

# LIR NEWSLETTER

LEARNING IN RETIREMENT, INC., AT THE UNIVERSITY OF GEORGIA

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**Learning in Retirement, Inc.**  
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Please leave a message, and someone will return your call.

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Be sure we have your current email address!

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## **WELCOME TO A NEW YEAR OF LEARNING IN RETIREMENT**

We welcome you to a year filled with possibilities: many new, interesting courses to stimulate your mind; travel combined with a study element to get you out and about our part of the South; and a variety of social events to provide time for meeting new people and talking with old friends. Our committees are busy planning activities and courses for the rest of the year, and we encourage you to join a committee.

### **FALL REGISTRATION MEETING** **Monday, September 13, at Holiday Inn Express**

Fall Semester Registration will be held Monday, September 13, from 9:30 to 11:30 at the Holiday Inn Express on the corner of Broad and Newton Streets. Please park in the lot facing Broad Street and use the front entrance. You may register for course offerings, for Lunch and Learn Lectures, for travel/study trips, or other events. Membership in LIR is prerequisite to registration for activities, and the membership committee will be available to renew memberships and to enroll new members.

Courses are filled on a first-come, first-served basis; registration by mail is advisable for courses with limited enrollment. To register for courses or other events by mail, send the appropriate registration or reservation form with your check (made payable to *Learning in Retirement*) to Amy Munnell at the address listed on the forms.

Please join us at registration even if you have registered by mail. You will have an opportunity to visit with friends after the summer, to pick up your class/event confirmation form and parking passes, while enjoying an assortment of muffins, sweet rolls, and beverages. Confirmations and passes not picked up will be mailed later. We hope to see you on September 13.

#### **FALL DATES TO REMEMBER**

<i>Date</i>	<i>Activity</i>
Monday, Sept. 13	Fall Registration Meeting, Holiday Inn Express
Thursday, Sept. 23	Dinner at Mia Madonna*
Tuesday, Oct. 5	Panoz Auto, Chateau Elan, Mayfield Dairy Trip **
Monday, Oct. 11	Lunch & Learn: Dr. Susette Talarico **
Tuesday & Wednesday, Oct. 26-27	Adairsville & Cartersville Overnight Trip **
Sunday, Nov. 14	Sunday Brunch at Porterhouse Grill*
Monday, Nov. 15	Lunch & Learn: Dr. John Inscoe**
Monday, Dec. 6	Lunch & Learn: Ms. Rebecca Stahr**
Wednesday, Dec. 8	Holiday Buffet & Celebration**

\* Phone-in Reservation required      \*\* Reservation with payment required

## THE PRESIDENT'S LETTER

Lest you think we are on vacation, recall what it means to have a house in the country, whether on Lake Oconee or the River Touques in Normandie. Here we are, having a great time laced with hard work! I have just had another session scraping and sanding the external oak stairway/balcony to our garage-apartment, removing the moss and slime of 18 months. Soon all will be ready for coats of stain/preservative, in time to dry 'ere the first of our kids and offspring arrive. Consolation comes tonight at a dinner with friends in their cottage, followed by a concert in the village church of remarkable acoustics, staged by a Cossack chorus from the Steppes.

You all will be returning for the new academic year. Give thought to stretching your mind, learning something new in LIR classes this semester. Sign up for a favorite or two, yes, but take advantage of the long menu with a plunge into the unknown! Such an adventure can add a dimension to your life, lead you to know different people, expand your horizons.

LIR is poised for a good year, with a strong cadre of board members, officers, and committee chairs. Our partnership with the Department of Lifelong Learning, Administration and Policy in the College of Education is signed and sealed, so we shall be experimenting with Ron Cervero and his associates on ways to benefit from their capabilities as we give them active support in their own endeavors. Taking another tack, several of us will travel to Asheville next month, visiting and conferring with a substantial and successful "LIR" there, the North Carolina Center for Creative Retirement—of which more later.

Please consider taking part in the life of the organization by joining one of our committees. There, you will make a difference while having a good time with your cohorts, bringing new ideas and programs to us all. Many of my most stimulating and pleasant hours in LIR have been as a member of the Curriculum Committee, a good example of why I am so enthusiastic on the subject.

One other thought from abroad: the parochialism of us Americans viewed from the Continent astonishes. Europeans, and certainly the French, are so well informed and conversant about international and American affairs, our elections, the World Trade Organization, the European Union. They ask why Americans in general seem so ignorant of the rest of the world. We tell them it is not true for all, but recognize the huge gap all the same.

Au revoir, until next month.  
John Rudy, President

## FALL SEMESTER 2004 COURSES BY DAY OF THE WEEK

*All room numbers are for River's Crossing, unless otherwise noted.*

### Monday

Election Issues – Oct. 11, 18, 25 and Nov. 1; 9:00-10:30; Room 139  
The Seven Sins of Memory – Oct. 11, 18, 25; 2:00-4:00; Room 135

### Tuesday

St. Augustine – Sept. 21, 28 and Oct. 5, 12, 19; 9:00-10:30; Room 135  
Health and Wellness I – Sept. 21, 28 and Oct. 5; 11:00-12:30; Room 135  
Windows XP Operating System – Sept. 21, 28 and Oct. 5, 12; 1:00-2:30; Room 143  
Colonial Latin America – Oct. 12, 19, 26 and Nov. 2, 9, 16; 11:00-12:30; Room 135  
Word I: Creating a Document Using Word XP – Oct. 19, 26 and Nov. 2, 9; 1:00-2:30; Room 143  
Changing Face of India – Nov. 2, 9, 16; 9:00-10:00; Room 135  
Making Email Work for You – Nov. 16, 23, 30 and Dec. 7; 1:00-2:30; Room 143  
Scandinavian Traditions – Nov. 23, 30; 9:30-11:00; Room 135

### Wednesday

Keeping the Brain Alive – Sept. 22, 29 and Oct. 6; 2:00-4:00; Room 135  
Southern Appalachian Parks and Forests – Sept. 29, Oct. 6, 13, 20, 27; 9:30-11:30; Room 135  
Anthropology Explored – Oct. 6, 13, 20, 27 and Nov. 3, 10; 10:00-12:00; Room 139  
Italian/Mediterranean Cooking – Oct. 13, 20, 27 and Nov. 3; 3:00-5:00; Council on Aging  
Moral Implications of Civil War Families – Nov. 3, 10, 17; 2:00-3:30; Room 135  
Time for Tea – Dec. 1; 10:30-12:00; Room 135

### Thursday

Medicinal Plants – Sept. 23, 30 and Oct. 7; 10:00-11:30; Room 135  
Digital Photography – Sept. 23, 30; 1:00-3:00; Room 135  
History of Theatre – Oct. 7, 14, 21, 28 and Nov. 4, 11; 9:30-11:00; Room 139  
Home to Home – Oct. 7; 1:00-2:30; Room 135  
Health and Wellness II – Nov. 4, 11, 18; 11:00-12:30; Room 135

## LUNCH AND LEARN LECTURE SERIES

The lecture series is held at the Athens Community Council on Aging, Inc., 135 Hoyt Street, just north of downtown in the former depot building. The lectures will be offered on Monday, October 11, November 15, and December 6, 2004.

### Monday, October 11

#### Challenges Facing Criminal Justice after 9/11 – Dr. Susette Talarico

Dr. Talarico will focus on the challenges that terrorism presents to police and criminal courts. She will look at how criminal justice agencies regarded the problem of terrorism before 9/11 and how things changed afterwards. She will consider both police organization and operations and the degree to which traditional criminal courts provide the appropriate venue for the prosecution and punishment of terrorists.

Dr. Talarico is the Albert Berry Saye Professor of American Government and Constitutional Law and director of Criminal Justice Studies at the University of Georgia where she has served on the political science faculty since 1977. She teaches courses such as criminal law, criminal procedure, and judicial politics. Periodically she also teaches a seminar on sentencing law at the UGA School of Law. Dr. Talarico has conducted research on criminal sentencing and is currently working on studies of tort litigation and discovery abuse in civil proceedings.

### Monday, November 15

#### Georgia On-Line: Exploring *The New Georgia Encyclopedia* – Dr. John Inscoe

Dr. Inscoe is now the editor of the first encyclopedia of Georgia to be an on-line publication, and he will share some highlights from the encyclopedia with LIR members. Putting together such a document in this new format was an amazing task, and the information in it adds to our knowledge of our state.

Dr. Inscoe is a Professor of History at the University of Georgia. He is a native of North Carolina and received his MA and PhD degrees from UNC-Chapel Hill. He edited the *Georgia Historical Quarterly* from 1985 to 2000, serves now as secretary-treasurer of the Southern Historical Association. His research interests lie in Southern Appalachia and 19th century race relations. Dr. Inscoe has three books published this past year: *The Heart of Confederate Appalachia* (co-authored with Gordon McKinney), *Appalachians and Race: The Mountain South from Slavery to Segregation*, and *Enemies of the Country: New Perspectives on Unionists in the Civil War South*.

### Monday, December 6

#### Universal Design Ideas: Having Your Home of the Future Now – Rebecca Stahr

Ms. Stahr will discuss how the varying demographics of a changing population will alter the concept of "home" as we know it, and how the choices we make today will determine the value that our home can deliver to us in the future. She will present ideas on resources and products that can enable us to create a home of our dreams now and maintain its livability over time.

Ms. Stahr is president and CEO of LifeSpring Environs, Inc., and current president of the Universal Design Alliance. She holds undergraduate degrees from Louisiana State University and Georgia State University and a Master's Gerontology

Certificate from GSU. As a registered interior designer, ASID and CAPS, she works with design transition through educational efforts that train and support all areas that affect how an aging population can live in their preferred homes for a lifetime. Ms. Stahr trains builders, realtors, developers, and individuals remodeling homes who are interested in the concept of creating the home of the future now.

## LIR FALL SEMESTER 2004 COURSES

### Anthropology Explored – Dr. Marion Rice

**Wednesday: Oct. 6, 13, 20, 27 and Nov. 3, 10; 10:00-12:00; Room 139**

Anthropology Explored will use a text with the same name developed by the Anthropology Outreach Office, National Museum of Natural History, Smithsonian Institution, Washington, D.C. Available at Borders and written in popular, readable style, the book spans the entire field of anthropology and is divided into three sections: Investigating Our Origins and Human Variation, Examining Our Archaeological Past, and Exploring Our Many Cultures.

Participants will read chapters in the book and, as the course progresses, be encouraged to select a culture to explore in depth, either prehistoric (e.g., Neanderthal), historic (e.g., Cherokee), or contemporary (e.g., San Bushmen). The book provides an overview of anthropology and details from specific research studies on topics such as primate communication, human evolution, race and ethnicity, disease, the earliest Americans, applied linguistics, cultures of Mexico and the Andes, and cave decoration and body art.

Dr. Rice, Professor Emeritus, University of Georgia, proposed and was co-director of the Anthropology Curriculum Project before there was a formal anthropology department at UGA. Dr. Rice retired as chairman of the Social Studies Department in 1986 and has previously taught several Georgia history courses for LIR.

### The Changing Face of India – Dr. Bal Joshi

**Tuesday: November 2, 9, 16; 9:00-10:00; Room 135**

The course will introduce the history of India – from the Mogul and British periods to India's independence in 1947. It will cover the various religious practices and the arts and architecture of India as well as social, political, educational, industrial, and economic aspects. Developments in various areas during India's post-independence until 2003 will also be discussed. These will include changes in education, politics, the economy, travel facilities, and culture.

Dr. Joshi received his Ph.D. from Bombay and the Sc.D. degree from Cambridge University, England. He was a research scientist in Bombay before coming to the United States to work at the Institute for Natural Products Research (1982-2000). Dr. Joshi has made major contributions in the area of the chemistry of medicinal plants.

### Colonial Latin America – Dr. Ray Broussard

**Tuesday: Oct. 12, 19, 26 and Nov. 2, 9, 16; 11:00-12:30; Room 135**

The course will cover selected topics of Latin American history beginning with its early Indian societies through its times of

conquest and development. The six lectures will discuss Indian Societies, The Age of Conquest, New World Empire, Population and Labor, Imperial Expansion, and Crisis and Collapse.

Dr. Broussard, a Louisiana native, received a B.A. in Arts and Sciences from Southwestern Louisiana Institute and an M.A. and Ph.D. from the University of Texas. He came to the University of Georgia in 1966 after teaching in higher education and serving as director of *Centro Colombo Americano* in Cartagena, Colombia.

### **Digital Photography 101 – David Dwinell**

**Thursday: Sept. 23 and 30; 1:00-3:00; Room 135**

Digital photography is an exciting new way to capture images. With digital photography, the photographer captures light onto an electronic chip in the camera rather than onto a piece of film. Digital imaging, however, presents its own set of new techniques and terminology. The course is designed to demystify digital imaging for those new to digital photography.

The first session will be a multimedia introduction to digital workflow, taking pictures (the camera), transferring images to the computer, and organizing digital images. The second session will be an interactive multimedia presentation on editing, printing, and sharing digital images. Film photographers would also benefit from session one.

David Dwinell, an advanced amateur photographer, has had a love affair with photography for over 40 years. In the beginning he concentrated on dance, theater photography, and photojournalism. In the '90s, he turned his attention to historic buildings, still life, and industrial landscapes. Currently, his interests lie in photography of cars, botanical subjects, the changing landscape, the American flag, and his grandchildren. As a result of his involvement in digital imaging, he has shifted his emphasis from black-and-white to color. His work has been widely published and exhibited. A member of The Studio Group, the Visual Arts Guild of Athens, and the Photographic Society of America, he frequently lectures at the Lyndon House Arts Center.

### **Election Issues – Drs. John Rudy and Ed Speir**

**Monday: Oct. 11, 18, 25 and Nov. 1; 9:00-10:30; Room 139**

This timely discussion course will clarify major issues of the 2004 national election campaigns. The discussion leaders will provide current readings on the issues, and course participants will be encouraged to bring articles or materials relevant to the topics being discussed.

Dr. Rudy received his Ph.D. in international relations from the Fletcher School of International Diplomacy, Tufts University. He has enjoyed a career in international banking. Dr. Speir earned a Ph.D. in international relations from the Graduate School of International Studies, University of Denver. He has worked and traveled extensively overseas and is Professor and President Emeritus at Georgia College and State University.

### **Health and Wellness I – Dr. Jeff Davenport**

**Tuesday: Sept. 21, 28 and Oct. 5; 11:00-12:30, Room 135**

**Topics: Low back pain, trigger point therapy, and headache pain**

Sixty to eighty percent of Americans experience low back pain at least once in their lifetimes. This program will illustrate the types and causes of low back pain and show how to prevent low back injury. Trigger points are small painful pockets of energy

located on or along a nerve or a nerve pathway and are always associated with nerve irritation. Participants will learn how to work with trigger points to decrease symptoms. The session will also deal with the causes of headaches such as muscle strain, stress, fatigue, depression, anxiety, poor posture, certain medications, etc., and will offer chiropractic solutions.

Dr. Davenport holds an undergraduate degree from the University of Central Florida and is a graduate of Palmer College of Chiropractic in Davenport, Iowa. He has been in practice in Watkinsville for four years.

### **Health and Wellness II – Dr. Jeff Davenport**

**Thursday: Nov. 4, 11, 18; 11:00-12:30, Room 135**

**Topics: Arthritis, Digestive Problems, and Permanent Weight Loss**

Arthritis is a general term used to describe more than 100 chronic diseases of the joints, bones, and muscles with varying symptoms and seriousness. The two best known are osteoarthritis and rheumatoid arthritis. The first session will look at alternative approaches to prevent and handle arthritic pain. The second session will focus on acid reflux, hiatal hernias, irritable bowel syndrome, Crohn's Disease, ulcers, and diarrhea are just a few of many digestive disorders that affect more than 61 million Americans each year. The third session will look at fad diets, calorie counting, body wraps, diet pills.

Why do some of these techniques not work, and when they do, only temporarily? Recent research has shown that metabolism and hormones may be the key to effective, permanent weight loss. The final session will discuss using exercise and eating more healthily – not dieting – to improve metabolism and lead to improved health and vitality.

Dr. Davenport holds an undergraduate degree from the University of Central Florida and is a graduate of Palmer College of Chiropractic in Davenport, Iowa. He has been in practice in Watkinsville for four years.

### **History of the Theatre from Shakespeare to Shaw – Dr. August Staub**

**Thursday, Oct. 7, 14, 21, 28 and Nov. 4, 11; 9:30-11:00; Room 139**

This course continues the theater history course begun by Dr. Staub in the Spring LIR term. People, places and events of western theatre – from Shakespeare to George Bernard Shaw together with theories of the theatre and production practices – will be discussed. The first two sessions will present the Elizabethan and French Baroque theatre using Marlow's *Dr. Faustus* and Moliere's *Tartuffe* as a basis. Sessions three and four will present English Restoration and eighteenth century theatre examining Sheridan's *The Rivals* and Gay's *The Beggar's Opera* as sample plays. Sessions five and six will consider romanticism and early modernism with Schiller's *Maria Stuart* and Shaw's *Pygmalion*.

Dr. Staub is Professor Emeritus of Drama at the University of Georgia. He holds a B.A. in English and a masters and Ph.D. in Theatre from Louisiana State University. In addition to teaching at several universities, he has served as producing artistic director of the Jekyll Island Musical Comedy Festival, director of the Highlands Playhouse and Marietta's Theatre in the Square, and executive producer of the Georgia Repertory Theatre. Dr. Staub has written plays, acted professionally, and authored three books and numerous articles on drama.

### **Home to Home – Judy Wallace and Kathleen Nimmo, Housing Resource Advisors**

**Thursday: Oct. 7; 1:00-2:30; Room 135**

This course will discuss the problems most adults face with aging – their parents' aging and their own. The session will concentrate on how to make the right choices for future living arrangements as one ages, including the transportation, health, and emotional issues encountered. The presenters will offer possible solutions and alternatives for one's style of living.

Ms. Wallace and Ms. Nimmo formed their company Home to Home out of a desire to make a meaningful contribution to the aging community. Ms. Wallace was director of marketing and business development at Charter Winds Hospital for 12 years and has consulted with behavioral health systems in Australia, Malaysia, and Singapore. Ms. Nimmo owned a custom drapery business for 16 years.

### **Italian/Mediterranean Cooking – Dr. James Okey**

**Wednesday: Oct. 13, 20, 27 and Nov. 3; 3:00-5:00; Council on Aging, Hoyt Street**

The course will focus on food prepared in an Italian/Mediterranean style using fresh, flavorful, and seasonal ingredients. Preparation and cooking techniques will be demonstrated. In this full-participation class, members will prepare – and eat – complete meals.

Dr. Okey is a retired professor of science education, with extensive culinary training: a year at Peter Kenny's New York Cooking School as well as study in Italy and time as an apprentice in both cooking and baking abroad and in New York. A veteran LIR teacher, he often does demonstrations at the Rolling Pin. His frequent trips to Italy inspire Dr. Okey with new recipes and stories of the culture.

### **Keeping the Brain Alive – Drs. Lenette and Zeb Burrell**

**Wednesday: Sept. 22, 29 and Oct. 6; 2:00-4:00; Room 135**

Mental activity creates neurotrophins that make the neurons grow. Perhaps, then, an "old dog can learn new tricks." Details of this process are described, but the main course objective is to sharpen the mind and improve memory. The text for the course, *Keep Your Brain Alive*, by Katz and Rubin can be purchased at Borders.

Dr. Lenette Burrell, R.N., EdD, earned her diploma in nursing from the University Hospital, Augusta, Ga. She taught at the Medical College of Georgia School of Nursing from 1972-98 and is currently a senior research scientist at the Gerontology Center at the University of Georgia. Dr. Zeb Burrell, M.D., has degrees from Emory University, the Medical College of Georgia, and the University of Pennsylvania Graduate School of Medicine. He is a fellow, American College of Physicians, and also serves as a senior research scientist at the Gerontology Center.

### **Making Email Work for You – Mr. David Wynne**

**Tuesday: Nov. 16, 23, 30 and Dec. 7; 1:00-2:30; Room 143**

This course will explore how to make email a more viable means of communication, looking at *Netscape Mail*, *Yahoo*, *Hotmail*, *Outlook*, and *Outlook Express*.

Mr. Wynne has worked with the University of Georgia for seven years, teaching software to the faculty, staff, and students in the College of Education.

### **Medicinal Plants – Dr. Jim Affolter**

**Thursday: Sept. 23, 30 and Oct. 7; 10:00-11:30; Room 135**

This series of three lectures will examine medicinal plants as sources of pharmaceutical medicines, over-the-counter herbal remedies, and traditional medicines in developing countries. The course will also look at the cultural significance of medicinal plants, their chemical and ecological characteristics, and their commercial harvest and production. The final presentation will include a discussion of several medicinal plant gardens in Athens.

Dr. Affolter is an associate professor in the Department of Horticulture at the University of Georgia and director of research at The State Botanical Garden of Georgia, in Athens. He received his Ph.D. in plant systematics from the University of Michigan in 1983. He currently teaches a popular undergraduate course on herbs, spices, and medicinal plants at UGA. His primary research interests include rare plant conservation and medicinal plants, with field activities in the southeastern United States and Latin America.

### **The Moral Implications of Civil War Families – Dr. Jean E. Friedman**

**Wednesday: Nov. 3, 10, 17; 2:00-3:30; Room 135**

This course will examine the moral vision of Civil War families and how it shaped individuals' choices for or against the war. The first session will focus on how recent scholars discuss moral and ethical Civil War issues. The second session will analyze nineteenth century family structure and moral development. The third session will look at individual cases and the factors that lead to anti-war or pro-war choices.

Dr. Friedman is a historian of women, family, community, and religion. She is the author of *The Enclosed Garden: Women and Community in the Evangelical South, 1830-1900* (UNC Press, 1985) and *Ways of Wisdom: Moral Education in the Early National Period* (University of Georgia, 2001). Her work, *Our American Sisters: Women in American Life and Thought*, co-edited with William G. Shade and published in 1973, was the first anthology of the neo-feminist history of women published in the United States. Dr. Friedman retired from the UGA History Department in 2000.

### **Scandinavian Traditions – Ulle Kristina Stephens**

**Tuesday: Nov. 23, 30; 9:30-11:00; Room 135**

This course will explore an entire year of Scandinavian traditions, including December Advent, Santa Lucia, and all Christmas traditions and food. Traditions surrounding New Years, extended Christmas traditions, Easter family celebrations, and spring and summer special events from the Dalarna regions of Sweden will also be discussed. The presenter will also share fall happenings from her hometown of Harnosand, Sweden.

Ms. Stephens was born in Harnosand, Sweden, completed her education at Upsala University, and moved to Texas in 1960. She worked as a laboratory animal science technologist and also earned an MA in business and management at Webster University in Denver, Colo. Before retiring from the University of Georgia in 2003, she served as laboratory animal coordinator for the Department of Laboratory Animal Care and Use.

### **The Seven Sins of Memory: Errors from Bias, Misattribution, Suggestibility – Dr. Joseph Harris**

**Monday, Oct. 11, 18, 25; 2:00-4:00, Room 135**

Many memory problems can be avoided once they are identified. The text for the course identifies difficulties ("sins") of both omission and commission. Those of commission will be discussed in this course and are the easiest to correct. They may be memories, events that never happened, a common phenomenon.

Dr. Harris strongly recommends that class members purchase the text *Seven Sins of Memory* by Daniel Schacter, cost \$10-\$14, depending on the source. The book will be available at Borders. This course is a continuation of an LIR Spring '04 course, but completion of the first course is not necessary in order to take this one.

Dr. Harris holds degrees from Emory University, the University of Georgia, and Duke University. As a botanist, he has held positions with the USDA, Young Harris and Coker Colleges, and the University of Wisconsin-Stevens Point. Dr. Harris is also a leader of our Washington, Ga., LIR affiliate.

### **Southern Appalachian Parks and Forests: Directions and Controversies – Dr. Edwin Dale**

**Wednesday: Sept. 29 and Oct. 6, 13, 20, 27; 9:30-11:30; Room 135**

This course will examine the role of public and private forests and parks. Discussion examples will be the Chattahoochee National Forest and the Great Smoky Mountains National Park in Tennessee and North Carolina. Basic aspects of forest ecology, old-growth ecosystems, designated wilderness and the Blue Ridge Parkway will be discussed. Management controversies will also be presented. In the last session, participants will be encouraged to share their experiences, slides, and comments about forests and parks that they have visited.

Dr. Dale has a Ph.D. in biological sciences from State University of Iowa. He is professor emeritus of Emory University, having retired in 2000. He spent 12 years with the USDA-Forest Service and retired in 2002 as a Wilderness Management Conservant.

### **St. Augustine – Dr. Joe Berrigan**

**Tuesday: Sept. 21, 28 and Oct. 5, 12, 19; 9:00-10:30; Room 135**

Of all the influential figures of late antiquity, the most important for western civilization is that of Augustine. This course will examine his life and works during the late fourth and early fifth centuries. Born in North Africa, he received the rhetorical education of his age and became a Christian, then a priest, and finally a bishop. He wrote constantly. This course will discuss Augustine's early dialogues, the Confessions, the City of God, and Christian doctrine with comments on his sermons and letters.

Dr. Berrigan, a veteran presenter, was educated in New Orleans, with one year at St. Louis University. He holds a master's degree in Greek and a Ph.D. in medieval and renaissance history from Tulane University. He taught at Loyola before teaching at the University of Georgia from 1966-97. He has taught honors history at UGA for the past two years.

### **Time for Tea: Reflections on 18th and 19th Century Representations of Tea Consumption – Dr. Romita Ray**

**Wednesday: Dec. 1; 10:30-12:00; Room 135**

The course will examine the visual history of tea consumption in eighteenth- and nineteenth-century Britain, Europe, and America. A controversial commodity in the eighteenth century, tea and its consumption evolved amidst a trail of debates about its medical impact, nationalism, and colonialism. From the Boston Tea Party to the Opium Wars, the Chinese plant generated more controversy than any other beverage consumed at the time. This course will examine conversation pieces, botanical illustrations, caricatures, and the decorative arts to explore the ways in which tea was reinvented as a quintessentially British product linked closely with proper taste and deportment.

Dr. Ray is curator of the Mark and Debra Callaway Department of Prints and Drawings at the Georgia Museum of Art. She is also an adjunct faculty member and provisional graduate faculty member in the art history area of the Lamar Dodd School of Art. Her specialties include British art, Indian art, Hellenistic art, and post-colonial theory. She holds a BA from Smith College and an MA, MPh., and Ph.D. in the history of art from Yale University. Dr. Ray joined the University of Georgia in 1999.

### **Windows XP Operating System – Mr. David Wynne**

**Tuesday: Sept. 21, 28 and Oct. 5, 12; 1:00-2:30; Room 143**

Windows XP operating system is the software that helps the computer carry out operating tasks such as displaying information on the computer screen and saving data to disks. You will learn to start and shut down Windows, identify objects on a windows desktop, practice keyboard and mouse functions, run software programs, switch between them and close them. You will be able to identify and use the controls in a window and use Windows controls such as menus, toolbars, list boxes, scrollbars, option buttons, tabs, and check boxes. You will also explore the Windows help system, work with files to format a disk, enter-select-insert-delete your data disk, view the list of files on your disk and change view options as well as move, copy, delete, and rename a file, and navigate a hierarchy of folders.

Mr. Wynne has worked with the University of Georgia for seven years and teaches software to faculty, staff, and students in the College of Education.

### **Word I: Creating a Document Using Microsoft Word XP – Mr. David Wynne**

**Tuesday: Oct. 19, 26 and Nov. 2, 9; 1:00-2:30; Room 143**

Microsoft Word is software that helps a person create written documents. Word is a massive computer program. In this course you will learn to identify the components of the Word window, choose commands using toolbars and menus, create a new document, scroll a document, correct errors, and save-preview-print a document. You will be able to enter the date with AutoComplete, remove Smart Tags, create an envelope, check spelling and grammar, move the insertion point around the document, select and delete text, find and replace text, and make changes in margins, line spacing, alignment, and paragraph indents. You will learn to copy formatting with the Format Painter, change fonts and adjust font sizes, emphasize points in your text with bullets, numbering, boldface, underlining, and italics, and add a comment to a document.

Mr. Wynne has worked with the University of Georgia for seven years and teaches software to faculty, staff, and students in the College of Education.

## FALL TRAVEL/STUDY EVENTS

### **Panoz Auto Development, Chateau Elan and Mayfield Dairy – Tuesday, October 5**

We are off by motor coach to Braselton, Hoschton and the nearby counties of Jackson, Barrow and Gwinnett. The first stop is a factory that has produced some top luxury racing and sport automobiles including the Esperante. Bring your camera for great shots as we move through the production buildings. Please dress for the weather as part of the tour is outside.

Then, we will have a wine tasting and luncheon at **Chateau Elan**, on 3,500 acres of rolling hills with vistas of natural beauty – featuring French Provincial and Southern hospitality. The winery is the largest producer of premium and varietal vintages in Georgia, and winner of more than 275 national and international awards. For the next stop, what better dessert choice than **Mayfield Dairy** for a tour and scoop of the ice cream that *Time* magazine proclaimed “The World’s Best.”

This one-day trip is a great way to start the fall season. We will leave from the upper lot of Home Depot, Epps Bridge Road, at 8:30 on Tuesday, Oct. 5, and return to Athens by 5:00. The fee for motor coach transportation, all tours, food, and gratuities is \$50.75. Need more information? Call Mary Ready at 706/552-0508. Make your reservations as early as possible.

Mail your check with the attached reservation form to Amy Munnell. Reservations are due by Wednesday, September 15.

### **Fall Foliage and History Tour of Adairsville/Cartersville Area – Tuesday and Wednesday, October 26-27**

This is a guided tour by motor coach covering attractions from Adairsville to Calhoun during the height of the fall foliage. Our first stop will be at the **Barnsley Resort** to tour the gardens and mansion ruins. The gardens and mansion, established in 1840, have been transformed into a luxury resort. After lunch at the resort, we travel north to Calhoun for a visit of historical **New Echota**, site of the capital of the Cherokee Nation prior to 1830 and the beginning of the Trail of Tears. Traveling south our next stop is the **Etowah Mounds** State Historical site. These mounds make up the most intact Mississippian culture site in the Southeastern United States. Artifacts tell us much about the people who lived here over 500 years ago. We then travel to Red Top Mountain Resort for overnight lodging and our evening meal.

On Wednesday, after breakfast at the lodge, we travel to **Roselawn Museum**, a beautiful Victorian house in Cartersville built in 1895. We then take a motor coach tour of **Cartersville**, which includes many beautiful venues, Cassville Confederate Cemetery, and Euharlee Covered Bridge. We will have lunch at Grand Oaks, Victorian elegance southern style. We will be served a culinary delight in the most gracious and genteel atmosphere.

We then visit the **Booth Western Museum**, featuring a premier collection of contemporary western art and galleries. This is a southeast new “must see” attraction. You will experience not just the world of western art, but a Civil War and Presidential Gallery with guide escort. After leaving this attraction, we return to Athens.

We will leave from the Wal-Mart parking lot off Epps Bridge Road near the bypass at 7:30 a.m. (Tuesday, Oct. 26) and

anticipate arriving back in Athens between 6:00 and 6:30 Wednesday. Turn at the entrance to Wal-Mart, bear to the right, and park along the west side of Murphy USA Service Station. For more information, call Janet Stratton at 706/310-0153.

The cost is \$216.00 per person based on double occupancy. This includes all costs (transportation, lodging, all meals, attractions, and gratuities for driver and escort). If you would like Janet to match-up a roommate for you, or if you want information about the availability and rate for single-occupancy, check with Janet.

Mail your check with attached form to Amy Munnell. Reservations are due by Wednesday, September 15.

## SOCIAL EVENTS FOR FALL SEMESTER

You will want to put these dates in your book because the Social Committee has planned some interesting things to do. There's a new restaurant to explore and a favorite of many members for Sunday brunch. We also have the date for the Holiday Buffet and Celebration, so pencils out!

### **Dinner at Mia Madonna**

**Thursday, September 23, 2004**

5:30 Bar opens (Cash bar)

6:00 Seating for Dinner

Join old friends and new for dinner at Mia Madonna on the corner of Clayton Street at Hull downtown. This restaurant is the most recent addition to the fine family of restaurants developed by Melissa Clegg! The others include The Last Resort, and Five and Ten. Each has a distinct personality and menu. Mia Madonna serves European cuisine in a contemporary setting with entrees that range from \$8.95 to \$22.95. There is also an interesting selection of appetizers, breads, salads and desserts.

Mia Madonna does not take reservations; but as a favor to Learning in Retirement, they will hold a section of the restaurant for us until 6:00.

Call Ruth Ike at 548-7636 by Monday, September 20 for reservations.

### **Sunday Brunch at Porterhouse Grill**

**Sunday, November 14, 2004, at 11:45**

Before the busy holiday season begins, join us for the popular Sunday Brunch at Porterhouse Grill. The restaurant will reserve a section in the rear for LIR members. This great Sunday brunch is only \$10.95 and includes hot dishes as well as cooked-to-order omelets. The breads and desserts are excellent as well.

Call Phyllis Lane at 548-1606 by Thursday, November 11, for reservations.

### **Holiday Buffet and Celebration**

**Georgia Center for Continuing Education**

**Wednesday, December 8, 2004**

Last year's Holiday Celebration at the Georgia Center was so well-received and so successful that we have scheduled our annual party there again this year. Information regarding cost, time, and menu will be sent to all members when it becomes available.

## UNIVERSITY OF GEORGIA LIBRARY CARDS

**Deadline is September 25**

Library cards are available to LIR members who request them on their membership form. You may also sign up for the card at the registration meeting, call membership chair, Sandy Jordan, at 706/546-8537, or email her at [sandyjordan@charter.net](mailto:sandyjordan@charter.net). Be sure to include your name, address, and phone number.

The deadline for library card requests is Saturday, September 25. The UGA library will be sent the list on September 29. You may go to the main library and pick up your card after October 1. No one else can pick it up for you. Have a photo ID with you.

## FRENCH CONVERSATION GROUP

**Wednesday, August 25**

A lunch meeting of the French Conversation Group will be held on Wednesday, August 25 at 1:00 at the Athens Steam Company Pub, part of the Foundry Park Inn on Dougherty Street. This special interest group meets once a month on the last Wednesday of the month. Call Marilyn Brown at 706/208-8818 for more details.

## WRITERS GROUP

A new group is forming for LIR members who are interested in meeting with other writers to share their writing and get feedback. Members who are interested in exploring such a group, call Marilyn Schroeder at 706/353-8832. She has agreed to set up the first meeting and is interested in connecting with other writers.

## BOOK DISCUSSION GROUP

Information from the membership forms indicates that there is new interest in a book discussion group. Diana Cerwonka has agreed to get the group started. You can telephone her at 706/7543-7780 or email her at [ronanddian@surfbest.net](mailto:ronanddian@surfbest.net) if you are interested in finding out more about this group. She will set up a time and place for the first meeting.

**PLEASE WEAR YOUR NAMETAGS TO CLASSES AND OTHER LIR EVENTS!  
If your mailing label has 2005, your dues are current!!**



**FIRST CLASS POSTAGE**

Learning Retirement Inc.  
P.O. Box 49182  
Athens, GA 30604-9182

## FALL LIR TRAVEL/SOCIAL EVENTS RESERVATION FORMS

PAYMENT REQUIRED IN ADVANCE OF THE EVENT

### LIR SOCIAL EVENTS – PHONE-IN OR EMAIL RESERVATION REQUIRED:

**Dinner at Mia Madonna  
Thursday, Sept. 23**

Call Ruth Ike at 706/548-7636 by  
Sept. 20.

**Sunday Brunch at Porterhouse  
Grill – Sunday, Nov. 14**

Call Phyllis Lane at 706/548-1606  
by Nov. 11.

**Holiday Buffet & Celebration  
Dec. 8 – Georgia Center**

More details in future newsletters!

### **Panoz Auto Development, Chateau Elan and Mayfield Dairy**

**Tuesday, October 5**

**Reservation Due: September 15**

Name \_\_\_\_\_

Address \_\_\_\_\_

Telephone \_\_\_\_\_ Email \_\_\_\_\_

Cost is \$50.75 – includes all expenses

No. reservations \_\_\_\_\_ at \$50.75 each – total \$ \_\_\_\_\_

Mail this form with your check made payable to *Learning in Retirement, Inc.*, by September 15, to Amy Munnell, 125 University Drive, Athens, GA 30605-1435.

### **Adairsville/Cartersville Fall Foliage and History Trip**

**October 26-27**

**Reservation Due: September 15**

Name \_\_\_\_\_

Address \_\_\_\_\_

Telephone \_\_\_\_\_ Email \_\_\_\_\_

Share room with \_\_\_\_\_

Cost: \$216.00 per person – includes all expenses

No. reservations \_\_\_\_\_ at \$216.00 each – total \$ \_\_\_\_\_

Mail this form with your check made payable to *Learning in Retirement, Inc.*, by September 15 to Amy Munnell, 125 University Drive, Athens, GA 30605-1435.

## FALL 2004 COURSE REGISTRATION FORM

Couples should fill out one side of this form for each of them, even if they are taking the same courses. They may, however, write one check for the combined cost, made payable to *Learning in Retirement, Inc.*

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_

Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

Email: \_\_\_\_\_

*Important: We send email notices and reminders of events.*

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### LUNCH AND LEARN LECTURE SERIES

All three lectures	\$40 _____
Oct. 11 Criminal Justice after 9/11	\$15 _____
Nov. 15 Georgia Encyclopedia Online	\$15 _____
Dec. 6 Universal Design Ideas	\$15 _____

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### FALL SEMESTER COURSES

Anthropology Explored	\$18 _____
Changing Face of India	\$ 9 _____
Colonial Latin America	\$18 _____
Digital Photography	\$ 6 _____
Election Issues	\$12 _____
Health and Wellness I	\$ 9 _____
Health and Wellness II	\$ 9 _____
History of the Theatre	\$18 _____
Home to Home	\$ 3 _____
Italian/Mediterranean Cooking	\$42 _____
Keeping the Brain Alive	\$ 9 _____
Making Email Work for You	\$12 _____
Medicinal Plants	\$ 9 _____
Moral Implications of Civil War Families	\$ 9 _____
Scandinavian Traditions	\$ 6 _____
Seven Sins of Memory	\$ 9 _____
Southern Appalachian Parks/Forests	\$15 _____
St. Augustine	\$15 _____
Time for Tea	\$ 3 _____
Windows XP Operating System	\$12 _____
Word I: Creating a Document	\$12 _____

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TOTAL \_\_\_\_\_

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If you have questions about course content, call Jeani Goodwin at 706/548-1915 or Sue Speir at 706/548-7943.

If you have a question about registering, email Amy Munnell at [nega\\_writer@yahoo.com](mailto:nega_writer@yahoo.com) or call her at 706/354-0361.

**Make your check payable to *Learning in Retirement, Inc.*, and mail it with the completed form to Amy Munnell, 125 University Drive, Athens, GA 30605-1435, or bring it to the Fall Registration Meeting at the Holiday Inn Express, Monday morning, September 13.**