

# The University of Georgia Summer Fluency Program

## Why is this different?

The UGA Summer Fluency Program might differ from other speech therapies you have tried, because it includes all of the elements identified in stuttering treatment research as necessary to the long-term success of stuttering treatments.

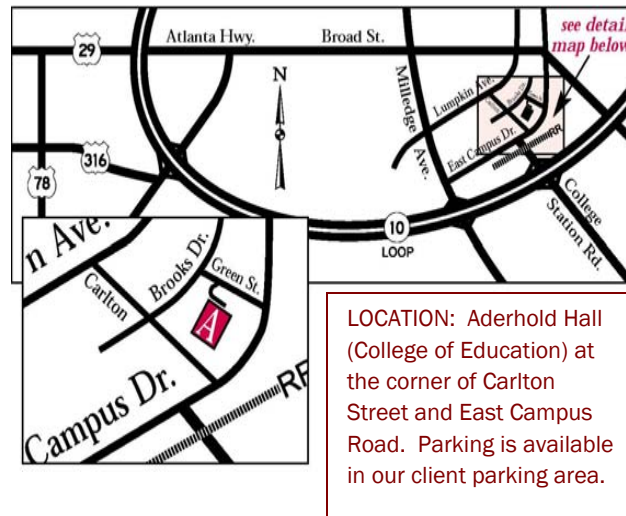
- **Intensive schedule:** Concentrate on your speech in an environment dedicated to change
- **Semi-intensive transition phase:** Extra support during the crucial first weeks back home
- **Maintenance phase:** 9 full months of continuing help
- **Prolonged speech:** The best-supported treatment for reducing stuttering
- **Opportunities for success:** Plenty of practice at carefully organized steps
- **Individual and group practice:** Personalized help, plus the chance to learn from people who are going through what you're going through
- **Speech and social skills activities:** Practice talking to many people in many settings
- **Focus on speech and on overall quality of life:** Treatments designed to improve both your speech and the many social, emotional, and other dimensions of overall quality of life



At the UGA Speech and Hearing Clinic, our Georgia licensed and nationally certified speech-language pathologists and audiologists provide services to adults and children with communication disorders, focusing on:

- Prevention, evaluation and treatment of speech, language, swallowing, and hearing disorders.
- Graduate education of speech-language pathologists.
- Research on human communication and its disorders.

**Our services** are provided by graduate student clinicians under the supervision of licensed clinical audiologists and speech-language pathologists. Family members and caregivers are included in the treatment process.



Department of Communication Sciences  
and Special Education  
**SPEECH AND HEARING CLINIC**  
593 Aderhold Hall  
432 Green Street, Athens, GA 30602  
706.542.4598  
[www.coe.uga.edu/csclinic](http://www.coe.uga.edu/csclinic)



UGA Speech and Hearing Clinic

# Summer Fluency Program

## Intensive Phase:

July 13 - July 24, 2009

## Transition Phase:

July 27 - August 7, 2009

## Maintenance Phase:

August 2009 - May 2010



The University of Georgia

# ☰ UGA Summer Fluency Program

## The Intensive Phase

During the 2-week intensive phase, clients spend approximately 7 hours per day (for adolescents and adults) or 3 hours per day (for children aged 8 to 12 years) in group and individual activities focused on learning to use nonstuttered speech in a variety of speaking environments. The intensive phase also involves learning how to make your nonstuttered speech sound and feel natural, plus group and various activities focused on social interactions and other issues.

## The Transition Phase

The 2 weeks immediately after clients leave the intensive program are a “semi-intensive” continuation of treatment that will help you with the move from the live-in treatment to your own daily life. Clients should plan to spend at least 2 hours per day working on their speech, in the context of their own daily lives, during the 2 weeks immediately following the intensive phase.

## The Maintenance Phase

During the 9-month maintenance phase, clients will continue to complete self-managed activities focused on individualized combinations of speech and social skills. Clients who live close enough to the UGA Speech and Hearing Clinic will return for follow-up visits with clinicians. Clients from other areas will maintain regular contact with the clinic using internet, telephone, videoconferencing, and videotapes. Self-managed activities and clinic contacts occur daily, then weekly, then monthly, and finally every other month, as the maintenance phase progresses.

## Comprehensive Summer Program

The UGA Summer Fluency Program combines fluency education and social support for older children, adolescents, and adults who stutter.

- **The first stage** of the program is a 2-week, live-in, intensive treatment program conducted on the University of Georgia campus in mid-July.
- **The second stage** is a 2-week semi-intensive transition phase, designed to help clients transfer their skills from the live-in program to their own daily lives.
- **The third phase** is a 9-month follow-up and maintenance program that runs from August through the next May.

## Program Focus

The primary basis of the UGA Summer Fluency Program is prolonged speech, which is a gentle, smooth, and connected way of talking that can reduce or even eliminate stuttering in most people who stutter. The program also includes work on how natural your speech sounds and feels, as well as social and other activities designed to improve the overall quality of life of persons who stutter.



## Fees

The fee for the entire 10-month program, including the 2-week Intensive Phase, the 2-week Transition Phase, and the 9-month Maintenance Phase, is

- \$3500 for adolescents and adults aged 13 or older, and
- \$2000 for children aged 8 to 12.

A \$500 discount will be applied if the fee is paid in full by July 13, 2009.

A sliding fee scale, partial scholarships, and payment plans are also available.

## Housing, Meals, Expenses

Program fees do *NOT* include housing, meals, transportation, or other personal expenses. Clients who do not live near Athens, or who cannot arrange a place to stay in Athens, may pay to stay in the UGA dormitories during the 2-week intensive portion of the program; ask us for details.

## Information and Registration

For more information or to register for the program, please contact the UGA Stuttering Research Lab or the UGA Speech and Hearing Clinic:

[stutter@uga.edu](mailto:stutter@uga.edu)

706.542.4598

**Enrollment for Summer 2009  
is open until May 15, 2009.**