

LIR NEWSLETTER

LEARNING IN RETIREMENT, INC., AT THE UNIVERSITY OF GEORGIA

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Learning in Retirement, Inc.
P.O. Box 49182
Athens, GA 30604-9182

Telephone: 706/549-7350

Please leave a message, and someone will return your call.

LIR Website Address:
www.geron.uga.edu/lir

LIR Email Address:
lir_ga@yahoo.com
Be sure we have your current email address!

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SPRING SEMESTER 2004 REGISTRATION

Welcome to the Spring Semester of Learning in Retirement! Even though many of us will still have holiday decorations up in our homes when this newsletter arrives, it IS time to consider activities for Spring Semester. Learning in Retirement provides a varied program of courses taught by outstanding experts on selected topics. The Lunch and Learn Lecture Series each semester presents thought-provoking information and ideas for our consideration, and there are ongoing Special Interest Groups. Both an active travel/study program and a social program enrich the courses. Keeping mentally active is very important to a successful retirement, and we believe you will enjoy exploring many new and renewed interests with other members.

Spring Semester Registration will be held at the Holiday Inn Express Motel on the corner of Broad and Newton Streets on Monday, January 12, 2004, between 9:30 and 11:30.

There is ample parking near the motel entrance facing Broad St., which is the entrance we should use. Please join us for hot spiced cider and a selection of muffins and sweet rolls. You can register for courses, for the Lunch and Learn lectures, for travel/study trips or other events. The membership committee will be available to take half-year memberships for new members. If you registered by mail, come anyway to visit with everyone.

Classes are filled on a first-come, first-served basis. Because of limited space in some classes, registration by mail is advisable. To register by mail for classes, the Lunch and Learn Series, travel-study events, or social events, send the appropriate form and check to Amy Munnell. Her address is on the registration and reservation forms.

A LETTER FROM THE PRESIDENT

May I wish you and yours a most Happy New Year, suffused with confidence and optimism overriding personal and public cares? After all, LIR exists to help us all maintain such a state!

Anticipating the new semester, we can count on a broad and deep selection of courses that reflect wide areas of interest, built on our increased membership with a healthy curiosity and love of learning. We have 23 spring courses from which to choose this time, so go to it! In travel and study, we have a similar burgeoning, for the same reasons. In the immediate offing are day trips to Historic Watkinsville, an overnight to the Abbeville Opera House, and a tour of the famed Andersonville Prison. A study trip of three days to Sapelo Island and to Savannah is on for mid-April. There is more to come, too!

This is a good time to reflect on the fortune we have in continuously claiming such talented and dedicated instructors. This is really extraordinary, a tribute to the profession of education as exhibited in Athens, a Mother Lode if ever there was one. Active and retired UGA faculty, experienced residents in other occupations, and our own members form this cadre from which we benefit. Please take every opportunity to show your appreciation to these people who are the foundation of our endeavors.

Another group that should be thanked are our various sponsors: the Gerontology Center, the Institute of Higher Education, and the Athens Community Council on Aging, Inc. They support and foster our wellbeing in countless ways. Your Board works to maintain these relationships, with your help. We are now exploring the manner in which we can benefit the University more directly in its academic work, probably through the College of Education, where opportunities appear ripe. I shall report on these discussions in subsequent letters.

Don't forget your New Year's resolutions!
John Rudy, President

COURSES BY DAY OF THE WEEK

Mondays

The Challenge of Genetics in the New Millennium - Feb. 9 & 16, 9:00-10:00 in Room 135
 How Religion Shaped America II - Apr. 12, 26, May 3, 10, 17 & 24, 1:00-3:00 in Room 129
 Inside the University - Feb. 9, 16 and Mar. 1, 10:30-12:00 in Room 139

Tuesdays

Contemporary Cuba - Jan. 27 & Feb. 3, 9:30-11:00 in Room 135
 Creative Writing - Jan. 27 & Feb. 3, 2:00-3:30 in Room 129
 History of the Theater from the Greeks to Shakespeare - Feb. 3, 10, 17, 24, Mar. 2 & 9, 9:00-10:30 in Room 135
 Home, Personal, and Financial Security - Apr. 20, 27, May 4, 10:00-12:00, Athens-Clarke County Police Services on Lexington Rd.

Tuesdays & Thursdays

Strength Training at Ramsey - Jan. 27 to April 29 (except Mar. 9 & 11), 12:15-1:45, Ramsey Center

Wednesdays

Great Decisions - Jan. 28, Feb. 4, 11, 18, 25, Mar. 3, 10, 17, 9:30-11:00 in Room 129
 Home Smarts for the Young at Heart - Mar. 3, 10, 17 & 24, 11:00-12:30 in Room 139
 Investigating the *Windows XP* Operating System - Jan. 28, Feb. 4, 18, & 25, 11:00-12:30 in Room 143
 Keeping the Brain Alive - Feb. 4, 11, 18, 2:00-4:00 in Room 113
 Memory, Its Tricks and Their Controls - Feb. 25, Mar. 3 & 10, 2:00-4:00 in Room 113
 Opera for Beginners - Jan. 28, 1:00-2:30 in Room 135
 Sharing Books with Children - May 5, 12, 19 & 26, 10:00-11:30 in Room 129
 Word II - Apr. 7, 14, 21 & 28, 11:00-12:30 in Room 143

Thursdays

The Origin and Development of the American Musical Theatre - April 8, 15 & 22, 1:00-3:00 in Room 139
 Rivers, Estuaries, and Marine Fisheries - Jan. 29, Feb. 5, 12, 19, 26, & Mar. 4, 9:30-11:00 in Room 135
 Legal Issues for the 21st Century - Apr. 29, May 6, & 13, 2:00-3:30 in Room 129
 PowerPoint - May 6, 13, 20 & 27, 11:00-12:30 in Room 143

Fridays

Creating Beautiful Spaces II - Apr. 2, 9 & 16, 9:00-11:00 in Room 139
 Islam in America - Feb. 20, 27, Mar. 5, 9:00-10:30 in Room 139
 Word I - Mar. 5, 12, 19, Apr. 2, 11:00-12:30 in Room 143

LUNCH AND LEARN LECTURE SERIES

The lecture series will be held at the Athens Community Council on Aging, Inc., 135 Hoyt Street, just north of downtown in the old depot building. The lectures will be Monday, February 23, March 15, and April 19 at 11 o'clock, followed by a lunch catered by Trumps.

Monday, February 23

Dr. Harold Brown, The Greening of Georgia.

Dr. Brown's talk will be about the improvement of Georgia's environment in the 20th century. He will describe how changes in land use, restoration of lands, the cleaning of water and air, and the restocking of wildlife have all led to improving the quality of life in Georgia. The subject matter is derived from his latest book entitled *The Greening of Georgia*, published by Mercer University Press, 2002. Dr. Brown attended Abraham Baldwin Agricultural College and the University of Georgia. His PhD is from Virginia Polytechnic Institute where he taught for two years. He then went to Texas A&M University Research Station for two years, and specialized in plant physiology at the University of Georgia from 1968 until his retirement in 1995.

Monday, March 15

Dr. Ronald Simpson, Increasing the Quality of Life through a Renewing Hobby.

At the age of ten, Dr. Simpson received an unexpected gift of a pair of bantam chickens, which led to his love of biology and later an interesting and somewhat rare hobby, which has contributed in many ways to the quality of his life. Dr. Simpson is Professor Emeritus of Higher Education and Science Education and Director Emeritus of the Office of Instructional Development at the University of Georgia. His BS and MS degrees in biology are from the University of Tennessee, and his doctorate in Science Education is from UGA. He taught here and at N.C. State, but returned in 1981 to serve 15 years as director of the Office of Instructional Development and five years with the Institute of Higher Education. In 2001 he received the Board of Regents Teaching Excellence Award, and he continues to teach and work with graduate students in the Institute.

Monday, April 19

Mayor Heidi Davison, An Update on City and County Issues.

Heidi Davison is no stranger to the rich tradition of community activism in Athens, having been an educator and a community volunteer. A graduate of the University of Georgia with MEd in Middle School Education, Ms. Davison taught Language Arts in Social Circle City Schools and in the Oconee County School System. She graduated from and worked with the Leadership Athens program, and served as its director from 1996 to 2001. She helped develop a senior leadership program for the Athens Community Council on Aging. She is currently affiliated with the J.W. Fanning Institute for Leadership, serves on the SPLOST Citizens Overview Committee, and is President of the Lyndon House Arts Foundation. She was elected Mayor of Athens-Clarke County in 2002.

SPRING SEMESTER 2004 COURSE DESCRIPTIONS

Note: All classes will meet in the Rivers Crossing building on College Station Road, unless otherwise stated.

The Challenge of Genetics in the New Millennium, Dr. Jonathan Arnold

Monday, Feb. 9 & 16, 9:00-10:00 in Room 135

In the first session we will discuss a framework for the new genetics, namely genetic networks, that promises to allow us to understand the genetics of traits controlled by many genes. Those traits, such as aging, cancer, heart disease, and what makes us human, are to be found in the genetic blueprint of a human being. The second lecture will focus on the problem of reconstructing a genetic network to understand a trait such as aging, which is controlled by many genes. This involves identifying all the chemical reactions in a cell that are relevant to the aging process.

Dr. Arnold is a Professor of Physics with adjunct status in Statistics and Physics. His current research interests include bioinformatics, computational biology, and fungal genomics. He pioneered the creation of new genome technologies in filamentous fungi. His laboratory, utilizing robotics technology, is creating physical maps of model systems, including the major killer of AIDS patients (*Pneumocystis carinii*) and bread mold (*Neurospora crassa*). He has worked in a Contextual Learning Program, teaching in a freshman core cluster (involving English, Philosophy, and Biology).

Contemporary Cuba, Dr. S. Eugene Younts

Tuesday, Jan. 27 & Feb. 3, 9:30-11:00 in Room 135

This course will focus on a look at Cuba as it exists today. The first session will cover early personal brushes with Cuba, geography, demographics, economy, history, and U.S.-Cuban relationships. Dr. Younts will also discuss how he came to visit the country. The second session will be built around a presentation of slides depicting people, places, and things as they exist in the early 21st century, followed by further thoughts about Cuba in general and some speculations about the future. Dr. Younts has two degrees from North Carolina University in soil science, and his PhD is from Cornell in agronomy. He is Vice President Emeritus of the University of Georgia and a Distinguished Public Service Scholar. During the past three years, he has been to Cuba five times and has written a book entitled *Hola Cuba* based on these experiences. Next year he will begin writing a book about his early life in rural North Carolina. His hobbies include photography, making golf clubs, gardening, learning languages, traveling, and playing golf.

Creating Beautiful Spaces II, Ronda Webb

Friday, Apr. 2, 9, & 16, 9:00-11:00 in Room 139

Ms. Webb will continue her sessions with LIR by concentrating on decorating for spring/summer. She will also offer more tips on color and utilizing space, organization for maximum efficiency, and making one's home more accessible as one ages. She will offer tips on using ordinary items in unusual ways. Most of all, Ms. Webb is interested in helping people use the personal items that are most important to them in decorating.

Ms. Webb is the owner of Fresh Start Interiors. She especially enjoys meeting new people and assisting them in making their homes reflect their personalities and interests. Her goal is to show each customer how to obtain his or her own "retreat home" without spending a fortune.

Creative Writing, Sheila Hudson

Tuesday, Jan. 27, Feb. 3, 2:00-3:30 in Room 129

This course will emphasize nonfiction writing, especially journaling in various forms and memoirs. Discussions will include freelancing opportunities and writing styles, generating ideas, and practical procedures for marketing. The course will encourage writing for posterity, using writing skills for nonprofit groups and examining target markets.

Ms. Hudson, founder of Bright Ideas, is a freelance writer and speaker. She has contributed stories to seven of the "Chocolate for Women" series and also to the anthologies: *The Book of Hope*, *God Allows U-Turns*, *Love Stories*, and *The Expressive Heart*. She writes regularly for the *Athens Magazine*, *Athens Banner Herald*, *Christian Standard*, and *Lookout Magazine*. In 2001 she was a regular columnist for the *Christian Standard*. Ms. Hudson writes profiles, features, essays, humor, how-to, and travel articles. She has won awards for her non-fiction, personal narratives, and children's picture books.

Great Decisions, Dr. John Rudy and Dr. Ed Speir

Wednesday, Jan. 28, Feb. 4, 11, 18, 25, Mar. 3, 10, & 17, 9:30-11:00 in Room 129

This is a discussion course that will use the Foreign Policy Association briefing book, *Great Decisions* (2004 Edition) as the primary source. Topics for 2004 include Media and Foreign Policy, Middle East Reform, Latin American Overview and others. The discussion leaders will provide several brief supplementary handouts, and short videos may be presented as case studies of one or more of the issues to be explored. The cost of the briefing book is included in the course price.

Dr. Rudy received his PhD in International Relations from the Fletcher School of International Diplomacy of Tufts University. He has enjoyed a career in international banking. Dr. Speir earned a PhD in International Relations from the Graduate School of International Studies at the University of Denver. He has worked and traveled extensively overseas and is Professor and President Emeritus at Georgia College and State University.

History of the Theater from the Greeks to Shakespeare, Dr. August Staub

Tuesday, Feb. 3, 10, 17, 24, Mar. 2, & 9, 9:00-10:30 in Room 135

This course will present the people, places, and events of Western theater, including theories of the drama and production practices. The first two sessions will examine Greek and Roman theater using as resources the plays *Oedipus*, *Lysistrata*, and *The Brothers Menaechmi*. Sessions three and four will focus on Medieval and Italian Renaissance theater using as sample plays *Everyman* and *The Second Shepherd's Play*. The last two sessions involve Spanish Renaissance and English Elizabethan theater and will examine Lope de Vega's *The Sheep Well* and *As You Like It* by Shakespeare.

Dr. Staub is Professor Emeritus of Drama at the University of Georgia. He holds a Bachelor's degree in English and a Masters and PhD in Theater from LSU. In addition to his years of teaching at several universities, he was Producing Artistic Director of the Jekyll Island Musical Comedy Festival, directed the Highlands Playhouse and Marietta's Theater in the Square, and was Executive Producer of the Georgia Repertory Theater. He has

written plays, acted professionally, and authored three books and many articles on drama.

**Home, Personal, and Financial Security, Capt. Carter Greene
Tuesday, Apr. 20, 27 & May 4, 10:00-12:00 at Police Services
Building, Lexington Road**

Capt. Greene will describe the role of the Athens-Clarke County Department of Police Services in helping provide home, personal, and financial security to the citizens of the county. The first session will deal with the 911 communications system, including a tour of the communications facility. The second session will deal with crime prevention, self-defense, home and personal burglary prevention, car jacking, safe living, and more. The third session will focus on areas of security such as identity theft, internet fraud, scams, and credit card fraud. The Police Services building on Lexington Road is on the north side of the street just before the Tag Office.

Capt. Greene graduated from George Mason University with a BS in Law Enforcement. He came to Athens in 1984. He has worked in the Traffic Division, C.I.D. where he investigated burglaries, then auto theft, and finally financial crimes. In 1994 he was promoted to Sergeant and assigned to Evening Watch until 1997 when he became the Division Commander's Assistant. He was promoted to Captain in 2002.

**Home Smarts for the Young at Heart: Fast Forward Back to
the Future, Rebecca Stahr and Teresa Nunn**

Wednesday, Mar. 3, 10, 17 & 24, 11:00-12:30 in Room 139

The varying demographics of a changing population will alter the concept of "home" as we know it. Winston Churchill said, "We shape our houses, and then they shape us." Learn how the shape of your future will depend on the choices you make today about whether you will continue to be controlled by your home, or your home can start delivering more value to you. This course will include the basics of Universal Design, resources, products, examples and case studies of one of the fastest growing trends in housing today.

Rebecca Stahr is President/CEO of LifeSpring Environs, Inc., and current President of the Universal Design Alliance. She holds undergraduate degrees from LSU and Georgia State and a Masters Gerontology Certificate from Georgia State. As a Registered Interior Designer, she trains builders, re-modelers, realtors, developers, and homeowners how to have the home of the future now and for a lifetime. Teresa Nunn's interest in housing design for comfort, safety, and accessibility has evolved through years of training and personal experience. She holds a bachelor's degree from the University of Kentucky and is a 2003 recipient of a MA degree in Housing and Consumer Economics from UGA. She recently conducted the first national empirical study of consumers' use of Universal Design features in their homes. She is on the Board of Directors of the Universal Design Alliance.

How Religion Shaped America II, Dr. Alex Williams

Monday, April 12, 26, May 3, 10, 17 & 24, 1:00-3:00 in Room 129

Although this is the second part of a course begun Fall Semester, you can take part II without having taken Part I. The first part dealt with pre-colonization times up until the Revolutionary War in America. This session will deal with religious diversity, religion and slavery, how various churches in America contributed to political independence, religion and education, the churches and the Federal Constitution and state constitutions, and tensions between church and state.

Dr. Alex Williams is a graduate of Emory University, Columbia Theological Seminary, and McCormick Theological Seminary. He was Minister to Youth and Community at First Presbyterian Church, Atlanta, for 10 years, and UGA Presbyterian Campus Minister for 23 years. He has taught religion at UGA and Piedmont College.

**Inside the University, Dr. Tom Bowen and Dr. Bonnie Yegidis
Monday, Feb. 9, 16 and Mar. 1, 10:30-12:00 in Room 139**

Drs. Bowen and Yegidis will take us into the management and academic concerns and plans of senior university administration with presentations and discussion. Dr. Bowen, Associate Vice President for Finance and Administration, will review UGA history as well as strategy and the future from the vantage point of those who are responsible for the master plan as well as day-to-day management. Dr. Yegidis, Associate Provost, will delve into strategic priorities and policy development concerned with academic affairs as well as faculty administration.

J. Thomas Bowen, Jr., with three degrees from UGA, has been on the staff for 30 years in posts ranging from teaching organizational communications to administration in academic affairs, institutional planning and facilities management. He is the senior official responsible for campus space and for overall administrative issue resolution by the Office of the Senior Vice President for Finance and Administration. Bonnie Yegidis was named Associate Provost in July 2003, having been Dean of the School of Social work since 1995. Her expertise extends from social work teaching and research to international education and higher education administration. She is a member of the University Council Executive Committee and served on the committees establishing the School of Public and International Affairs and the Dean's Committee of the School of Environmental Design.

Investigating the Windows XP Operating System, Mr. David Wynne

Wednesday, Jan. 28, Feb. 4, 18, & 25, 11:00-12:30 in Room 143

Windows XP operating system is the software that helps the computer carry out operating tasks such as displaying information on the computer screen and saving data to your disks. You will learn to start and shut down *Windows*, identify objects on a windows desktop, practice keyboard and mouse functions, run software programs, switch between them and close them. You will be able to identify and use the controls in a window and use *Windows* controls such as menus, toolbars, list boxes, scroll bars, option buttons, tabs, and check boxes. You will also explore the windows help system, work with files to format a disk, enter-select-insert-delete your data disk, view the list of files on your disk and change view options as well as move, copy, delete, and rename a file, and navigate a hierarchy of folders.

Mr. Dave Wynne has worked for the University of Georgia for seven years. He teaches software to the faculty, staff, and students in the College of Education.

Islam in America, Mr. Wael Doukmak

Friday, Feb. 20, 27, Mar. 5, 9:00-10:30 in Room 139

This course will explain Islam, with particular attention paid to the "American Muslim Community." The first session will explain the basic "pillars" of the religion as well as the articles of faith. The second session will give an historical analysis of the Muslim "Ummah" (community), while the third will deal with American Muslims, their challenges and opportunities.

Mr. Doukmak was born in Damascus, where he attended a Christian elementary school. He has undergraduate degrees in

pharmacy and computer science from Syria, and came to Athens in 1989, becoming a PhD candidate in Pharmacy in 1992. He and his wife Rahaf Kahaleh have an Arabic Language Service, All-Noor International, Inc. With other partners he also started Northeast Georgia Internet Access, Inc. in 1995. He has been teaching Arabic at UGA since 1996. In March 2003 he was retained as an Arabic linguist and simultaneous interpreter for CNN. He currently serves as Chairman of the Board of Directors for Al-Huda Islamic Center.

Keeping the Brain Alive, Dr. Zeb Burrell and Dr. Lenette Burrell

Wednesday, Feb. 4, 11, & 18, 2:00-4:00 in Room 113

Mental activity creates neurotrophins that make neurons grow. Details of this process are described, but the main course objectives are to sharpen the mind and improve memory. The text that will be used is *Keep Your Brain Alive* by Katz and Rubin, and is included in the price of the course.

Dr. Lenette Burrell, RN, EdD, earned her diploma in nursing from the University Hospital, Augusta, GA. She has degrees from Georgia College and State University, the Medical College of Georgia, and UGA. She taught at the Medical College of Georgia School of nursing in Athens from 1972-1998, and she is currently a Senior Research Scientist at the Gerontology Center at UGA. Dr. Zeb Burrell, MD, has degrees from Emory University, the Medical College of Georgia, and the University of Pennsylvania Graduate School of Medicine. He is a Fellow, American College of Physicians, and has held positions at the Medical College of Georgia, Central State Hospital, and Athens Regional Medical Center as well as his private practice in internal medicine. He also serves as a Senior Research Scientist at the Gerontology Center.

Legal Issues for the 21st Century, Dr. Stefanie Lindquist

Thursday, Apr. 29, May 6 & 13, 2:00-3:30 in Room 129

This course will present an overview of current "hot" topics in the law. In particular, you will learn about Supreme Court opinions/decisions in the following areas: the constitutionality of three-strike laws, Megan's laws, abortion restrictions, right to assisted suicide, and the ten commandments and displays of religious symbols in public places.

Dr. Lindquist is currently Associate Professor in the School of Public and International Affairs. She divides her time at UGA among the departments of Political Science, Public Administration and Policy, and the School of Law. She received a BA from Ursinus College, a JD from Temple University where she served as Editor-in-Chief of the Temple Law Review, and her PhD is from the University of South Carolina.

Memory, Its Tricks and Their Controls, Dr. Joseph Harris

Wednesday, Feb. 25, Mar. 3, & 10, 2:00-4:00 in Room 113

Many memory problems can be solved once they are identified. The text for the course, *Seven Sins of Memory*, identifies the major problems, with absent-mindedness leading the list. Blocking, a common cause of forgetting names, is another of the seven sins. The text is a "can't-put-it-down" text with topics sure to generate discussion. Dr. Harris highly recommends that class members purchase the text, *Seven Sins of Memory*, by Daniel L. Schacter, available at Barnes and Noble for \$14.

Dr. Joseph Harris, PhD, has degrees from Emory University, UGA, and Duke. A botanist with a research specialty in plant aging, he has held positions with the USDA, Young Harris and Coker Colleges, and the University of Wisconsin-Stevens Point. Joe Harris continues to be a leader in our Washington, Georgia, LIR affiliate.

Opera for Beginners: An Analysis of *Il Barbiere di Siviglia*, Dr. Susan Thomas

Wednesday, Jan. 28, 1:00-2:30 in Room 135

Join us to review the background of Gioacchino Rossini's *The Barber of Seville*, an action-packed opera full of antics and mischief and rated as one of the best comic operas ever written. The Athena Grand Opera Company will present it live at the Classic Center on February 27th and 29th in a full production. This production is a town-gown collaboration with English captions. It will be directed by UGA Symphony conductor, Mark Cedel, and staged by the internationally known Bodo Igesz, who has staged operas for twenty-two years at the Met.

Dr. Thomas is Assistant Professor of Musicology and Women's Studies at UGA. She completed her doctorate at Brandeis University and received her graduate vocal training from The New England Conservatory. She was a soloist in the Boston area, performing both Baroque and twentieth century music with groups such as the Handel and Haydn Society Orchestra and Boston Baroque. She has performed new works at many universities around the country as well as locally.

The Origin and Development of the American Musical Theatre, Dr. Joe Stell

Thursday, Apr. 8, 15, & 22, 1:00-3:00 in Room 139

This course will be both a history and an appreciation of the American Musical Theatre – the one theatrical style developed in the United States. Beginning with performance arts from the 19th and early 20th century, we will look at early forms such as the Minstrel Show, Vaudeville, Operetta, and ragtime. We will trace the subsequent development through such major composer/artists as Cohan, Kern, and Rodgers and Hart. The contemporary musical emerged through collaborations of Rodgers & Hammerstein, Lerner & Loewe, and others. Together with that came the appearance of the director-choreographer. We will look at the special aspects of the musical form as the "book," lyrics, music, and dance and those artists who have been most influential in each area as well as international contributions to the musical. Slides of early productions and videos of actual stage performances will be shown as time allows.

Dr. Stell, Professor Emeritus at the University of Georgia, is well known for his specialty in scene design. He has designed sets in professional theaters including New York City. He was acting head of the Drama Department at UGA from 1996-1997. Dr. Stell retired from the University after more than 30 years.

PowerPoint, Mr. David Wynne

Thursday, May 6, 13, 20 & 27, 11:00-12:30 in Room 143

PowerPoint XP is used to make electronic presentations, handouts, charts, signs, and overheads. In PowerPoint, the students will learn to manage the software so they can create informative presentations that communicate their ideas. They will be comfortable with most aspects of *PowerPoint* so they can quickly prepare charts, handouts, signs, or overheads.

Dave Wynne has worked for the University of Georgia for seven years. He teaches software to the faculty, staff, and students in the College of Education.

Rivers, Estuaries, & Marine Fisheries, Dr. Mac V. Rawson, Jr.

Thursday, Jan. 29, Feb. 5, 12, 19, 26, & Mar. 4, 9:30-11:00 in Room 135

Fisheries changed dramatically after WWII. New marine technology, expanding international markets, and aggressive development by industrialized and emerging nations combined to develop fully the world's fisheries. Shrimping and crabbing are the most valuable commercial fisheries in Georgia, but environmental

stress, recreation, and coastal development are replacing them as the coast's economic engine. Aquaculture offers promise for increased food and fishery enhancement, but there are drawbacks. Rivers and estuaries and their fisheries also are threatened by development pressure, the introduction of non-native animals, and increased recreational demands. These topics will be the focus of this course.

Dr. Rawson is Director of the Georgia Sea Grant College Program in the Department of Marine Sciences. The Sea Grant Program, a member of the 30-state network sponsored by the National Oceanic and Atmospheric Administration, is at the forefront of research and promotion of sustainable fisheries and marine well-being.

Dr. Rawson was UGA's first Extension Fisheries Specialist, led the Sea Grant Advisory Service for 7 years, and has been the Director of the Georgia Sea Grant College Program for 16 years. He has been involved in numerous marine environmental issues and public outreach programs where his broad background in coastal resource and fisheries management has been useful. He was an investigator of the NSF funded project entitled "Values at Sea: Environmental ethics for Marine Ecosystems." In 1997, 2000, and 2002 he was a member of the U.S. delegation to the U.S.-China Joint Coordination Panel on Living Marine Resources and the U.S. - Korea First Joint Planning Conference. He is an investigator on a project to develop an ecosystem model of Jiaozhou Bay, P.R. China and research using ecosystem modeling to evaluate aquaculture on Xincun Lagoon, P.R. China.

Sharing Books with Children, Dr. Sylvia Hutchinson

Wednesday, May 5, 12, 19, & 26, 10:00-11:30 in Room 129

This course will present a broad range of contemporary children's books (best sellers and award winners). Participants will have an opportunity to examine and discuss picture books and chapter books.

Dr. Hutchinson, an active LIR member, attended Young Harris Junior College, received a BS degree in Education from UGA, attended the University of Florida, and later received her PhD from Georgia in Reading Education. While at UGA she served as Professor of Higher Education and Coordinator of the Post Doctoral Teaching Fellows Program. After retiring in 2002, she has continued to mentor students, teach in Honors and Franklin College seminars, and research and write on children's literature. This year she received the 2003 Women's Studies Faculty Award.

Strength Training at Ramsey, Dr. Elaine Cress

Tuesday and Thursday, Jan. 27 through Apr. 29, 12:15-1:45 in Weight Room II - No class on Mar. 9 & 11, and the first class on Jan. 27 meets in Room 211, Ramsey

Good strength is essential for optimal physical health throughout our entire life. To maintain strength in the second half of life, we have to work at it. This course will offer the basic principles and techniques of resistance training.

Students in Dr. Cress's Exercise and Aging course will offer assistance. You will receive an initial and a final strength and power evaluation. Data collected are not to be used for research or publication. To participate, you must have a physician's clearance, and we ask that you commit to a minimum of 21 or the 26 sessions. You will use the regular parking pass in lot E03 (in front of Ramsey). We will mail a form to you for the physician's clearance if you register by mail, or you can pick one up at Registration, but you will need it completed by the first class.

Dr. Cress is a faculty member in the Department of Exercise Science and at the Gerontology Center. She began studying aging in 1982 in her Master's degree program and continued that work in Colorado, Wisconsin, and Washington State before coming to Georgia in 1998. Because of her interest in optimal functioning through exercise interventions, she has developed a measure to quantify physical function. This measure is used nationally and internationally for both research and clinical purposes. Dr. Cress integrates her teaching and research through providing an opportunity for her students to work with older adults.

Word I: Creating a Document Using *Microsoft Word XP*, Mr. David Wynne

Friday, Mar. 5, 12, 19 & Apr. 2, 11:00-12:30 in Room 143

Microsoft Word is software that helps a person create written documents. Word is a massive computer program. In this course you will learn to identify the components of the Word Window, choose commands using toolbars and menus, create a new document, scroll a document, correct errors, and save-preview-print a document. You will be able to enter the date with AutoComplete, remove Smart Tags, create an envelope, check spelling and grammar, move the insertion point around the document, select and delete text, find and replace text, and make changes in margins, line spacing, alignment, and paragraph indents. You will learn to copy formatting with the Format Painter, change fonts and adjust font sizes, emphasize points in your text with bullets, numbering, boldface, underlining, and italics, and add a comment to a document.

Dave Wynne has worked for UGA for seven years. He teaches software to the faculty, staff, and students in the College of Education.

Word II: Advanced Work with *Microsoft Word XP*, Mr. David Wynne

Wednesday, April 7, 14, 21 & 28, 11:00-12:30 in Room 143

Word II will build upon the Word I class. Word II will show how to create and merge letters, and make mailing lists. You will learn how to make tables and lists, print envelopes, and format letters. You will gain a working knowledge of macros, styles, and templates and how they are used in *Word XP*. Students will be able to manage *Word XP* to meet their needs and increase their productivity.

SPECIAL CONCERT SERIES

Tuesday, Feb. 17 and Apr. 13, 6:30 Lecture, 8:00 Concert

Prior to two University of Georgia Wind Symphony concerts, Dr. David Romines and fellow conductors will present a lecture on the repertoire of that evening's performance. The lectures will be given in Edge Recital Hall in the Music Building, adjacent to the Performing Arts Center. The concert will be in the Hugh Hodgson Concert Hall. Dr. Romines is Associate Director of Bands and Assistant Professor of Music at UGA. He teaches instrumental music education, conducting classes, and supervises student teaching. He holds Bachelor and Master of Music diplomas from the University of Tennessee and a Doctor of Musical Arts degree from the University of Southern Mississippi. He has guest conducted throughout the southeastern states, Canada, and Italy. The Edge Recital Hall is on the 3rd floor of the Music Building, but if you enter the door closest to the Performing Arts Center, you will be on the right floor and right at the Recital Hall. There is no charge for the lectures or concerts, and the University Wind Symphony is quite talented.

TRAVEL-STUDY EVENTS FOR WINTER 2004

Three excursions are planned for the early part of this semester. You should mail your check and reservation form to Amy Munnell; but if you have questions about the trip, call the person who made the arrangements or call Janet Stratton at 706-310-0153.

Discover Historic Watkinsville

Friday, January 30, 10:00a.m. - 3:00p.m.

We will meet at the Eagle Tavern, Main Street, Watkinsville at 10:00. Please use the parking lot at the rear of the building. The Eagle Tavern opened in 1801 as a stagecoach stop and is a museum and welcome center for Oconee County. Anita Rikli, Director of Tourism, will describe the area we will visit. This includes Happy Valley Pottery founded in 1970, a thriving artist community located eight miles south of Watkinsville, near Farmington. The Elder Covered Bridge is one of the few authentic covered bridges in Georgia, circa 1870. We may share transportation by car, and maps will be provided.

Lunch will be at the delightful *Le Maison Bleu* in downtown Watkinsville. After lunch we will have the opportunity to visit the Chappelle Art Gallery in the restored Haygood House, circa 1815; Ashford Manor Bed & Breakfast, circa 1893; the Oconee Cultural Arts Foundation studio, Art Masters, and several other antique, art, and gift shops along Main Street in Watkinsville. Join other members of LIR to experience this part of Georgia history. Call Janet Stratton at 706-310-0153 if you have questions. Mail your check for \$12, which includes lunch, to Amy Munnell. **Reservations are due by January 22.**

Abbeville, South Carolina, Weekend

Friday and Saturday, February 20 and 21

This is a repeat, by request, of our popular theatre weekend package. It includes an overnight stay at the historic Belmont Inn in Abbeville, with a wine and cheese welcome on Friday afternoon, tickets for a tour of the Burt Stark Mansion, which is on the National Historic Register. Jefferson Davis and his cabinet signed the formal documents ending the Civil War here. Dinner at the inn will precede the Abbeville Opera House production of *Annie Get Your Gun*, and then coffee and dessert after the play at the inn, and breakfast the following morning. Taxes and gratuities are included.

The cost for all of this is \$190 per couple for a queen, \$220 for a king and \$180 for a twin bed room. Transportation to and from Abbeville is not included. We will carpool or you may drive yourself. Space is limited, so please call Frances Lang at 706-353-7733 to reserve your space, obtain directions and time, and for answers to other questions. Mail your check and form to Amy Munnell. **Reservations are due by February 7.**

Historic Andersonville Prison Tour

Wednesday, March 17, leaving at 8:30

This day trip will be by bus and includes a guided tour of the historic Confederate Prison at Andersonville, Georgia, with time to tour the National Prisoner of War Museum located on the grounds. There will be a stop en route for lunch at Yoder's *Deutsch Haus*, cost not included. We will leave from the Kroger parking lot off Epps Bridge Road at the by-pass, at 8:30, and anticipated time of arrival back in Athens is 6:00-6:30. You'll be sorry if you miss this outing! For more information, call Ron Cerwonka at 706-543-7780. Cost of the trip is \$35; mail your check and form to Amy Munnell. **Reservations are due by February 18.**

Schedule of Trips

Discover Historic Watkinsville, January 30

Reservations due January 22

Abbeville, South Carolina Weekend, February 20 & 21

Reservations due February 7

Historic Andersonville Prison Tour, March 17

Reservations due February 18

Coming soon . . .

Savannah and Sapelo Island, April 20-22

Atlanta Symphony, High Museum, May 14

Travel/Study Program Note

The Travel/Study Committee would like to plan a trip to Savannah and Sapelo Island on Tuesday through Thursday, April 20 - 22. We would leave Tuesday morning to spend that afternoon and the next day in Savannah. Wednesday's overnight would be between Savannah and Sapelo Island in order to board the 8:30 ferry to Sapelo Island. We would board the 4:30 ferry for the return to Athens. This would be a three-day, two-night trip. We could use private cars or bus transportation. If you have ideas or are interested, please call Janet Stratton, 706-310-0153, as soon as possible.

WASHINGTON AFFILIATE NEWS

Washington activities for the winter and spring include a course on Islam, focusing on its sects, origins of militancy, and national differences; a course on computer programs with answers to specific questions and practice; and selections from *The Seven Sins of Memory* discussed in three sessions. In the planning stage are courses on major issues in gerontology and elements of contemporary art. For a copy of the complete schedule and description upon release, contact Joe Harris at jharriswafia@nu-z.net or 706-678-2818.

INTERNATIONAL SYMPOSIUM: GLOBALIZATION AND HUMAN RIGHTS IN AFRICA

February 18-20

The Center for Humanities and Arts will sponsor an international symposium on *Globalization and Human Rights in Africa*. It is the Center's tenth *Program for Global Understanding*. Approximately twenty distinguished artists, scholars, and diplomats will come to Masters Hall of the Georgia Center for Continuing Education to join in unrehearsed discussions about the effects of globalization on human rights, religion, and the process of democratization in sub-Saharan African nations. On Wednesday evening, February 18, at 8:00, Ambassador Gertrude Mongella will deliver the keynote address. The symposium will continue through noon on Friday, February 20 with roundtable discussions and a musical performance. All sessions are free and open to the public. For more information, contact the Center for Humanities and Arts at 706-542-3966 or see <http://www.cha.uga.edu/symposia/Africa2004/program.htm> or email the Center at: ctrha@uga.edu.

SAVE FRIDAY, MAY 14 FOR SPRING POTLUCK

This is an advance notice of the date for our Annual Spring Potluck. It will be held this year at the Athens Community Council on Aging, 135 Hoyt Street from 5:30-9:30. Start checking for recipes and mark your new 2004 calendar with the date.

HALF-YEAR MEMBERSHIPS

Anyone who is interested in becoming a member of Learning in Retirement can do so now before classes and other spring activities start. The half-year dues are \$20.00 for the period January 1 – June 30, 2004. Membership forms will be available at Registration on January 12 or you can call Kay Hymo at 706-546-7127 or email her at kay@thehymos.com.

NEW INTEREST GROUPS

Silk Embroidery Group

Jo-Nan Tanner would like to start an interest group doing silk embroidery. She has enjoyed this craft for many years and would be able to assist you if you have done some embroidery in the past, as some experience is required. Jo-Nan enjoys doing silk embroidery while watching TV and wants to assure you that it is not difficult. She will host the first meeting on Wednesday morning, January 7 from 10:00 to 12:00. Contact her at 706-543-7816 if you are interested in becoming a member of this group. You may also call Sharon Tate 706-552-1506 for assistance.

Quilting Group

Are you interested in becoming a member of a second LIR Quilting group? Sandy Jordan will host a meeting on Friday, January 16 from 10-12 at her home for those interested. Contact Sandy at 706-546-8537. The Jordans' home address is 150 Middleton Place, Athens.

Check your mailing label - if it says 2003, you have not paid your dues for the current year (2003-2004)!

