used during the Victorian period. The pictures were shot in a number of cemeteries across Georgia and one in Kingston, New Jersey. The third session will be a tour of the nineteenth-century portion of Oconee Hill Cemetery.

Following graduation from Wesleyan College, Ms. Marshall worked there as an admissions counselor, traveling widely across the Southeast and extensively in Georgia. She eventually came to Athens to work at UGA in a similar, but non-traveling, capacity. She began researching the town's history and families in 1970, documenting the history of the Taylor-Grady House and editing tombstone inscriptions on the original part of Oconee Hill Cemetery. Her research has

expanded to the development of Athens, the UGA campus, churches, and other institutions. She has previously taught classes on historic houses of Athens for LIR.

**Violence and Compassion: Opposing Traits in Human Behavior – Marion Rice**

**Wednesday: Feb. 1, 8, 15, 22; 9:30-11:30; Room 139**  
 This is a reading/discussion class based on the 2005 book by Frans de Waal, *Our Inner Ape* (available at Borders). Class members will concentrate on the first five chapters: Apes in the Family, Power, Violence, Kindness, and The Bipolar Ape. De Waal is currently the C. H. Candler Professor of Psychology at Emory University and director of the Living Links Center at the Yerkes Primate Center. A trip to Atlanta Zoo can be arranged if class is interested.

Dr. Rice is professor emeritus and served as chairman of the UGA Social Studies Department. He was co-director of the Anthropology Curriculum Project in the '60s and did extensive travel in Mexico and India in the '70s. He has been an active teacher in the LIR program.

## WINTER TRAVEL/STUDY EVENTS

**An Evening at the High Museum**  
**Friday, February 17**

This afternoon/evening trip to Atlanta will feature a meal first as we stop at the Journey's End Restaurant in Loganville for an early buffet. We will then continue on to the High Museum of Art for a viewing of the paintings and drawings of Andrew Wyeth, one of America's most beloved artists. As well as the seeing the exhibit, jazz lovers can enjoy a continuous live performance in the reception area of the museum. This is also an opportunity to see the recently completed addition to the center.

The bus will leave the upper parking lot of Home Depot, Epps Bridge Road, at 3:30 p.m. and is estimated to return by 9:30. Total cost of the trip, including transportation, dinner, and museum entry fee, will be \$47 per person. Space is limited, so please make your reservation(s) no later than January 27. For additional information, call Ron Cerwonka at 706-543-7780. (NOTE: The High Museum is handicap accessible.)

Mail your check, made payable to Learning in Retirement, Inc., and reservation form to Amy Munnell. *Reservations are due by January 27.*

**Abbeville Theatre Weekend**  
**Friday and Saturday, March 10 and 11**

This theatre weekend package, repeated by request, includes an overnight stay at the historic Belmont Inn in Abbeville, S.C., tickets to the Burt Stark Mansion, a complimentary cocktail on Friday afternoon, a plantation style-dinner, coffee and dessert at the Inn either before or after the play, and tickets for the Abbeville Opera House production of *Steel Magnolias*. A full breakfast is included on Saturday morning.

Abbeville is a community replete with art and history. Jefferson Davis, Sarah Bernhart, and John C. Calhoun played parts in its rich history. The Abbeville Opera House, with its scarlet and gold interior, is the official State Theatre of South Carolina. Paintings depicting 100 years of Abbeville history are displayed at the Welcome Center. For shoppers, spacious tree-lined Court Square offers enticing opportunities.

The cost of the weekend package is \$179 per couple for a queen bedroom or \$169 for a twin bedroom. Transportation to and from Abbeville is not included. You may wish to carpool or drive yourself. Need a roommate? Let us know. Space is limited, so please first call Frances Lang at 706-353-7733 to reserve your space, ask any questions, and obtain directions. Once Frances confirms your reservation, send full payment to her by February 15. Mail your check, made payable to *Learning in Retirement, Inc.*, with the reservation form to Frances Lang, 156 South Homewood Drive, Athens, GA 30606-1704. *Payment is due by February 15.*

### **In the Works**

Keep April 6 open for a trip to the Dawsonville Kangaroo Conservation Center. This travel day will also include a demonstration of Border Collies at work and lunch at Amicolola Falls Lodge. Our next newsletter will include more information.

## **WINTER SOCIAL EVENTS**

### **A Taste of France at the Maison Bleu**

**Wednesday, January 18, 12:00**

Celebrate the new year in Watkinsville with lunch at Maison Bleu's new location in the town center building on the corner of Main Street and Barnett Schoals Road. You'll find a delightful décor, delicious food, and plenty of parking. Entrees run from \$6.50 to \$11.50 (not including beverage, gratuity, and tax). We will pay for our food individually, but must make a reservation to ensure seating. To do so, call Mary Ready at 706-552-0508. *Reservations are due by January 13.*

### **Coffee at Panero Bread Company**

**Thursday, January 26, 10:00**

Chilly end of January will be the perfect time to get out of the cold and warm up with friends and some goodies at Panero's on the Atlanta Highway. They have an excellent selection of sweets and breads.

### **Sunday Morning Buffet at the Savannah Room**

**Sunday, February 5, 12:00**

You can't overdo a good thing. The buffet brunch at the Savannah Room in the Georgia Center for Continuing Education was such a success last fall that we're doing it again. We'll meet in the foyer at 11:45 and go into the dining area together. The selection of delectables is broad, and the brunch package includes beverage and dessert.

The meal will cost \$14.50, including tax and gratuity. We will pay individually at the restaurant, but must make reservations. If you park in the parking deck adjacent to the building, be sure to bring your parking ticket along and get it stamped for a \$1.00 savings. To make your reservation and ask any questions, call Phyllis Lane at 706-548-1606. *Reservations are due by February 3.*

### **Coffee at Zim's**

**Tuesday, February 21, 10:00**

If you're in the mood for a delicious warm bagel, Zim's Bagel Bakery and Café at the Beechwood Mall is the place for it. They specialize in a vast assortment of bagels, and there is no shortage of other tasty baked goods that go down well with coffee or tea. After socializing with other LIR members take this opportunity to explore the many new shops that have shown up during the recent extensive renovation that the mall has been undergoing.

### **Afternoon Brunch at the Hilltop Grille**

**Sunday, March 12, 1:00**

The Hilltop Grille offers Sunday brunch through the early part of the afternoon. A blustery March afternoon seems the ideal time to enjoy a leisurely repast with friendly folks in the Grille's attractive atmosphere. Brunch offerings include French toast, omelettes, Eggs Wellington, and Crab Benedict. Depending on selection, meal prices range from \$7.00 to \$13.00, not including sides and beverages, tax, and gratuity. We will pay individually at the restaurant but need to make a reservation in order to be seated together. Call Phyllis Lane at 706-548-1606 – *reservations are due by March 9.*

### **Afternoon Coffee at Barnes & Noble**

**Wednesday, March 22, 2:00**

How about a change of pace with an afternoon coffee get-together? Books and music aren't the only items in Barnes & Noble's inventory. The bookstore, located on the Atlanta Highway, has a cozy café area for its patrons and stocks up on baked goods and rich cheesecake from "The Cheese Factory." Come and mix a little social activity with some fun book browsing time.

### **How Fit Are You?**

Another date to mark on your calendar is March 7. The YWCO is again holding a fitness assessment morning for us. Our next issue will include the specifics.

## **2006 SENIOR LEADERSHIP ACADEMY**

The Athens Community Council on Aging annually sponsors the Athens Senior Leadership Academy directed at retired and semi-retired persons in the greater Athens area. The community-awareness program allows participants to explore current issues in the community and find ways to contribute leadership skills and expertise to the well-being of us all. It's an excellent way to learn about volunteer opportunities and self-enrichment programs while also making new friends with like minds and interests.

The course meets on eight consecutive Thursdays, beginning on February 2, and covers the areas of business, government, education, health care, human services, arts and humanities, and UGA. Locations vary according to topic. Sessions run from 9:00 a.m. until 2:00 p.m. and include catered lunches and supplies. Tuition is \$60 if paid before Jan. 12, 2006, and \$80 if paid after that date. (Partial scholarships are available.) The class is limited to 30 people. For more information and an enrollment form, drop by the ACCA office at 135 Hoyt Street, or call 706-549-4850.

# LIR WINTER/SPRING 2006 COURSE REGISTRATION FORM

In the case of couples, each party should fill out one side of this form. Couples may, however write one check for the combined cost.

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_

Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

Email: \_\_\_\_\_

*Note: We send email notices/reminders of events*

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## LUNCH AND LEARN LECTURE SERIES

All five lectures	\$ 65	_____
Jan. 23 Recent Disaster Factors	\$ 15	_____
Feb. 6 Our Future Leadership	\$ 15	_____
Mar. 6 Inside UGA	\$ 15	_____
Apr. 3 Marine Biology	\$ 15	_____
May 1 History of UGA	\$ 15	_____

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Apr. 3 Marine Biology	\$ 15	_____
May 1 History of UGA	\$ 15	_____

## WINTER/SPRING COURSES

Actor and Director	\$12	_____
Advanced Microsoft Word	\$12	_____
AARP Driver Safely	\$ 6	_____
Battle of Kettle Creek	\$ 3	_____
Culture/Crafts of Oaxaca	\$ 6	_____
Creativity Potential	\$ 9	_____
Economics	\$ 9	_____
French Film	\$ 6	_____
Friday at Movies – Hitchcock	\$18	_____
Great Decisions	\$24	_____
Hebrew Bible in Art	\$12	_____
Horticulture on the Homefront	\$ 6	_____
The Human Brain	\$ 6	_____
Ice, Fire, and Oceans	\$12	_____
International Criminal Tribunals	\$12	_____
Introduction to Publisher	\$12	_____
The Liszt Collection	\$ 3	_____
Long-Term Care Insurance	\$ 3	_____
A Look at Japanese Culture	\$ 9	_____
The Medicare Drug Maze	\$ 3	_____
Memories Unlost	\$ 9	_____
Mini American Art History	\$ 9	_____
Music and Art of the Baroque	\$ 6	_____
Next Step in Healthy Living	\$ 6	_____
Reading the Old Testament	\$21	_____
Scandinavian Smorgasbord	\$40	_____
Scientific Interests in the South	\$ 9	_____
Southeast and Georgia Geology	\$ 9	_____
The Speaker in the Poem	\$12	_____
Strength Training	\$ 0	_____
Symbolism in Rural Cemetery	\$ 9	_____
Violence and Compassion	\$12	_____

TOTAL \$ \_\_\_\_\_

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Music and Art of the Baroque	\$ 6	_____
Next Step in Healthy Living	\$ 6	_____
Reading the Old Testament	\$21	_____
Scandinavian Smorgasbord	\$40	_____
Scientific Interests in the South	\$ 9	_____
Southeast and Georgia Geology	\$ 9	_____
The Speaker in the Poem	\$12	_____
Strength Training	\$ 0	_____
Symbolism in Rural Cemetery	\$ 9	_____
Violence and Compassion	\$12	_____

TOTAL \$ \_\_\_\_\_

Make your check payable to *Learning in Retirement, Inc.*, and mail with this form to Amy Munnell, 125 University Drive, Athens, GA 30605-1435 OR bring it to the registration meeting on January 9.

If you have questions regarding registration, call Amy at 706-354-0361 or email her at [nega\\_writer@yahoo.com](mailto:nega_writer@yahoo.com). If you have questions about course content, call Jeani Goodwin (706-548-1915) or Sue Speir (706-548-7943).

## WINTER TRAVEL/STUDY RESERVATION FORMS

### **An Evening at the High Museum, Friday, February 17** *Reservation forms are due by January 27 – space is limited*

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Telephone: \_\_\_\_\_ Email \_\_\_\_\_

Cost is \$47.00 per person and includes all expenses.

\_\_\_\_\_ No. of reservations x \$47.00 = \_\_\_\_\_ enclosed

Mail this reservation form with check made payable to *Learning in Retirement, Inc.*, to Amy Munnell, 125 University Drive, Athens, GA 30605-1435.

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### **Abbeville Theatre Weekend, Friday and Saturday, March 10 and 11** *Call Frances Lang at 706-353-7733 first for reservation* *Payment is due by February 15 – space is limited*

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Telephone: \_\_\_\_\_ Email \_\_\_\_\_

Cost is \$169 or \$179 per couple and includes all expenses. Designate below.

\$169 per couple for room with twin beds: \_\_\_\_\_ enclosed

\$179 per couple for room with double beds: \_\_\_\_\_ enclosed

Mail this reservation form with check made payable to *Learning in Retirement, Inc.*, to Frances Lang, 156 South Homewood Drive, Athens, GA 30606-1704.

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*Clip and save*

### **Dates to Mark on Your Calendar**

Monday, Jan. 9	Winter/Spring Registration, Holiday Inn Express
Wednesday, Jan. 18	Lunch at Maison Bleu
Monday, Jan. 23	Lunch & Learn: Geologic Factors in Recent Disasters
Thursday, Jan. 26	Coffee at Panero's
Sunday, Feb. 5	Morning Buffet at Savannah Room, Georgia Center
Monday, Feb 6	Lunch & Learn: Our Future Leadership
Friday, Feb. 17	Evening at the High Museum
Tuesday, Feb. 21	Coffee at Zim's
Monday, Mar. 6	Lunch & Learn: Inside the University
Friday/Saturday, Mar. 10-11	Abbeville Theatre Weekend
Sunday, Mar. 12	Afternoon Brunch at Hilltop Grille
Wednesday, Mar. 22	Coffee at Barnes & Noble